

MENS

	XS	SML	MED	L	XL	2XL	3XL
CHEST	86-92	92-97	97-102	102-107	107-114	114-121	121-128
WAIST	71-77	77-82	82-87	87-92	92-99	99-106	106-113
HIP	88-94	94-99	99-104	104-109	109-116	116-123	123-130

LADIES

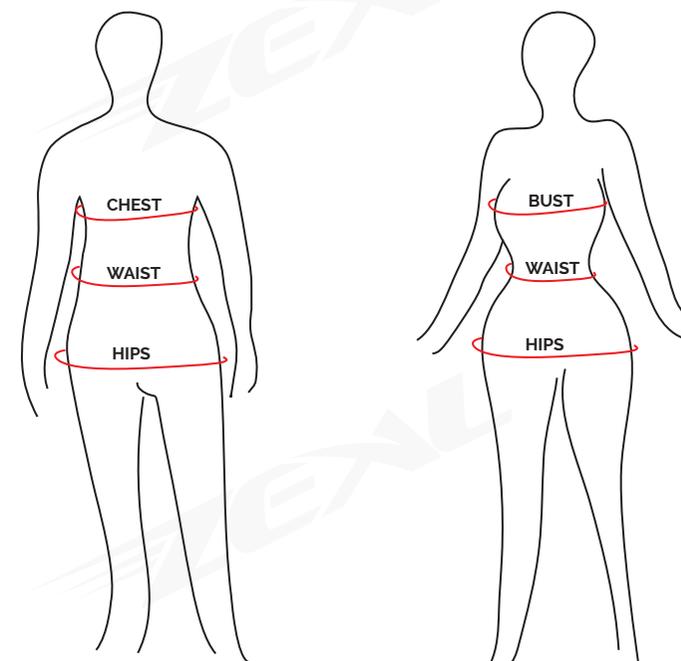
	6	8	10	12	14	16	18
CHEST	76-81	81-86	86-91	91-96	96-101	101-107	107-113
WAIST	58-63	63-68	68-73	73-78	78-83	83-90	90-96
HIP	83-88	88-93	92-96	96-103	103-108	108-113	113-119

KIDS

	6	8	10	12	14
CHEST	68	72	76	80	84
WAIST	60	64	67	70	75
HIP	70	74	78	82	86

*All measurements in centimetres (cm)

WHERE TO MEASURE



*Please use the following size chart and guidelines for reference purposes only

Please note that the following is a reference guide only. Terms and Conditions apply.

HOW DO I MEASURE?

- Always use a measure tape.
- Document your measurements in Centimetres (cm).
- Follow the measurement guidelines and illustrations below.
- Do not assume your size! Measure according to our size chart.

WHAT'S MY BEST SIZE?

We recommend ordering a size bigger if you want to still grow into your kit, or if you are between sizes. If you are still unsure, choose a size that would fit you around the chest/bust measurements for tops, and around the waist for bottoms.

WEARING LENGTH

For tops: this is the measurement from where the shoulders meet the neck at the back, all the way down to the desired hemline. **For bottoms:** this is the measurement from where the top of the waistband meets the bottom of the desired hemline.

TYPES OF FIT

Loose fit refers to a garment that allows some space and a looser fit in areas like the chest, sleeves, thighs etc. **Slim fit** refers to a garment that follows the contours of the body and allows a tighter fit in areas like the chest, sleeves, thighs etc.

LET'S MEASURE!

BUST/CHEST:

Measure back to front, from under the arms and over the fullest part of your bust/chest.

HOT TIP: Ask someone to help you with this one. For best results, keep your arms comfortably at your sides, slightly apart. Keep the measure tape horizontal at all times.

WAIST: Measure back to front, around the narrowest point of your natural waist.

HOT TIP: Bend to the side to find the crease of your natural waistline. Usually, this is around 5cms above your belly button. Use this as your reference point. Keep the measure tape horizontal at all times.

HIPS: Measure back to front, around the fullest part of your hips.

HOT TIP: Stand with your legs together to find the fullest area on your hips. Keep the measure tape horizontal at all times.

HOT TIPS!