

VITAMIN:
B1 - Thiamine

STABLE FORM:

Thiamine
pyrophosphate

VITAMIN:
B2 - Riboflavin

STABLE FORM:

Riboflavin 5'-
phosphate

VITAMIN:
B3 - Niacin

STABLE FORM:

Niacinamide or
Nicatinomide
adenine dinucleotide

VITAMIN:
B5 - Pantothenic
acid

STABLE FORM:

Calcium
pantothenate

VITAMIN:
B6 - Pyridoxine

STABLE FORM:

Pyridoxal 5'-
phosphate

VITAMIN:
B7 - Biotin

STABLE FORM:

Biocytin or D-
Biotin

VITAMIN:
B9 - Folic acid

STABLE FORM:

Folate

VITAMIN:
B12 - Cobalamin

STABLE FORM:

Methylcobalamin