



# Work it Out - Aches and Pains Massage Oil

## Safety Data Sheet

according to Regulation (EC) No. 1907/2006 (REACH) with its amendment Regulation (EU) 2015/830  
Date of issue: 6/27/2019 Version: 1.0

### SECTION 1: Identification of the substance/mixture and of the company/undertaking

#### 1.1. Product identifier

Product form : Mixture  
Product name : Work it Out - Aches and Pains Massage Oil  
Product code : Massage oil

#### 1.2. Relevant identified uses of the substance or mixture and uses advised against

##### 1.2.1. Relevant identified uses

Use of the substance/mixture : Massage oil

##### 1.2.2. Uses advised against

No additional information available

#### 1.3. Details of the supplier of the safety data sheet

Naissance  
Unit 9 & 11 Milland Road Industrial Estate  
Milland Road  
SA11 1NJ Neath - United Kingdom  
[www.discoveringbetter.com](http://www.discoveringbetter.com)

#### 1.4. Emergency telephone number

No additional information available

### SECTION 2: Hazards identification

#### 2.1. Classification of the substance or mixture

##### Classification according to Regulation (EC) No. 1272/2008 [CLP]

Not classified

##### Adverse physicochemical, human health and environmental effects

To our knowledge, this product does not present any particular risk, provided it is handled in accordance with good occupational hygiene and safety practice.

#### 2.2. Label elements

##### Labelling according to Regulation (EC) No. 1272/2008 [CLP]

EUH-statements : EUH208 - Contains Linalool(78-70-6), Eucalyptus Blue Gum Essential Oil(8000-48-4/84625-32-1). May produce an allergic reaction.  
EUH210 - Safety data sheet available on request.

#### 2.3. Other hazards

No additional information available

### SECTION 3: Composition/information on ingredients

#### 3.1. Substances

Not applicable

#### 3.2. Mixtures

This mixture does not contain any substances to be mentioned according to the criteria of section 3.2 of REACH annex II

### SECTION 4: First aid measures

#### 4.1. Description of first aid measures

First-aid measures after inhalation : If you feel unwell, seek medical advice.  
First-aid measures after skin contact : If skin irritation or rash occurs: Get medical advice/attention.  
First-aid measures after eye contact : Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. If eye irritation persists: Get medical advice/attention.  
First-aid measures after ingestion : Rinse mouth. Do not induce vomiting. Get medical advice/attention if you feel unwell.

#### 4.2. Most important symptoms and effects, both acute and delayed

No additional information available

#### 4.3. Indication of any immediate medical attention and special treatment needed

Treat symptomatically.

### SECTION 5: Firefighting measures

#### 5.1. Extinguishing media

Suitable extinguishing media : Dry powder. Foam. Carbon dioxide.  
Unsuitable extinguishing media : Do not use a heavy water stream.

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### 5.2. Special hazards arising from the substance or mixture

Hazardous decomposition products in case of fire : Toxic fumes may be released. Carbon dioxide. Carbon monoxide.

### 5.3. Advice for firefighters

Precautionary measures fire : Evacuate area. Eliminate all ignition sources if safe to do so. Stop leak if safe to do so.  
Firefighting instructions : Cool laterally with water containers exposed to flames, even after the fire is extinguished.  
Protection during firefighting : Do not attempt to take action without suitable protective equipment. Self-contained breathing apparatus. Complete protective clothing.

## SECTION 6: Accidental release measures

### 6.1. Personal precautions, protective equipment and emergency procedures

General measures : Evacuate area. Stop leak if safe to do so. Remove ignition sources.

#### 6.1.1. For non-emergency personnel

Protective equipment : Wear recommended personal protective equipment.  
Emergency procedures : Ventilate spillage area.

#### 6.1.2. For emergency responders

Protective equipment : Do not attempt to take action without suitable protective equipment. For further information refer to section 8: "Exposure controls/personal protection".

### 6.2. Environmental precautions

Avoid release to the environment. Prevent liquid from entering sewers, watercourses, underground or low areas.

### 6.3. Methods and material for containment and cleaning up

Methods for cleaning up : Clean up any spills as soon as possible, using an absorbent material to collect it. On land, sweep or shovel into suitable containers. Minimise generation of dust. Store away from other materials.

Other information : Dispose of materials or solid residues at an authorized site.

### 6.4. Reference to other sections

For further information refer to section 13.

## SECTION 7: Handling and storage

### 7.1. Precautions for safe handling

Precautions for safe handling : Ensure good ventilation of the work station. Wear personal protective equipment.  
Hygiene measures : Do not eat, drink or smoke when using this product. Always wash hands after handling the product.

### 7.2. Conditions for safe storage, including any incompatibilities

Storage conditions : Store in a well-ventilated place. Keep cool. Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking.

### 7.3. Specific end use(s)

No additional information available

## SECTION 8: Exposure controls/personal protection

### 8.1. Control parameters

No additional information available

### 8.2. Exposure controls

#### Appropriate engineering controls:

Ensure good ventilation of the work station.

