# YERBA MATE ENERGY BLEND

## FORMULATED BY CLEANHERBALS PTY LTD

#### Ingredients

Green Tea, Yerba Mate Tea, Lemon Verbana, Stevia, Orange peel

#### DIRECTIONS

Add 1 tsp of the blend per cup, infuse 15 minutes. Drink Breakfast and lunch. May be served hot or cold. Add honey or maple syrup to taste however you may find this blend is sweet enough. Once made can be added to instead of milk as a liquid base for smoothies.

### **Contraindications**

- · Contains naturally occurring caffeine
- Contains fructose

#### Indications:

May be used in assistance of:

- energy
- weight loss
- adrenal energy
- antioxidant
- metabolism
- fatigue and mental focus
- digestion
- immune system
- blood sugar lowering



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#### **DISCLAIMER**

This product is a mixed blend of teas. It is not intended as a substitute for the treatment of medical health issues. If you are on prescription medication, please do not remove or reduce any of your ongoing medical treatment without consulting a doctor or qualified health professional. Where you experience any health issues or allergies while consuming this product, you should stop, and seek advice from your local doctor immediately. (Blended teas are not suitable for children under the age of 18).

#### **Exclusion:**

- (a) The law implies terms, conditions, warranties or guarantees (Prescribed Terms) into contracts for the supply of goods and services and prohibits the exclusion, restriction or modification of certain terms, conditions, warranties or guarantees. Some Prescribed Terms permit a Seller to limit its liability for a breach of the prescribed terms.
- (b) Except as provided by Prescribed Terms, the liability of the Seller in respect of a breach of a Prescribed Term relating to the Goods or any part of the Goods is limited at the option of the Seller to the replacement or repair of the Goods or any part of it or payment of the cost of repairing or replacing the Goods or any part of the Goods.
- (c) Under this agreement, the Buyer does not have any cause of action against or right to claim or recover from the Seller for, or in respect of, any loss or damage of any kind whatsoever, caused directly or indirectly by:
- (i) any defect in material or workmanship of, or any other defect whatsoever in, or unsuitability for, any purpose of the Goods or any part of the Goods; or
- (ii) any default or negligence on the part of the Seller or of any employee, contractor or agent of the Seller or of any person for whom the Seller has legal responsibility relating to the supply of, or otherwise concerning Goods or any part of Goods; or
- (iii) any consequential loss, damage or death which may arise due to a chemical reaction of the Goods with the coronavirus vaccines, where the Buyer has been vaccinated.

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Herb	Name	Traditional use	Contraindications
	Green Tea Camellia sinensis	Ant-inflammatory, antioxidant, anti-ageing.	Contains caffeine
	Yerba Mate Tea Ilex paraguariensis	Help relieve fatigue, aid in weight loss, ease depression, and help treat headaches.	
	Lemon Verbana Aloysia citriodora	Digestive support, indigestion, gas, colic, diarrhea, constipation, joint pain, asthma, colds, fever, hemorrhoids, varicose veins, skin conditions and chills, fever, sedative, muscle spasms and sedative.	Avoid in Kidney disease.
	Stevia Stevia rebaudiana	Used as a tonic for heart problems, high blood pressure, digestive issues, to regulate blood sugar and nourish the liver.	Avoid in allergy to ragweed, diabetes, and anemia.
	Orange Peel Citrus Aurantium Dulcis	Help improve digestion, relieve intestinal gas and bloating, and resolve phlegm.	Avoid in citrus allergy, migraine, and IBS. Contains fructose