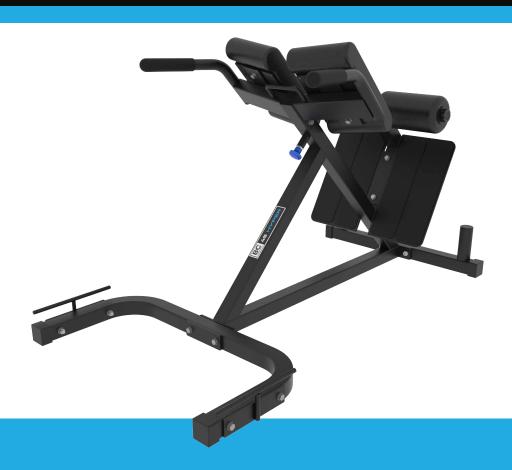
BC STRENGTH

45-Degree Hyper

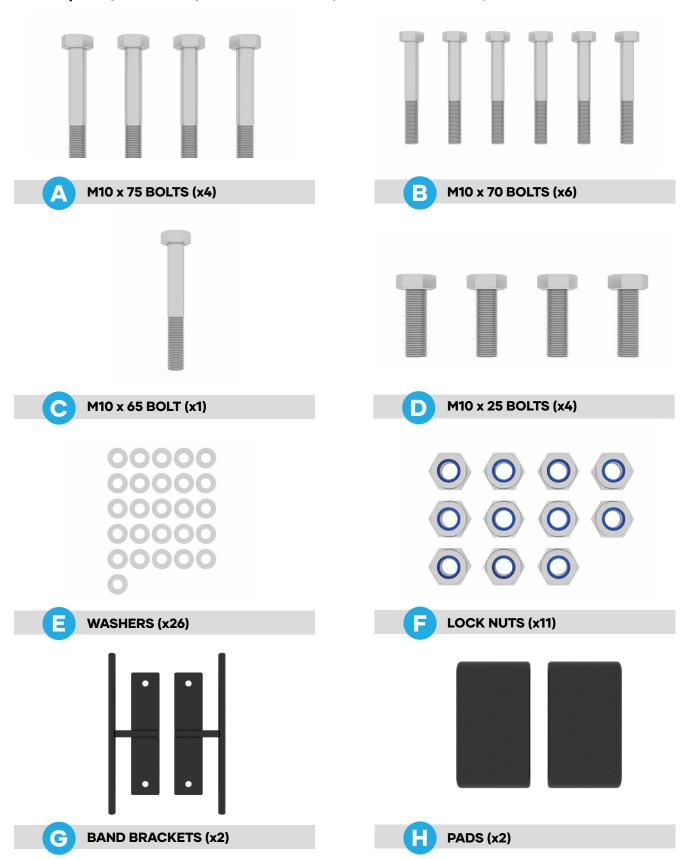
ASSEMBLY INSTRUCTIONS



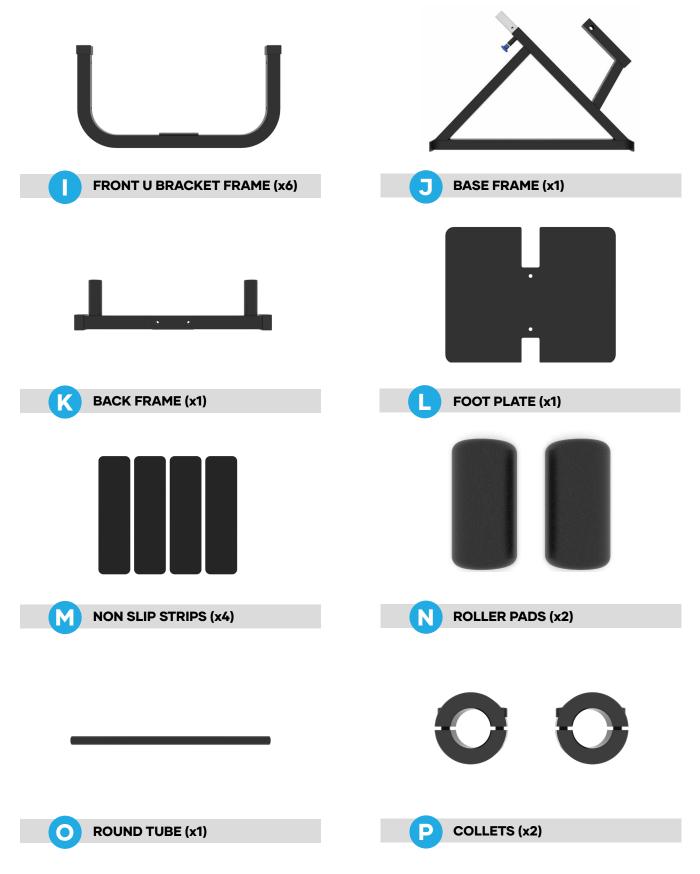


Thank you for your recent purchase. Please read these instructions carefully prior to assembling the 45-Degree Hyper.

