

Strawberry Lemonade Water Kefir

4 cups finished water kefir (grains removed)

1/4 cup lemon juice

5 strawberries, washed & sliced

1) Combine ingredients in a jar with an airtight lid.

2) Let sit at room temperature for 2 days.

3) Refrigerate after 2 day. It will keep for quite awhile, but will taste best when consumed within a couple of weeks.

*Caution- when doing a second fermentation, contents can sometimes become a bit explosive. If it's excessively warm, or if there isn't enough headspace, your jar can blow it's top. Monitor the lid- if it starts to bulge a bit, open & close the lid to burp the excess gases. A kitchen towel draped over the top can be added insurance in case of an eruption.