

INFLAMMATION- EASE TEA BLEND

FORMULATED BY CLEANHERBALS PTY LTD

INGREDIENTS

CLOVE BUDS, TURMERIC, TULSI, CINNAMON, ROSEHIPS, GINGER, CATS CLAW, WHITE WILLOW BARK.

Indications

May assist with arthritis, May assist with Joint and Muscles aches and pains and May assist with Inflammation

DIRECTIONS

1 tsp per cup, infuse 15 minutes covered. Use as required. May be served hot or cold. Add a tsp of coconut oil and a pinch of pepper to enhance the anti-inflammatory effects of the Turmeric. May be sweetened with Honey or Maple syrup or made into an iced tea.

DISCLAIMER

This product is a mixed blend of teas. It is not intended as a substitute for the treatment of medical health issues. If you are on prescription medication, please do not remove or reduce any of your ongoing medical treatment without consulting a doctor or qualified health professional. Where you experience any health issues or allergies while consuming this product, you should stop, and seek advice from your local doctor immediately. (Blended teas are not suitable for children under the age of 18).

Exclusion:

(a) The law implies terms, conditions, warranties or guarantees (Prescribed Terms) into contracts for the supply of goods and services and prohibits the exclusion, restriction or modification of certain terms, conditions, warranties or guarantees. Some Prescribed Terms permit a Seller to limit its liability for a breach of the prescribed terms.



(b) Except as provided by Prescribed Terms, the liability of the Seller in respect of a breach of a Prescribed Term relating to the Goods or any part of the Goods is limited at the option of the Seller to the replacement or repair of the Goods or any part of it or payment of the cost of repairing or replacing the Goods or any part of the Goods.

(c) Under this agreement, the Buyer does not have any cause of action against or right to claim or recover from the Seller for, or in respect of, any loss or damage of any kind whatsoever, caused directly or indirectly by:

(i) any defect in material or workmanship of, or any other defect whatsoever in, or unsuitability for, any purpose of the Goods or any part of the Goods; or

(ii) any default or negligence on the part of the Seller or of any employee, contractor or agent of the Seller or of any person for whom the Seller has legal responsibility relating to the supply of, or otherwise concerning Goods or any part of Goods; or

(iii) any consequential loss, damage or death which may arise due to a chemical reaction of the Goods with the coronavirus vaccines, where the Buyer has been vaccinated.

Herb	Name	Traditional use	Contraindications
	Turmeric <i>Curcuma</i>	Taken orally, turmeric is used to as a treatment for indigestion (dyspepsia), abdominal pain, hemorrhage, diarrhea, flatulence, abdominal bloating, loss of appetite, jaundice, hepatitis, and liver disease, gallbladder complaints, headaches, bronchitis, colds, respiratory infections, fibromyalgia, leprosy, fever, amenorrhea, and cancer.	Turmeric usually doesn't cause serious side effects. Some people can experience mild side effects such as stomach upset, nausea, dizziness, or diarrhea. These side effects are more common at higher doses. Do not take curcumin if you are allergic to turmeric.
	Tulsi <i>Ocimum sanctum</i>	Alternative medicine practitioners use tulsi as a powerful adaptogenic herb. It may also reduce the frequency and severity of asthma attacks, work as an anti-inflammatory, and promote detoxification. It can modulate the immune system and protect the liver from environmental toxins.	Some people experience nausea or diarrhea when they first add tulsi tea to their diet, so it's best to start with small quantities and increase your consumption over time.

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Herb	Name	Traditional use	Contraindications
	Cinnamon <i>Dalchini</i>	It is indicated for a variety of ailments including gastrointestinal problems, urinary infections, relieving symptoms of colds and flu and has remarkable anti-fungal and anti-bacterial properties. Some studies have shown that Cinnamon helps people with diabetes metabolise sugar better.	Cinnamon bark tea is relatively safe and rarely causes any side effects. However, those with ulcers must not consume it in large doses, as it may irritate the stomach lining. Pregnant women should also avoid the herb. The essential oil should not be ingested and if it is undiluted, should not be applied directly to the skin.
	Rosehip <i>Rosa Canina</i>	Antioxidant, Immunity, diuretic, and laxative.	Can cause diarrhea, vomiting, constipation, heartburn, stomach cramps, fatigue, headache, sleeplessness.
	Ginger <i>Zingiber officinale</i>	Antiviral, antimicrobial, warming, blood thinning.	Avoid at least two weeks prior to surgery.
	Cat's Claw <i>Uncaria tomentosa</i>	Foundational Support, Immune Support	The high levels of tannins in cat's claw may cause some side effects — including nausea, stomach upset, and diarrhea — if consumed in large amounts.
	White Willow <i>Salix alba</i>	This herb has been used for millennia for natural pain relief, reducing fever and inflammation, and recent studies are proving the traditional indications of white willow to be correct.	When taken in moderation, willow bark does not appear to have negative side effects. The salicin in willow bark converts to salicylic acid. Some believe that this makes it gentler on your stomach than lab-created aspirin.
	Clove Buds <i>Syzygium aromaticum</i>	Digestive Support, Immune Support	Cloves are not considered harmful or have any serious side effects when used as seasoning. The essential oil is very strong and should be used with caution and never in its undiluted form or internally.