

Newly Update Retail Price List

Collection Only

Many new lines added which are highlighted

Please feel free to share on-line. We have many more products in stock, please state any requirements when placing your order.

Please place orders via email if possible

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Fresh Beef

Ribeye Steak 8oz	£3.95 each
Topside Roasting Beef	£7.99 per kg
<i>Any weight from 2kg / Sold by weight</i>	
Beef Striploin	£12.50 per kg
<i>Any weight from 1kg / Sold by weight</i>	
Mince Beef 500gm	£3.10 pack
Diced Stewing Beef 500gm	£3.60 pack
Beef Rump Steak 8oz	£2.95 each
Beef Burgers 4oz	£0.60 each

Sausages & Bacon

Bacon Lardons 1kg	£7.75 per tray
Pork Sausages 1 x 24	£6.30 per tray
Smoked Bacon 2.27kg	£11.85 per pack

Fresh Chicken

Boneless & Skinless Chicken Breast 5kg £29.99 per tray

Fresh Gammon & Pork

Pork Loin Roasting Joint	£5.50 kg
<i>Any weight from 1kg / Sold by weight</i>	
Boneless Raw Gammon	£3.99 kg
<i>Any weight from 1kg / Sold by weight</i>	
Pork Steak 8oz each	£1.40 each

Fresh Lamb

Roasting Leg Lamb Joint	£10.10 kg
<i>Any weight from 1kg / Sold by weight</i>	
Diced Stewing Lamb 500gm	£6.40 pack
Lamb Mince 500gm	£3.40 pack

Frozen Fish & Seafood

Raw Peeled Prawns (Head off) 1kg	£8.15 bag
Cooked & Peeled Prawn 2kg	£13.00 bag
Scampi 454gm	£3.95 bag
Breaded Cod Goujons 1kg	£7.45 bag
Raw Fish Pie Mix 900gm	£6.90 bag
Salmon Fillets 1 x 140 - 170gm	£1.90 each

Frozen Fruit, Vegetables & Chips

Chunky Chips 2.5kg	£2.55 bag
Skinny Chips 2.5kg	£2.65 bag
Sauté Potatoes 2.5kg	£3.95 bag
Mash Potato 2.5kg	£4.00 bag
Mixed Forest Mushrooms 600gm	£2.75 bag
Battered Onion Rings 450gm	£0.95 bag
Petit Pois Peas 1kg	£1.75 bag
Garden Peas 2.5kg	£3.00 bag
Broad Beans 1kg	£1.90 bag
Whole Leaf Spinach 1kg	£1.25 bag
Sweetcorn 2.5kg	£3.45 bag
Whole Green Fine Beans 2.5kg	£2.65 bag
Blackberries 1kg	£2.60 bag
Apples 1kg	£1.80 bag
Strawberries 1kg	£2.95 bag
Berry Mix 1kg	£2.60 bag
Mango 1kg	£2.85 bag
Cherries 1kg	£2.40 bag

Frozen Chicken Goujons

Breaded Chicken Goujons 1kg	£5.60 bag
Southern Fried Chicken Goujons 1kg	£5.75 bag

Fully Baked Frozen Bread

Thick Sliced White Bread 800gm	£1.20 each
Thick Sliced Brown Bread 800gm	£1.20 each
Thick Sliced White Bloomer 900gm	£1.70 each
Thick Sliced Brown Bloomer 900gm	£1.70 each
White Pitta Bread 6 x per pack	£0.60 pack
Sweet Teacakes 8 x per pack	£1.80 pack
Breakfast Muffins 12 x per pack	£2.20 pack
Flatbreads 5 x 10inch	£1.00 pack

Bake at home Artisan Frozen Loaves

White Sourdough Loaf 450gm	£1.65 each
Seeded Sourdough Loaf 450gm	£1.25 each
Brown Unsliced Bloomer 330gm	£0.85 each
Lemon & Rye Bread 330gm	£0.95 each
Walnut Bread 400gm	£2.35 each

