#### RING SIZE GUIDE

## Before you begin: Confirm scale of printed paper

Before you print, make sure that Page Scaling is set to "None" in your print dialog options. Measure the bar to the right after printing—it must be exactly 1 inch.



one inch

#### Method 1: Print & cut ring sizer

- 1. Carefully cut out the ring sizer strip above. Be sure to make a small slit in the end for the ruler to slide through (see arrow).
- 2. Wrap the sizer around your finger with the numbers facing out and slide the pointed end through the slit.
- 3. For an accurate measurement, pull the sizer tight over the widest part of your finger. The fit should be snug, but comfortable.
- 4. Read the number that lines up next to the slit. This is your ring size!

TIP: Apply a piece of tape along the entire strip to add durability.

## Method 2 : String & Ruler

- 1. Wrap a string around the finger that you want to measure.
- 2. Measure the length of string that wraps around your finger exactly one time.
- 3. Find your corresponding size using the circumfrence chart to the right.

size	circumference		size	circumference	
	inches	mm		inches	mm
3	1.74	44.3	9	2.34	59.4
4	1.84	46.8	10	2.44	62.2
5	1.94	49.3	11	2.54	64.7
6	2.04	51.8	12	2.65	67.2
7	2.14	54.3	13	2.75	69.7
8	2.24	56.9	14	2.85	72.3

# Method 3: Measure an existing ring

- 1. Choose a ring that fits the desired finger.
- Place the ring over the circles to the right.Match the inside edge of the ring with the closest circle. This is the inside diameter of the ring.
- 3. If the ring falls between two sizes, select the larger size.

size 3 size 4 size 5 size 6
size 8 size 9 size 10 size 11
size 12 size 13 size 14