FLAVOUR OF THE DAY

WITH OLIVIA REED

HAVE YOU GOT SOMETHING TO SHARE? EMAIL GT@GEELONGADVERTISER.COM.AU



DOUBLE DELICIOUS

Five story-tellers will join forces to tell their tales while serving culturally significant cuisine as part of Double Delicious at Geelong Arts Centre from February 19-22. The line-up includes Benjamin Law, Elizabeth Chong, Valerie Berry, Nirmal Jena and Heather Jeong, all sharing their personal triumphs and challenges as Asian-Australians. Want more? The audience will be sitting smack-bang in the middle of The Playhouse stage and will be served tastings of all the dishes cooked throughout the show.

TWO SUGARS EXPANDS

Two Sugars will throw open the doors of its new East Geelong restaurant on Wednesday. The Ryrie Street venue will have a panini and salad bar for people on the go. The sumptuous breakfast menu includes nutella waffles, chilli and avocado smash, and pancakes. A variety of pasta and risotto will also be on offer. Two Sugars East Geelong will open at 8am on February 12.





#GETINMYBELLY

Sink your teeth into these delicious pillows of potato from Big Mamma Gnocchi. The mouthwatering pasta is available from Thursday to Saturday 12-3pm and 5-9pm next to Uncle Donut at 100 Little Malop Street, Geelong.



WINE OF THE WEEK

WITH RICHARD CROWLEY OF BARWON HEADS WINESTORE

Delicately carbonated and with more than 20 botanicals - many indigenous to the Great Ocean Road - this is an immensely sippable drink in a picnic basket friendly slimline can. A punchy blend, the gin flavours are upfront, with citrus and juniper mingling with savoury infusions of saltbush and indigenous eucalyptus. Great Ocean Road gin and tonic four pack, \$26 from Barwon Heads Winestore.





A MOMENT WITH...

EUGENIO HOUSTON, BARISTA AT PARADE ESPRESSO BAR, 6/71 THE PARADE, OCEAN GROVE

Describe Parade Espresso Bar in three words:

Minimalistic, contemporary, beautiful.

What do you love most about your job?

Working with my partner Kara and the crew of course.

Most common order?

Almond or soy latte.

What is your favourite order to make?

Any coffee-based beverage but mostly the cold drip as it's a beautiful work of art.

Tell us something we'd be surprised to learn about Parade Espresso Bar.

We are nearly 100 per cent plastic free, sitting at about 90 per cent.

Describe the ultimate experience at your

Meeting my partner, myself or the rest of the crew. But my farther, the "Silver Fox", trying to work the iPad when he helps out from time to time would be right up there. See the picture for reference!

What are your plans for the summer

Keeping Ocean Grove and the Bellarine caffeinated.

What is always in your fridge at home?

Juice pop tops for my son Knox.

The Special includes:

New Year, New You



A whole new year, a whole new way to lose the

Beauty lies skin deep so why not book yourself in for a 60 minute refresh and give your skin that new-year glow you deserve.

T & C: Promotions can not be used in conjunction with any other offer.

Dermalblading Treatment

Removes vellus hair and dead skin leaving your face feeling smooth and rejuvenated, also improving the penetration of uour skincare ingredients.

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Rehydrates and revitalises your skin leaving it feeling refreshed and nourished.

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