



Our new FX Fangs are constructed using a thin semi-flexible material. It is ideal to use warm water to soften the veneer to adjust the fit for your individual arch size, but in a pinch you can warm them up using body temperature through your hands and breath. You will however need a source of hot water to properly soften the fitting plastic.

Step 1- Heat up a cup of warm water until it is about 140 F (60 C). Place the veneer shell into the hot water for 30 seconds. Remove with utensil.

Step 2- Adjust the veneer by gently bending it over your teeth, pushing and holding it into place. Wait for 30 seconds then remove and set aside.

Step 3- Take a hot cup of water (160-175° F) and pour some of the fitting pellets into the hot water. Use 2/3 of the packet for an upper and 1/3 for a lower. When the pellets are clear you can remove the softened material with a metal spoon (don't use plasticware).

Step 4- Roll the softened material into a snake shape about 2" long and 1/4" thick and place the softened material onto the back of the veneer teeth. **IMPORTANT:** You want to place the material low on the appliance where your teeth are going to be.

HELPFUL TIPS

1. Fit lowers first. This makes lining up the upper easier.
2. For best results, take your time. If wearing makeup fit ahead of time. Don't be in a rush.
3. If the appliance uncomfortable to wear, simply re-fit. Wearing an uncomfortable appliance will leave you sore.
4. When placing the softened fitting plastic onto the back of the plastic shell teeth, make sure it is dry! This will ensure that the fitting plastic adheres to the plastic shell as it cools.
5. Think Less is More when applying the fitting plastic. It is easier to add more plastic where needed than it is to remove it once it has been used.
6. Should the fitting material de-laminate from the veneer during use, a couple drops of super glue near the back will adhere the plastic onto the veneer.



Step 5- Make sure to push some of the material into each of the two small holes on each side of the appliance.

Step 6- Working quickly, place the veneer onto your teeth in an upward motion (use a downward motion for lowers).

NOTE- With uppers, you want to push any excess fitting plastic down behind the upper teeth and for lowers push it up over the back. It's good to let a little of the extra fitting plastic 'ooze' into the area where your gums are, but you want most of the excess fitting material to get pushed behind the teeth to form a retainer.

Step 7- Hold in place for 45 seconds, then gently pry the appliance loose from the teeth and then re-seat to break any undercuts. Hold 90 seconds more then carefully remove the veneer teeth from the mouth.

Step 8- Let cool completely before trimming.

Step 9- Trim with an extaco knife with a sharp blade (you can also use small scissors or nail clippers). The idea is to trim away as much plastic behind the teeth that you can without compromising a snug fit. The appliance is designed to snap on over the front of your teeth and you usually won't need any fitting material behind you teeth where it may affect your speech.

CLEANING AND STORAGE: Before storage, clean your appliance well with 70% alcohol and a soft brush. You can also use a mixture of 20% bleach and 80% water. This will kill any bacteria that has built up on the appliance during use. **DO NOT USE TOOTHPASTE.** Make sure to rinse well in warm water before usage. Store in a cool dry place.

For more information, visit us at www.dentaldistortions.com

Disclaimer: This product is not a 'dental device' and is intended for temporary use only. Do not eat or sleep while wearing this product. Do not use this product over braces or any other dental work.