Tools required (not included): 5 mm Allen Wrench, 17 mm Socket Wrench, 17 mm Crescent Wrench

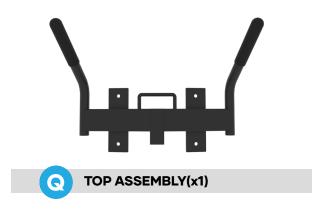


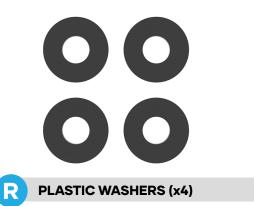
BC STRENGTH



PARTS

BC STRENGTH





BC STRENGTH

STEP 1



a) Place Front U Bracket (Part I) and Base Frame (Part J) together and align holes. Insert M10 x 75 Bolt and Washer (Part A & E) then place Washer and Nut (Part E & F).



b) Repeat on second hole and hand tighten hardware.

STEP 2



a) Place Back Frame (Part K) to assembly and align holes. Insert M10 x 75 Bolt and Washer (Part A & E) then place Washer and Nut (Part E & F) on other side of frame.



b) Repeat on second hole and hand tighten hardware.

STEP 3



a) Attach Band Brackets (Part G) to main assembly on the outside of the U Shaped base. Insert M10 x 70 Bolt and Washer (Part B & E) then place Washer and Nut (Part E & F).



b) Repeat on second hole and hand tighten hardware.

BC STRENGTH

STEP 4



a) *Attach Non Slip Strips (Part M) to Foot Plate (Part L). Repeat for the other 3 pieces of Non Slip Strips (Part M).



b) Take the Foot Plate (Part L) and align holes on main assembly. (The larger U cutout should be facing downwards) Insert M10 x 70 Bolt and Washer (Part B & E) then place Washer and Nut (Part E & F).



c) Repeat on second hole and hand tighten hardware. Lightly tighten bolts.

*When attaching the non-slip strips, make sure the product has reached room temperature for optimal adhesion. Recommended room temperature at or above 70 degrees Fahrenheit. Allow non-slip strips to adhere for 24-48 hours before using the product.

STEP 5



a) Attach Collet (Part P) and slide to edge of Round Tube (Part O) and tighten with Allen Wrench.

BC STRENGTH

STEP 6



a) Slide Plastic Washer (Part R) and then slide Roller Pad (Part N) on to round Tube (Part O). Lastly slide on another plastic washer (Part R).



b) Slide subassembly from Step 6a on to base unit.

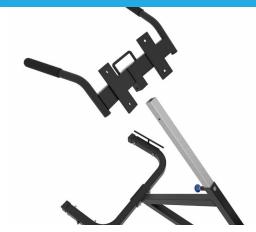


c) Slide on Plastic Washer (Part R) to Round Tube (Part O) now slide Roller Pad (Part N) on to Round Tube (Part O). Lastly slide on another Plastic Washer (Part R).



d) Attach Collet (Part P) on to Round Tube (Part O) and tighten with Allen Wrench.

STEP 7



a) Attach top Assembly (Part Q) onto main assembly and align hole.



b) Insert M10 x 65 Bolt and Washer (Part C & E) and place Washer and Nut (Part E & F).Hand tighten hardware.

BC STRENGTH

STEP 8



a) Take Pad (Part H) and align holes on main assembly of Part Q. Screw in M10 x 25 Bolt (Part D). Repeat on second hole.



b) Repeat Step 8a on the other side.

STEP 9



a) Fully tighten all bolts to complete the assembly.

Disclaimer

Warning: misuse of this equipment can result in severe injury or even death. Your use of this equipment is done so at your own risk, and you warrant that you are both fit and competent to undertake physical activity and the use of this equipment. You assume all risks and responsibilities for all damage, injury and death which may occur during or following incorrect use of this equipment in any manner whatsoever.