Frozen Chicken Goujons

Breaded Chicken Goujons 1kg	£5.60 bag
Southern Fried Chicken Goujons 1kg	£5.75 bag

Chilled Goods

French Goats Cheese 500gm	£3.85 each
French Butter (Salted or Unsalted) 200gm	£1.85 each
Sliced Parma Ham 500gm	£6.25 pack
Parmesan Approx. 1kg	£8.75 each
Fresh Milk 2ltr	£1.00 each
UHT Semi Skimmed Milk 6 x 1ltr	£4.50 case
Alpro Soya Milk 1ltr	£1.55 each
Sliced Cooked Ham 500gm	£3.75 pack
Greek Yoghurt 1kg	£2.75 tub
Salted or Unsalted Butter 250gm	£1.00 each
Kerrymaid Buttery Spread 2kg	£2.85 each
Houmous 1kg	£1.75 per tub

Cheese

Mature Cheddar Approx. 250gm	£1.65 block
Grated Cheddar 500gm	£2.30 bag
French Brie Approx 250gm	£1.25 per wedge
Stilton 150gm	£1.90 per wedge
Smoked Applewood Cheese 500gm	£4.55 wedge
Halloumi 250gm	£2.05 each
Philadelphia 180gm	£1.25 each
Camembert 250gm	£1.90 each
Camembert 145gm	£1.60 each

Fresh Eggs

Large Fresh Eggs 1 x 30	£3.95 per tray
Free Range Eggs 1 x 30	£4.70 per tray

Pasta & Rice

Arborio Risotto Rice 1kg	£1.70 per box
Catering Pasta 3kg	£3.99 per bag
Basmati Rice 1kg	£1.90 per bag
Basmati Rice 3kg	£6.00 per bag
Long Grain Rice 3kg	£3.35 per bag

Flour, Sugar & Home Baking

Dried Yeast 125gm	£1.75 each
Cocoa Powder 1kg	£6.25 per bag
Pure Vanilla Extract 60ml	£6.25 each
Vanilla Bean Paste 65gm	£4.75 each
"Camp" Coffee Essence 240ml	£1.90 each
Squeezy Honey 340gm	£1.40 each
Granulated Sugar 1kg	£0.85 per bag
Caster Sugar 1kg	£1.30 per bag
Plain or Self Raising Flour 1.5kg	£1.05 per bag
Wholemeal Flour 1kg	£1.10 per bag
Strong Flour 1kg	£1.05 per bag
Brown or White Sugar Cubes 1kg	£2.65 each

Tinned Goods

Baxters Chicken Broth Soup 400gm	£1.19 per tin
Baxters Minestrone Soup 400gm	£1.19 per tin
Baxters Cream of Tomato Soup 400gm	£1.19 per tin
Baxters Pea & Ham Soup 400gm	£1.19 per tin
Tinned Sweetcorn 326gm	£0.55 per tin
Tinned Anchovies 50gm	£0.75 per tin
Mushy Peas 400gm	£0.55 per tin
Jackfruit 565gm	£1.25 per tin
Condensed Milk 397gm	£1.35 per tin
Baked Beans 800gm	£0.95 per tin
Tuna Chunks in Brine 400gm	£1.85 per tin
Tuna Chunks in Brine 800gm	£3.65 per tin
Chopped Tomatoes 400gm	£0.70 per tin
Tomato Passata 700gm	£1.15 per jar
Kidney Beans 400gm	£0.80 per tin
Butter Beans 400gm	£0.80 per tin
Chickpeas 400gm	£0.80 per tin
Coconut Milk 400ml	£0.70 per tin
Red Peppers 400gm	£0.80 per tin

Condiments & Sauces

Heinz Tomato Ketchup 342ml	£0.95 each
HP Sauce 285gm	£1.75 each
Heinz Mayonnaise 220ml	£1.30 each
Colman's English Mustard 150gm	£1.75 each
French's Mustard 226gm	£1.75 each
Sarsons Vinegar 300ml	£1.00 each