#### Hand protection:

Protective gloves

#### Eye protection:

Safety glasses

#### Skin and body protection:

Wear suitable protective clothing

#### Respiratory protection:

In case of insufficient ventilation, wear suitable respiratory equipment

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Personal protective equipment symbol(s):



**Environmental exposure controls:**

Avoid release to the environment.

**Other information:**

Do not eat, drink or smoke during use.

## SECTION 9: Physical and chemical properties

### 9.1. Information on basic physical and chemical properties

Physical state	: Liquid
Colour	: No data available
Odour	: No data available
Odour threshold	: No data available
pH	: No data available
Relative evaporation rate (butylacetate=1)	: No data available
Melting point	: Not applicable
Freezing point	: No data available
Boiling point	: No data available
Flash point	: > 200 °C
Auto-ignition temperature	: No data available
Decomposition temperature	: No data available
Flammability (solid, gas)	: Not applicable
Vapour pressure	: No data available
Relative vapour density at 20 °C	: No data available
Relative density	: No data available
Solubility	: No data available
Log Pow	: No data available
Viscosity, kinematic	: No data available
Viscosity, dynamic	: No data available
Explosive properties	: No data available
Oxidising properties	: No data available
Explosive limits	: No data available

### 9.2. Other information

No additional information available

## SECTION 10: Stability and reactivity

### 10.1. Reactivity

The product is non-reactive under normal conditions of use, storage and transport.

### 10.2. Chemical stability

Stable under normal conditions.

### 10.3. Possibility of hazardous reactions

No dangerous reactions known under normal conditions of use.

### 10.4. Conditions to avoid

Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking.

### 10.5. Incompatible materials

Strong bases. Strong acids. Oxidizing agent.

### 10.6. Hazardous decomposition products

Under normal conditions of storage and use, hazardous decomposition products should not be produced.

## SECTION 11: Toxicological information

### 11.1. Information on toxicological effects

Acute toxicity (oral)	: Not classified
Acute toxicity (dermal)	: Not classified
Acute toxicity (inhalation)	: Not classified
Skin corrosion/irritation	: Not classified
Serious eye damage/irritation	: Not classified

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Respiratory or skin sensitisation	: Not classified
Germ cell mutagenicity	: Not classified
Carcinogenicity	: Not classified
Reproductive toxicity	: Not classified
STOT-single exposure	: Not classified
STOT-repeated exposure	: Not classified
Aspiration hazard	: Not classified

### SECTION 12: Ecological information

#### 12.1. Toxicity

Ecology - general	: The product is not considered harmful to aquatic organisms nor to cause long-term adverse effects in the environment.
Acute aquatic toxicity	: Not classified
Chronic aquatic toxicity	: Not classified

#### 12.2. Persistence and degradability

No additional information available

#### 12.3. Bioaccumulative potential

No additional information available

#### 12.4. Mobility in soil

No additional information available

#### 12.5. Results of PBT and vPvB assessment

No additional information available

#### 12.6. Other adverse effects

No additional information available

### SECTION 13: Disposal considerations

#### 13.1. Waste treatment methods

Waste treatment methods	: Dispose of contents/container in accordance with licensed collector's sorting instructions. Must follow special treatment according to local regulation.
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### SECTION 14: Transport information

In accordance with ADR

	ADR
<b>14.1. UN number</b>	Not applicable
<b>14.2. UN proper shipping name</b>	Not applicable
<b>14.3. Transport hazard class(es)</b>	Not applicable
<b>14.4. Packing group</b>	Not applicable
<b>14.5. Environmental hazards</b>	Not applicable
No supplementary information available	

#### 14.6. Special precautions for user

##### Overland transport

Not applicable

#### 14.7. Transport in bulk according to Annex II of Marpol and the IBC Code

Not applicable

### SECTION 15: Regulatory information

#### 15.1. Safety, health and environmental regulations/legislation specific for the substance or mixture

##### 15.1.1. EU-Regulations

Contains no REACH substances with Annex XVII restrictions

Contains no substance on the REACH candidate list

Contains no REACH Annex XIV substances

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Contains no substance subject to REGULATION (EU) No 649/2012 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL of 4 July 2012 concerning the export and import of hazardous chemicals.

Substance(s) are not subject to Regulation (EC) No 850/2004 of the European Parliament and of the Council of 29 April 2004 on persistent organic pollutants and amending Directive 79/117/EEC.

### 15.1.2. National regulations

No additional information available

### 15.2. Chemical safety assessment

No chemical safety assessment has been carried out

## SECTION 16: Other information

Full text of R-, H- and EUH-statements:	
EUH208	Contains Linalool(78-70-6), Eucalyptus Blue Gum Essential Oil(8000-48-4/ 84625-32-1). May produce an allergic reaction.
EUH210	Safety data sheet available on request.

SDS EU (REACH Annex II)

*This information is based on our current knowledge and is intended to describe the product for the purposes of health, safety and environmental requirements only. It should not therefore be construed as guaranteeing any specific property of the product.*