



## How To Use

### **Step 1 | Prepare Your Skin**

Prepare your skin by taking a hot shower/bath. Make sure skin is warm and hydrated before applying the Ghassoul Clay.

### **Step 2 | Prepare Clay Mask**

Place one or two large tablespoons of Ghassoul Clay in a bowl, add lukewarm water and stir until a smooth, silky paste. Any leftover will dry and can be reused - just add water.

### **Step 3 | Face and Body Mask**

Apply a thin, even layer to your face and neck. Leave on up to 10 minutes. Before fully dry, rinse with warm water to avoid any undue irritation. Ghassoul Clay / Skin may be reddish for a few minutes but disappears rapidly.

### **Step 4 | Hair Mask**

Massage gently into hair and scalp. Leave for 5 minutes. Rinse.

## **Suggested Usage:**

Once a week

## **Benefits**

Purifies pores, reduces oil skin, and exfoliates dead cells