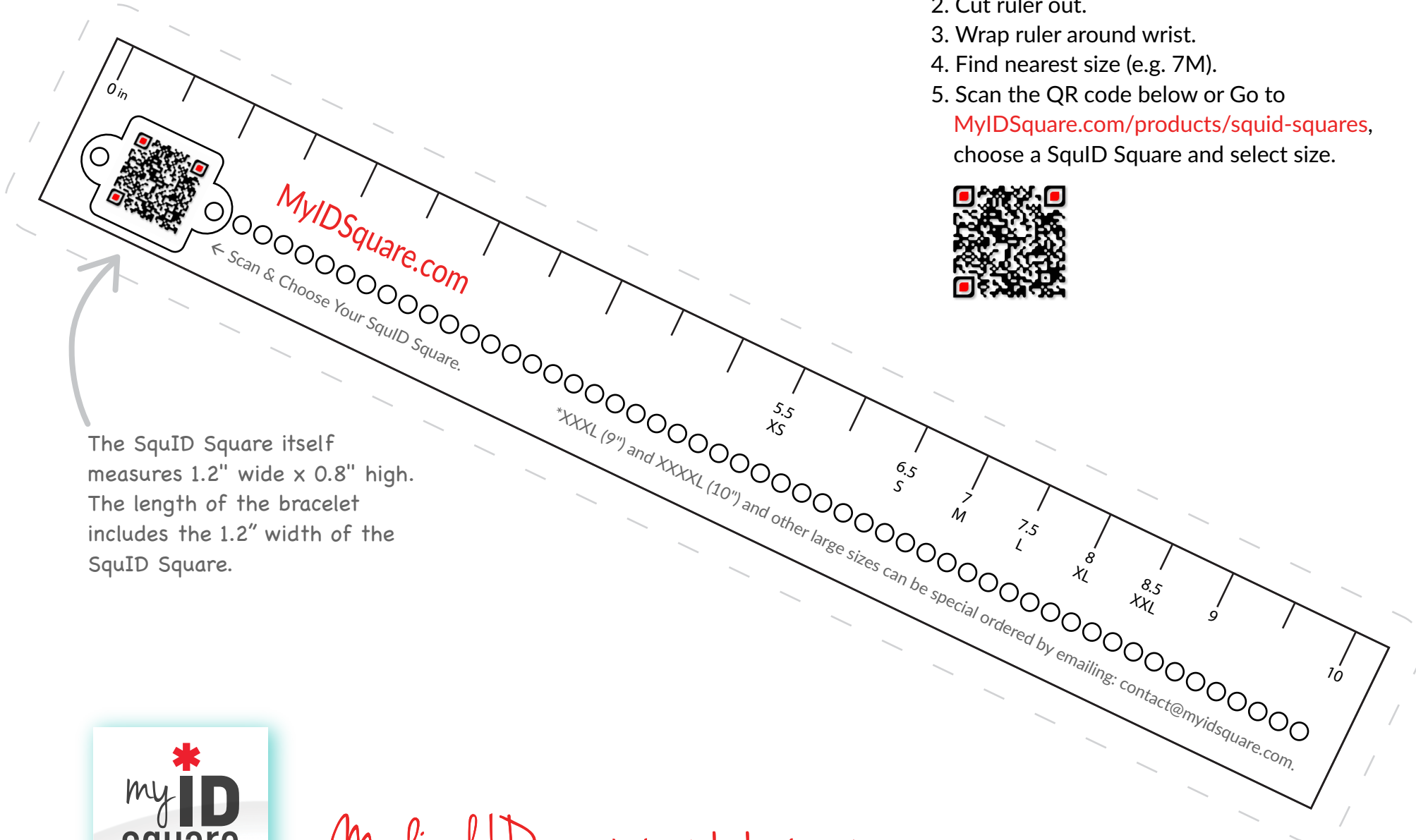
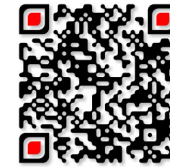


### Wrist Measurement Instructions:

1. Print this sheet at **Actual Size**.
2. Cut ruler out.
3. Wrap ruler around wrist.
4. Find nearest size (e.g. 7M).
5. Scan the QR code below or Go to [MyIDSquare.com/products/squid-squares](https://MyIDSquare.com/products/squid-squares), choose a SquID Square and select size.



The SquID Square itself measures 1.2" wide x 0.8" high. The length of the bracelet includes the 1.2" width of the SquID Square.



Medical IDs you want to wear <sup>TM</sup>