The Bath List

Setup for a pre-bed bath routine that helps your baby get clean and relaxed.

| ☐ Baby bath or bath support | |
|-----------------------------|----------------------------------|
| ☐ Bath thermometer | |
| □ Wash mitt | |
| □ Water jug | |
| □ Body wash | |
| □ Shampoo | |
| □ Towel | |
| ☐ Moisturiser | You'll need it from week one. |
| □ Nappy cream | |
| □ Nappies | |
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