Preserves & Spreads

Tiptree Lemon Curd 312gm	£2.20 per jar
Tiptree Blueberry Jam 340gm	£2.60 per jar
Marmite 600gm	£7.25 per tub
Smooth Peanut Butter 340gm	£3.45 per jar

Tea, Coffee & Hot Drinks

Cadbury Hot Chocolate 500gm	£3.00 each
Bovril 250gm	£3.45 each
Nescafe Gold Blend 750gm	£18.79 per tin
PG Tea Bag 1 x 200	£7.50 pack
PG Various Tea 1 x 25	£1.60 per pack
Lavazza Whole Coffee Beans 500gm	£5.10 bag

Dry Goods

Deli Italia Tomato & Basil Sauce 350gm	£1.70 per jar
McVities Digestives 400gm	£1.29 each
Jacobs Mixed Cheese Biscuits 900gm	£4.45 per tub
Cous Cous 1kg	£1.45 per bag
Red Lentils 1kg	£1.45 per bag
Puy Lentils 1kg	£2.20 per bag
Polenta 1kg	£1.10 per bag
Quinoa 1kg	£4.20 per bag
Porridge Oats 1kg	£1.10 per bag
Jumbo Porridge Oats 1kg	£1.10 per bag
Luxury Muesli 1kg	£2.80 per bag
Custard 1ltr	£1.40 each
Brown Bag Crisps 40gm bag	£0.40 bag

Beer & Wine

French White Wine 70cl	£5.20
Spanish Red Wine 70cl	£4.50
Beck's Lager Bottle 20 x 275ml	£11.45
Budweisser Lager Cans 18 x 440ml	£14.05
Guinness Stout Can 10 x 440ml	£10.40
Stowford Press Dry Cider Can 10 x 440ml	£9.40

Spirits also available

Soft Drinks & Cordial

Belvoir Sparkling Presse 250ml	£0.85 per bottle
<i>Available in Elderflower, Apple, Ginger Beer, Lemonade or Pink Lemonade</i>	
Britvic Cordial 1ltr	£1.90 per bottle
<i>Available in Orange, Blackcurrant or Lime</i>	
Belvoir Elderflower Cordial 500ml	£2.50 per bottle
Cawston Kids Drinks 18 x 200ml	£9.35 per case
<i>Available in Berries, Mango or Pear</i>	
Ribenna Kids Mini Drinks 24 x 50ml	£9.95 per case
<i>Available in Blackcurrant or Apple & Mango</i>	
Still or Sparkling Water 24 x 500ml	£3.00 per case

Cleaning & Chemiclas

Anti Bacterial Washing Up Liquid 5ltr	£5.35 each
Oust Air Freshener 300ml	£1.25 each
Cif Camomile Wood Floor Cleaner 1ltr	£1.10 each
Cif White Cream Cleaner 250ml	£0.95 each
Fairy Liquid 5ltr	£7.49 each
Flash Lemon All Purpose Cleaner 5ltr	£5.15 each
Daz Washing Powder 5.85kg	£8.55 each
Domestos Toilet Cleaner 750ml	£0.70 each
Toilet Duck 750ml	£0.95 each
Deepio Degreaser Spray 750ml	£1.55 each
Windolone Window Cleaner 750ml	£0.80 each
Vinly Disposable Gloves (S/M/L/XL)	£1.60 each

Non-Food

Varta High Energy AA Batteries 8's	£2.00 pack
Varta High Energy AAA Batteries 8's	£2.00 pack
Varta High Energy 9V Batteries 1 x Each	£1.25 each
Vinly Disposable Gloves (S/M/L/XL)	£1.60 each
Green Scourers Pads 1 x 10	£1.25 each
Jay Cloths 1 x 50	£1.50 each
Sponge Backed Scourers 1 x 10	£1.40 each

Open Monday – Friday 10am – 3pm

Saturday 10am – 1pm

01243 542195

Unit X Rudford Industrial Estate Ford
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Any VAT applicable will automatically be added at time of invoicing