

Bilingual Aligner Removal Tool



Why Use BART?

Bilingual Aligner Removal Tool



**Prevents
Excessive Force**



**Convenient
Handle Design**



**Prevents Attachment
Dislodgement**



**Easily
Sterilised**

How to use BART



Upper aligner removal:

- 1 Handle BART using your thumb and forefinger
- 2 Start with one side of the mouth. Engage the hook with the edge of the aligner (nearest to the gums on the palate side), as far back as is comfortable.
- 3 Using finger pressure only, pull down initially and then out towards the cheeks to dislodge the aligner from the back teeth.
- 4 Move the hook forwards, between both premolars and dislodge this area with the same down and out motion.
- 5 Move BART to the opposite side of the mouth and repeat the process.
- 6 Move BART to the front teeth area, pulling with the same motion, which should complete the removal of the aligners

Lower aligner removal:

- 1 Repeat the same process as for the upper aligner but slide BART between your tongue and the inside of the aligner (next to the gum).
- 2 Once engaged with the edge of the aligner, simply dislodge it by pulling upwards and then rolling the aligner over the attachments and teeth.
- 3 Repeat this process further towards the front of the aligner and on the other side of the mouth (if required).