## Ring Size Guide

## Option 1: Measure your finger

1. Cut a long string or a piece of paper.
2. Wrap it around the base of your finger. The tighter the better.
3. Mark the spot where the string or paper meets and measure the distance with a ruler.
4. Match your finger measurement with the closest circumference or diameter below.

IMPORTANT: Make sure to measure your fingers at room temperature to get a more accurate reading as weather can affect the size of your fingers.

| Ring Size | Diameter, mm | Circumference, <br> mm | Diameter, inches | Circumference, <br> mm |
| :---: | :---: | :---: | :---: | :---: |
| 3 | 14.1 | 44.3 | 0.55 | 1.74 |
| 3.5 | 14.5 | 45.6 | 0.57 | 1.79 |
| 4 | 14.9 | 46.8 | 0.59 | 1.84 |
| 4.5 | 15.3 | 48.1 | 0.60 | 1.89 |
| 5 | 15.7 | 49.3 | 0.62 | 1.94 |
| 5.5 | 16.1 | 50.6 | 0.63 | 1.99 |
| 6 | 16.5 | 51.8 | 0.65 | 2.04 |
| 6.5 | 16.9 | 53.1 | 0.67 | 2.09 |
| 7 | 17.3 | 54.3 | 0.68 | 2.14 |
| 7.5 | 17.7 | 55.6 | 0.70 | 2.19 |
| 8 | 18.1 | 56.9 | 0.71 | 2.24 |
|  |  |  |  |  |


| 8.5 | 18.5 | 58.1 | 0.73 | 2.29 |
| :---: | :---: | :---: | :---: | :---: |
| 9 | 18.9 | 59.4 | 0.75 | 2.34 |
| 9.5 | 19.4 | 60.9 | 0.76 | 2.39 |
| 10 | 19.8 | 62.2 | 0.78 | 2.44 |
| 10.5 | 20.2 | 63.5 | 0.79 | 2.49 |
| 11 | 20.6 | 64.7 | 0.81 | 2.54 |
| 11.5 | 21.0 | 66.0 | 0.83 | 2.59 |
| 12 | 21.4 | 67.2 | 0.84 | 2.65 |

## Option 2: Measure an existing ring

I highly recommend you downloading the phone app "ring sizer" (by JW).
The app is free and super easy to use.
You'll have to place your existing ring on the circle to determine the size.

