

CHAKRA BALANCE

BY CLEANHERBALS PTY LTD

INDICATIONS

Nourishing, invigorating, organic, rejuvenating, revitalising, balancing properties of the blend may be used in the pseudo neuroendocrine system making it a perfect tea for chakra balancing.

The herbs blended in the tea may assist with the balancing the nervous system and endocrine system.

The herbs used can be traditionally used in the assistance of the following conditions:

Metabolism	Energy	Hormone Balancing
Hunger/Lack of hunger	Thyroid	Insulin resistance
Stress	Blood Sugar Balance	

Rebalance and harmonise your chakra energy centres with this unique blend of 7 organically grown and wild harvested herbs, seeds, roots, and flowers.

- Base chakra - dandelion root, hibiscus flowers, licorice
- Sacral chakra - fennel seed/licorice, lemongrass, clivers
- Solar plexus chakra - fennel, dandelion, chamomile, licorice, lemongrass
- Heart chakra - hibiscus, peppermint, chamomile, lemongrass
- Throat chakra - peppermint leaf, chamomile
- Third eye chakra - peppermint
- Crown chakra - chamomile and all of the above combined

What are Chakras?
Chakras are energy centers within the human body that help to regulate all its processes, from organ function to the immune system emotions.

There are seven main chakras that are positioned throughout your body, from the base of your spine to the crown of your head. Each chakra has its own vibrational frequency, color, and govern specific functions.

To achieve balance in all areas of your life, your chakras need to be balanced, in alignment and spinning just right. Essential oils can help you achieve that balance.

DISCLAIMER


This product is a mixed blend of teas. It is not intended as a substitute for the treatment of medical health issues. If you are on prescription medication, please do not remove or reduce any of your ongoing medical treatment without consulting a doctor or qualified health professional. Where you experience any health issues or allergies while consuming this product, you should stop, and seek advice from your local doctor immediately. (Blended teas are not suitable for children under the age of 18).

This is not a replacement for proper medical advice You should consult a licensed health care professional or doctor before starting any supplement, or herbal tea blend especially if you are pregnant or have any pre-existing injuries or medical conditions and if you are on medication. You will need to check with a professional for herb drug interaction or if this product is suitable for you. We do not make any Health claims.

“Contains liquorice. People with kidney disease or high blood pressure should seek advice from a healthcare practitioner before consuming this product”. *

Tea blends /Herbs strength , colour and pigmentation can change from batch to batch . This is due to where it's grown and sourced at the time . Herbs are Nature dependent and we cannot control this although we aim to stay as consistent as we can . Things like the rain , the sun , the weather can be a factor as well as availability . We will do our best to keep the batches high quality and organic. No guarantees can be made as to what happens with nature these are not standardised herbs they are dependent on natural forces and weather .

- Exclusion:**
- (a) The law implies terms, conditions, warranties or guarantees (Prescribed Terms) into contracts for the supply of goods and services and prohibits the exclusion, restriction or modification of certain terms, conditions, warranties or guarantees. Some Prescribed Terms permit a Seller to limit its liability for a breach of the prescribed terms.
 - (b) Except as provided by Prescribed Terms, the liability of the Seller in respect of a breach of a Prescribed Term relating to the Goods or any part of the Goods is limited at the option of the Seller to the replacement or repair of the Goods or any part of it or payment of the cost of repairing or replacing the Goods or any part of the Goods.
 - (c) Under this agreement, the Buyer does not have any cause of action against or right to claim or recover from the Seller for, or in respect of, any loss or damage of any kind whatsoever, caused directly or indirectly by:
 - (i) any defect in material or workmanship of, or any other defect whatsoever in, or unsuitability for, any purpose of the Goods or any part of the Goods; or
 - (ii) any default or negligence on the part of the Seller or of any employee, contractor or agent of the Seller or of any person for whom the Seller has legal responsibility relating to the supply of, or otherwise concerning Goods or any part of Goods; or
 - (iii) any consequential loss, damage or death which may arise due to a chemical reaction of the Goods with the coronavirus vaccines, where the Buyer has been vaccinated.

Herb	Name	Traditional use	Contraindications
	Lemon Grass <i>Cymbopogon citratus</i>	Colds and flu virus. Congestion, cooling.	

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	Licorice <i>Glycyrrhiza glabra</i>	Digestion, lung and adrenal health. Anti-inflammatory, laxative, antitussive, demulcent.	Too much licorice can affect potassium levels in the body which may cause muscle weakness. Can affect fluid retention and metabolism.
	Peppermint <i>Mentha x Piperita</i>	Colds and flu virus. Cooling, antiviral, digestion. Mood, cognition, memory, fatigue.	
	Clivers <i>Galium aparine</i>	Diuretic, alterative, fluid retention, painful urination, psoriasis, enlarged lymph noed, skin ulcers, rashes.	May lower blood sugars.
	Dandelion <i>Taraxacum officinale</i>	Diuretic, liver tonic, gallbladder tonic, normalize blood sugars, cholesterol lowering, acne, ezcema.	Avoid if allergies to rageed, marigold, chrsantemums, daisy and others.
	Hibiscus <i>Hibiscus sabdariffa</i>	High blood pressure, heart health, sugar cravings, high in chromium.	May decrease blood pressure and it can become too low.May affect blood sugar. Do not drink at least 2 weeks before scheduled surgery.
	Chamomile <i>Matricaria chamomilla</i>	Stress, tension, sleep, headaches,cramps, colic, colitis,ulcers gastritis, diverticulitis, irritable bowel, diarrhea, constipation, pain relief, soothing, asthma	