CEREMONIAL CACAO PASTE

FORMULATED BY CLEANHERBALS PTY LTD

INGREDIENTS

Organic Cacao Paste

DIRECTIONS (PREPARE SUGGESTIONS ONLY)

Add 25g (2 hearts) of cacao, 1 cup of hot water and 1 tablespoon of coconut oil or cacao butter, 1 tablespoon of honey or sweetener. Blend in a heat safe blender for best results as natural separation occurs with unprocessed cacao. You can also add cayenne pepper, your favourite sweetener, cinnamon, your favourite milk or vanilla extracts. *Keep in a cool dry place. May contain nuts.

If you don't have a heat proof blender just warm over a warm stove.

This product from single-origin Criollo beans grown organically from the Tarapoto region in Peru. Growers of this cacao are certified UTZ. To obtain the cacao powder, the cacao bean must first be ground to produce Cacao Paste (also known as cacao liquor).

Health benefits of cacao:

- More than 20x the amount of antioxidants then blueberries
- More calcium than cow's milk. (Vegan fist pump!)
- · High amounts of iron and magnesium
- Boosts energy and mood
- One of the most potent sources of polyphenols. This aids in supporting healthy levels of cholesterol, reducing inflammation and supporting cognitive function as it increased the flow of blood to your brain.
- Can reduce blood pressure
- Antibacterial and immune boosting
- Natural aphrodisiac
- It takes 20-30 minutes to take effect and can last about 3-5 hours depending on the person and dosage. Eat lightly prior to drinking cacao to increase absorption.
- Whatever you're feeling will be heightened. Deeper meditation, abundant creativity, increased happiness and manifestations!

DISCLAIMER

This product is a mixed blend of teas. It is not intended as a substitute for the treatment of medical health issues. If you are on prescription medication, please do not remove or reduce any of your ongoing medical treatment without consulting a doctor or qualified health professional. Where you experience any health issues or allergies while consuming this product, you should stop, and seek advice from your local doctor immediately. (Blended teas are not suitable for children under the age of 18).

Exclusion:

- (a) The law implies terms, conditions, warranties or guarantees (Prescribed Terms) into contracts for the supply of goods and services and prohibits the exclusion, restriction or modification of certain terms, conditions, warranties or guarantees. Some Prescribed Terms permit a Seller to limit its liability for a breach of the prescribed terms.
- (b) Except as provided by Prescribed Terms, the liability of the Seller in respect of a breach of a Prescribed Term relating to the Goods or any part of the Goods is limited at the option of the Seller to the replacement or repair of the Goods or any part of it or payment of the cost of repairing or replacing the Goods or any part of the Goods.
- (c) Under this agreement, the Buyer does not have any cause of action against or right to claim or recover from the Seller for, or in respect of, any loss or damage of any kind whatsoever, caused directly or indirectly by:
- (i) any defect in material or workmanship of, or any other defect whatsoever in, or unsuitability for, any purpose of the Goods or any part of the Goods; or
- (ii) any default or negligence on the part of the Seller or of any employee, contractor or agent of the Seller or of any person for whom the Seller has legal responsibility relating to the supply of, or otherwise concerning Goods or any part of Goods; or
- (iii) any consequential loss, damage or death which may arise due to a chemical reaction of the Goods with the coronavirus vaccines, where the Buyer has been vaccinated.

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Herb	Name	Traditional use	Contraindications
Herb	Cacao Paste Theobroma cacao	Pure, unprocessed cacao contains more antioxidant flavonoids than blueberries, black and green teas, and red wine. When close to its natural state, the cacao beans, nibs, powder, and butter harness a powerhouse of nutrients that have been said to help lower cardiovascular disease and reduce stress.	Contraindications Cacao is powerful medicine. Due to the current constant availability of chocolate, one may underestimate Cacao's power. Most chocolate contains a small percentage of industrially processed Cacao. Ceremonial Cacao is made of the whole bean and is much more potent. Cacao has psychoactive but no psychedelic properties. Compared to other medicinal plants, Cacao opens the layers of consciousness in a gentle, loving way and ties together what may have been disconnected; on a physical, emotional or spiritual level. One may then remember something from the past that they are (not) ready for. Some other people expect to 'have a trip' and overconsume. Ceremonial doses of Cacao are not recommended for somebody who is taking antidepressants (Cacao contains MAO inhibitors), has a serious heart condition, has very high blood pressure or suffers epilepsy. Please speak to your doctor if you consider taking ceremonial doses of Cacao in any of these cases. Raw Cacao contains Histamine. Pregnant women should take smaller amounts. Dogs and animals should not be given raw chocolate, as they lack the enzyme to metabolize theobromine (which can be fatal).