

CLEAN EATING

BY CLEANHERBALS PTY LTD

INDICATIONS

May promote elimination of toxins through the skin, lymphatics, kidney, bowel, liver. Rejuvenating and revitalizing the mind and body.

DISCLAIMER

This product is a mixed blend of teas. It is not intended as a substitute for the treatment of medical health issues. If you are on prescription medication, please do not remove or reduce any of your ongoing medical treatment without consulting a doctor or qualified health professional. Where you experience any health issues or allergies while consuming this product, you should stop, and seek advice from your local doctor immediately. (Blended teas are not suitable for children under the age of 18).

This is not a replacement for proper medical advice You should consult a licensed health care professional or doctor before starting any supplement, or herbal tea blend especially if you are pregnant or have any pre-existing injuries or medical conditions and if you are on medication. You will need to check with a professional for herb drug interaction or if this product is suitable for you. We do not make any Health claims.

“Contains liquorice. People with kidney disease or high blood pressure should seek advice from a healthcare practitioner before consuming this product”. *

Tea blends /Herbs strength , colour and pigmentation can change from batch to batch . This is due to where it's grown and sourced at the time . Herbs are Nature dependent and we cannot control this although we aim to stay as consistent as we can . Things like the rain , the sun , the weather can be a factor as well as availability . We will do our best to keep the batches high quality and organic. No guarantees can be made as to what happens with nature these are not standardised herbs they are dependent on natural forces and weather .

Exclusion:





(a) The law implies terms, conditions, warranties or guarantees (Prescribed Terms) into contracts for the supply of goods and services and prohibits the exclusion, restriction or modification of certain terms, conditions, warranties or guarantees. Some Prescribed Terms permit a Seller to limit its liability for a breach of the prescribed terms.

(b) Except as provided by Prescribed Terms, the liability of the Seller in respect of a breach of a Prescribed Term relating to the Goods or any part of the Goods is limited at the option of the Seller to the replacement or repair of the Goods or any part of it or payment of the cost of repairing or replacing the Goods or any part of the Goods.

(c) Under this agreement, the Buyer does not have any cause of action against or right to claim or recover from the Seller for, or in respect of, any loss or damage of any kind whatsoever, caused directly or indirectly by:

- (i) any defect in material or workmanship of, or any other defect whatsoever in, or unsuitability for, any purpose of the Goods or any part of the Goods; or
- (ii) any default or negligence on the part of the Seller or of any employee, contractor or agent of the Seller or of any person for whom the Seller has legal responsibility relating to the supply of, or otherwise concerning Goods or any part of Goods; or

(iii) any consequential loss, damage or death which may arise due to a chemical reaction of the Goods with the coronavirus vaccines, where the Buyer has been vaccinated;

Herb	Name	Traditional use	Contraindications
	Hibiscus <i>Hibiscus sabdariffa</i>	High blood pressure, heart health, sugar cravings, high in chromium.	May decrease blood pressure and it can become too low.May affect blood sugar. Do not drink at least 2 weeks before scheduled surgery.
	Rosehip <i>Rosa Canina</i>	Antioxidant, Immunity, diuretic, and laxative.	Can cause diarrhea, vomiting, constipation, heartburn, stomach cramps, fatigue, headache, sleeplessness.
	Peppermint <i>Mentha x Piperita</i>	Colds and flu virus. Cooling, antiviral, digestion. Mood, cognition, memory, fatigue.	
	Clivers <i>Galium aparine</i>	Diuretic, alterative, fluid retention, painful urination, psoriasis, enlarged lymph noed, skin ulcers, rashes.	May lower blood sugars.

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Herb	Name	Traditional use	Contraindications
	Dandelion <i>Taraxacum officinale</i>	Diuretic, liver tonic, gallbladder tonic, normalize blood sugars, cholesterol lowering, acne, ezcema.	Avoid if allergies to rageed, marigold, chrsantemums, daisy and others.
	Lemon Balm <i>Melissa officinalis</i>	Cognition, Digestion, stress, anxiety, antioxidant, antimicrobial.	May lower blood sugars. Can cause drowsiness. Avoid if you have thyroid issues or taking thyroid medications.
	Licorice <i>Glycyrrhiza glabra</i>	Digestion, lung and adrenal health. Anti-inflammatory, laxative, antitussive, demulcent.	Too much licorice can affect potassium levels in the body which may cause muscle weakness. Can affect fluid retention and metabolism.
	Fennel <i>Foeniculum vulgare miller</i>	Digestion, arterial health and inflammation, flatulence and diuretic, can stimulate milk production.	Avoid if you have cancer, people with cancers sensitive to oestrogen should avoid
	Chamomile <i>Matricaria chamomilla</i>	Stress, tension, sleep, headaches,cramps, colic, colitis,ulcers gastritis, diverticulitis, irritable bowel, diarrhea, constipation, pain relief, soothing, asthma	
	Lemon Grass <i>Cymbopogon citratus</i>	Colds and flu virus. Congestion, cooling.	