

# Breeze Indoor Rollator Owner's Manual



Rollators are designed to be used by those with poor balance and/or weak legs. A Rollator can transfer at transfer a larger proportion of the user's weight through the arms when compared to a walking stick. This weight re-distribution from legs to arms can help reduce leg pain and aid mobility.

The Days Breeze Indoor Rollator is a durable walker manufactured from painted aluminium tubing with four solid tyre wheels. It incorporates a storage for the Policies of the Storage of transportation a storage bag and locking brakes. This walker also has height adjustable handles and can be folded for storage or transportation.

Before using your new Days Breeze Indoor Rollator, it is essential that you read and fully familiarise yourself with the instructions for use,

### Specifications

Overall Depth	66cm / 30"
Overall Width	54cm / 211/4"
Overall Height (5 increments)	83.5~94.5cm / 323/4 - 371/4"
Tray Depth	29cm / 11½*
Tray Width	39cm / 15½"
Tray Height	68cm / 26¾*
Front/Rear Wheel Size	17.75cm / 7"
Tray max load	5kg / 11lbs
Bag max load	5kg / 11lbs
Max User Weight	(60 (5))

### **Assembly Instructions**

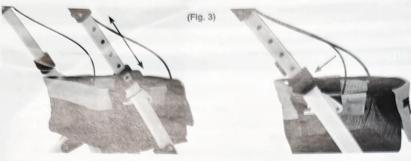
- 1. Remove all packaging and examine all parts for signs of shipping damage. Do not use the rollator if it is damaged or any parts are
- 2. Open the Rollator frame fully and push down on the tray frame and handle to lock in position (Fig. 1).



### Setting the Handle Height

- 1. The handles have five settings at 35mm intervals
- 2. To determine the correct height of the handle (Fig. 2)
- Stand upright behind the Rollator with your shoulders relaxed and arms slightly bent at 15°
- · Set the handle height to be level with your wrists

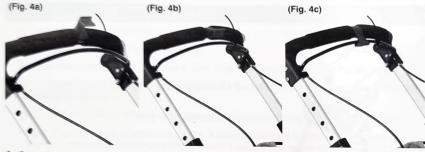




- 3. To adjust the handle to the desired height (Fig. 3)
- · Unclip the securing pushclip
- · Slide the handle to the desired height
- Push the securing clip back through the tubing holes until fully clicked in position
- 4. Ensure that the handles are secure and stable before use

When using the Rollator be aware that stability is dependent on all four wheels being in contact with a flat surface. Care should be taken when negotiating uneven ground or inclines for example, as stability will inevitably be reduced.

### Hand Brake Operation (Fig. 4)



- 1. Grasp both handles and the brake bar
- 2. Pull up the brake bar (Fig. 4a)
- 3. Lock the brakes using the red catch (Fig. 4b)
- 4. To remove the brake, rotate the red lever in the opposite direction

### Adjusting the Brake Pressure (Fig. 5)



- 1. If the brakes are too hard to apply, the pressure can be adjusted by reducing the tension in the spring above the brake shoe
- 2. The pressure needed to brake can be adjusted by turning the brake adjusting knob located at the top of the brake shoe on the inside of the frame
- Turning the knob anti-clockwise increases the pressure needed to brake by moving the brake shoe nearer to the wheel and compressing the spring
- Turning the knob clockwise decreases the pressure needed to brake

### CAUTION

Brakes that are adjusted to give light pressure will be less effective at preventing rear wheel movement under load.

## Folding for Storage or Transportation (Fig. 6)

### To fold the Rollator

- Depress frame release button
- Push rear legs towards front legs to fold the frame



### Fitting & Using the Tray (Fig. 7)



- The tray simply sits on the frame above the bag
- Ensure that the tray is firmly in place before use
- Do not exceed the maximum load of 5kg / 11lbs on the tray

### **Safety Precautions**

- Ensure the Rollator is fully open and secured in the correct position before use
- Ensure the handle is set to the correct height and fully secured. Test the Rollator for stability before applying full weight to the handles.
- Test the brake mechanism before use. When the wheels are locked, the brake pad should prevent the wheels from turning. If the wheels turn while the brakes are locked, refer to Adjusting the Brake Pressure section. When the brakes are released, the wheels should turn freely.
- The Rollator is a walking aid only and should not be used as a transportation device. Do not allow anyone to sit on the Rollator.
- Do not leave the Rollator unattended without locking the brakes
- . Do not stop, turn or reverse on a ramp or incline
- · Do not make sharp turns

### **Care and Maintenance**

1. The Rollator should be inspected before each use to ensure it is free from damage and excessive wear

### Check that:

- The brakes are operating effectively
- The hand grips are not loose or damaged
- · The brake cables are not damaged in any way
- The wheels are securely in place and are not damaged or excessively worn
- · The frame is not cracked or dented
- The frame is secure, stable and all fixings and fittings are tight and secure

### If you do find wear or damage to your Rollator, DO NOT USE

- 2. Check that all wheels and folding parts move freely and that there is no build-up of debris around the axle
- 3. Keep the Rollator clean by wiping with a damp cloth on a regular basis. Do not use abrasive cleaning materials.
- 4. If required, only use genuine parts supplied by Performance Health or an approved stockist

Serious events experienced from using this product should be reported immediately to Performance Health and to the local Competent Authority

### Warranty

Performance Health warrants that the Rollator is free from defects in material and workmanship. The warranty shall remain in effect for 1 year from the date of original consumer purchase. The warranty does not extend to parts that are exposed to natural wear and tear that will require periodic replacement such as brakes, wheels, handgrips and bags.

This warranty does not cover the following:

Replacement parts supplied by anyone other than Performance Health or the stockist;

Any failure of the unit during the warranty period if the failure is not caused by defect in material or workmanship or if the failure is caused by unreasonable use;

Performance Health is not liable for incidental or consequential injury or damage to property.

Should it be necessary to return the rollator, it is essential that it is adequately packed to protect it in transit, preferably in its original packaging, otherwise Performance Health cannot accept any responsibility for transit damage to the unit.

This does not affect your statutory rights.

Please retain these instructions for future reference.

These user instructions are available in large print, please contact Performance Health Customer Services for a copy. Please retain these instructions for future reference.

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