



DRAWING FOUNDATIONS

MIMOCHAI STUDIO

WELCOME



Welcome! The goal of my Drawing Foundations class is to give a clear overview of not just what the fundamental skills are, but how to connect these dots to help you draw how you want to draw. Remember, learning to draw is a journey and I hope you'll treat it as an adventure with an explorer's mindset. I hope to see you share your work and find support in the community!

Happy Drawing :) -M

This workbook accompanies my Drawing Foundations class. You can use it as a quick reference for the key concepts discussed. Feel free to print out the ones you are working on and stick it on your wall!

Here are some other quick links:

[Watch Class in Mimochai Studio](#)

[My Tools List \(Notion Page\)](#)

[Mindful Drawing 101 \(Blog Article\)](#)

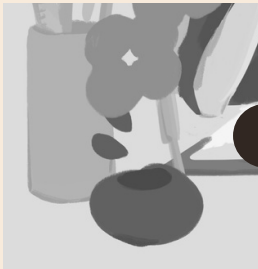
TOPICS



1

LINES & SHAPES

Start with yourself. Draw your character; you can be as realistic or abstract as you like. My character has longer hair to suggest time has passed.



2

VALUE & FORM

Select some species of plants that make you happy. Flowers are always nice symbols but it does not have to be flowers as long as they feel full and alive.



3

COLOR & LIGHT

Create your arrangement so it feels abundant and vibrant. This moment should feel complete and peaceful. Consider multiple types of blooms in different shapes.



4

BASIC PORTRAITS

The character and your hand represent the dichotomy of the physical self and inner self. You brought about your own blooming through care and cultivation.



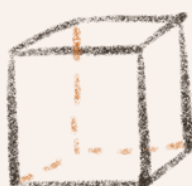
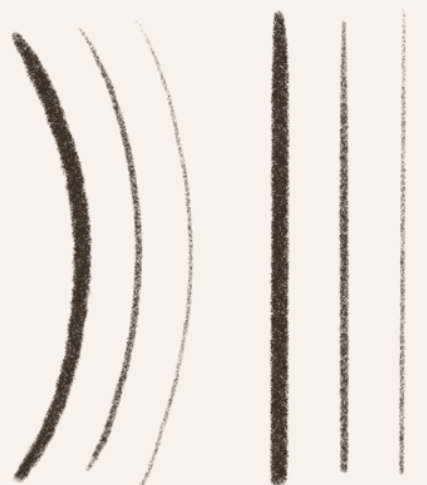
5

DEPTH & COMPOSITION

Our friend Awareness appears as a constant reminder on our path. Select your symbol for representing this element.

LINES & SHAPES

WARMING UP



LINES & SHAPES

OBSERVATIONAL DRAWING TECHNIQUES



1 Block-In

2 Shapes

3 Landmarks

4 Angles

5 Proportions

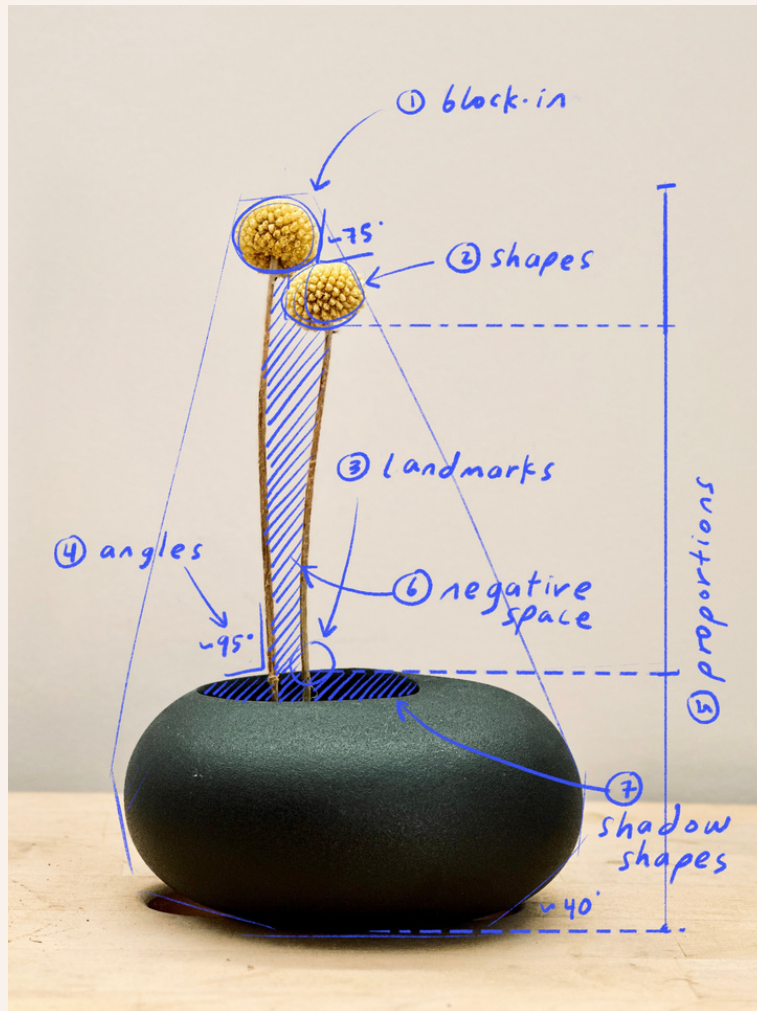
6 Negative Space

7 Shadow Shapes

8 Grid & Flip Check

LINES & SHAPES

SUMMARY & EXERCISES



SUMMARY

- Learning to draw is about **learning to see**. Let go of preconceived notions.
- Drawings are built out of lines and shapes, so we need to practice drawing these **building blocks** well.
- Besides the structure of an object, it's important to see its **gesture**. Everything has a gesture, has a spirit.
- We can use the **Observational Drawing Techniques** to hone our hand-eye coordination

KEEP PRACTICING

- Practice a gesture sketch
- Practice a block-in
- Practice identifying the shapes
- Practice identifying landmarks, angles, and negative space