

**From:** Salazar, Alberto  
**Sent:** Tuesday, February 15, 2011 8:45 PM  
**To:** Spencer Barden  
**Cc:** Galen Rupp  
**Subject:** Re: Running

Hi Spencer, good news, i just checked with Fedex and galen's nasal spray prescription cleared customs and he'll get it by noon. So you don't have to contact the doctor. Thanks! -Alberto

Sent from my iPad

On Feb 15, 2011, at 2:24 PM, "Spencer Barden" wrote:

> Ok thanks. I will print it off in the morning so we have a hard copy for the Dr if required.

>

> Regards

>

> Spencer

>

> Spencer Barden

> National Endurance Senior Coordinator/

> Assistant Meeting Director

> M:

> E:

> Sent from my HTC

>

> ----- Original Message -----

> From: Salazar, Alberto

> Sent: 15 February 2011 22:19

> To: Spencer Barden

> Subject: FW: Running

>

>

> Hi Spencer, this is the original email to Ian which you can show to the doctor if he would like to know what we're asking for and why. Thanks.- Alberto

>

> -----Original Message-----

> From: Ian Stewart

> Sent: Monday, February 14, 2011 11:09 AM

> To: Salazar, Alberto

> Subject: RE: Running

>

> OK

>

> Sent from my HTC

>

> ----- Original Message -----

> From: Salazar, Alberto

> Sent: 14 February 2011 18:27

> To: Ian Stewart

> Subject: Re: Running

>

>

> Hi Ian , I just fedexed off the nasal spray. If it gets thru Customs it will get there on Wednesday at the earliest. So if a doctor can prescribe him Nasonex tomorrow that would be best to allow the medicine four days to work. Thx. -Alberto

>  
> Sent from my iPad  
>  
> On Feb 14, 2011, at 9:28 AM, "Ian Stewart" wrote:  
>  
>> Hi Alberto,  
>>  
>> Training at the Track is OK also.  
>>  
>> Ian  
>>  
>> -----  
>> Ian Stewart MBE  
>> Head of Endurance - Meeting Director  
>>  
>>  
>> T / F  
>> M  
>> UKA Office  
>> UKA Fax  
>> E  
>> -----  
>>  
>>  
>> -----Original Message-----  
>> From: Salazar, Alberto  
>> Sent: 14 February 2011 17:23  
>> To: Ian Stewart  
>> Subject: Re: Running  
>>  
>> Hi Ian, thanks. Galen got his antibiotics today from fedex so he's fine on that. I will fedex the nasal corticosteroid to him today but it may or may not get thru to him. If a doctor could just prescribe that nasal corticosteroid spray, then we'd know he got it for sure. The doctor should be much more comfortable with prescribing this. He's really congested so it's apparent he needs it. Thanks! -Alberto  
>>  
>> Sent from my iPad  
>>  
>> On Feb 14, 2011, at 2:59 AM, "Ian Stewart" wrote:  
>>  
>>> Hi Alberto,  
>>>  
>>> I will get on it ASAP.  
>>>  
>>> Regards  
>>>  
>>> Ian  
>>>  
>>> -----  
>>> Ian Stewart MBE  
>>> Head of Endurance - Meeting Director  
>>>  
>>>  
>>> T / F  
>>> M  
>>> UKA Office  
>>> UKA Fax  
>>> E  
>>> -----  
>>>  
>>>  
>>> -----Original Message-----  
>>> From: Salazar, Alberto





