

From: Salazar, Alberto
Sent: Sunday, August 21, 2011 1:06 AM
To:
Subject: Re: Kara Goucher- Cortisone Injection Information

She got them on Wednesday and Thursday. I'll have her start on cytomel npw thanks! -Alberto

Sent from my iPad

On Aug 20, 2011, at 7:50 PM, wrote:

Alberto,
When did she get those injection? She should immediately start on the cytomel 5 micrograms twice a day. the 1st dose she should take with her levoxyl and the next 12 hours later and so on.
Jeff

In a message dated 8/20/2011 8:59:33 A.M. Central Daylight Time, writes:

Hi Dr.Brown, below are the Cortisone shots that Kara got recently.do you want her to change anything? I've got the cytomel you prescribed for Galen.we're going to be traveling for the next 18 hours to Seoul.thanks ! Alberto

Sent from my iPad

Begin forwarded message:

From:
Date: August 19, 2011 3:38:43 PM PDT
To: "Salazar, Alberto"
Subject: Kara Goucher- Cortisone Injection Information

Hi Alberto,

Shelley informed me that she already gave you the information regarding the two injections and medications, but I wanted to make sure that you have all of the necessary details including, the exact dosages, brand names used, as well as the official medication names.....And just to clarify 1mL= 1CC

Injection

- 4mL-
- 4mL-
- 1mL-
- 1mL-

Injection-(the same medications were used as above-listed in the same order)

- 2mL (a total of 10mg)
- 2mL (a total of 20mg)
- 1mL (a total of 4mg)
- 1mL (a total of 40mg)

I hope this helps! Please call my cell with any questions

sincerely,

Blake