

We are Selfup! We organize unforgettable cooking classes, team-building activities, and private events headed by chefs who excel in their particular area of expertise.



Italian Dinner with Tiramisu Finale

If you understand the basics of cooking pasta, you'll be able to create a lot of dishes with little effort. Whether you're cooking the pasta from scratch or a kit, it can be extremely fun.

Whichever dish you create will be completed with this delicious and classic Italian dessert that you'll never be able to forget.



Mexican Fiesta

In our street taco cooking class, we will show you the secret of the Mexican Carnitas we make with pineapple juice, cilantro and finish in a high roasted oven with Coca-Cola.

Our talented chefs will guide you through the whole process of cooking traditional Mexican dishes, sharing knowledge of everything from the origin stories of each dish to the ingredients, how they are prepared, how the food is chopped, cooked, plated, and beyond.



Japanese Sushi Class

Calling all enthusiasts of raw fish, nigiri, sashimi, and sushi – our sushi cooking classes deliver a Japanese culinary experience like none other, and we're inviting you to try your hand at artfully preparing the best sushi you've had to date.

Our experienced chef, will help you focus your efforts on crafting Japanese dishes that taste great and look impeccably delicate and artsy.



Asian Dumplings & Dim Sum

These cooking classes teach you how to prepare delectable Asian dumplings & dim sum. You'll use traditional Chinese ingredients, techniques, and cooking utensils to make authentic Asian dumplings & dim sum.

You'll find your Selfup culinary experience incredible as you master new skills while enjoying time with new friends!



French Bistro Class

You'll learn how to prepare a full menu of the most popular French classics.

This cooking class is a perfect romantic night out for couples or a fun adventure for friends or coworkers. After your au revoir, you'll be able to recreate these French Bistro classics in your own kitchen.

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