SOCIAL-EMOTIONAL LEARNING

SOCIA AVAILABLE Primary Proud to Be Primary

5 Weeks of Lessons & Activities



SOCIAL-EMOTIONAL LEARNING

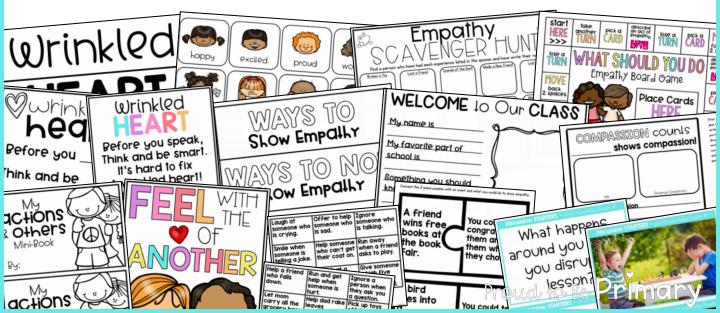
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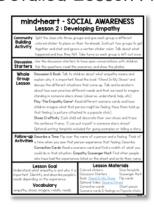
See What's Included

- 5 detailed, research-based lessons and plans
- Lesson Topics: Our feelings
 & behaviors affect others;
 empathy; compassion;
 inclusion
- Discussion cards
- Community building activities
- Anchor charts
- Activities & games
- Tools & posters



See What's Included

5 Detailed Lesson Plans



Discussion Starters



Anchor Charts



Mentor Text List



Tools



Posters



Proud to be Primary

See What's Included

Writing Activities



Social Storybooks



Role Play Cards



Games



Sorting Activities



Family Guide



This Social awareness unit covers IMPORTANT topics

- Our Feelings& BehaviorsAffectOthers
- DevelopingEmpathy
- DisplayingEmpathy
- Compassion
- Inclusion



Proud to Be Primary

Proud to Be Primary

This social awareness Unit HAS WHAT TEACHERS LOVE!

- This ONE SEL unit is all you need to teach kids about empathy, compassion, & inclusion!
- Use each lesson and follow-up activities to cover a week of SEL instruction anytime of year.
- The unit easily extends to an entire month of SEL instruction.
- Facilitate meaningful discussions and keep kids engaged in important activities that build social and emotional skills and grow your classroom community.
- You will save time as the planning is done for you.
- Aligns to Social Awareness SEL standards and covers the most important lessons kids need!
- You will have ALL the materials you need to successfully teach (no need to supplement)!



Teachers Love mindtheart



See a Lesson Plan Up-Close

Community building activities get children warmedup and ready for the lesson.

Interactive. detailed lessons for the whole group to complete together.

Use the lesson goal, to guide the lesson.

Teach important SEL vocabulary.

mind+heart - SOCIAL AWARENESS Lesson I : Our Feelings & Behaviors Affect Others

Give everyone a heart shaped paper. Tell children to pretend it is like Community

the heart they have inside. Talk about how our words and behaviors hurt others. Give examples and get examples from children. With each example, make a fold on the heart. After, unfold and talk about how the heart has wrinkles that cannot be removed. Discuss its meaning.

Starters

Whole Group

Lesson

Building

Activity

Discussion Use the discussion starters to have open conversations with children. Ask the questions, read the scenarios, an is now the photos one at a time and encourage children to regard an an anotheir thoughts

> Book & Discussion: Read and discuss a book 'Every everyone for the and ort of feeling Composize / Chart: Emphasize / feelings caus to act in certain nize how our e nee

are experience they had and what happened ared my sister.).

led Heart Activity: Take the initial activity a bit further and teach the included poem. Emphasize again that our actions and words have consequences on others. Have kids complete one of the poetry activities.

Follow-up Book Writing Activity: Children complete the sentence frames includes

Activities on the template (Sometimes I...; Everyone ...) and draw a picture. 'My Actions & Others' Mini-Book: Write and draw what happens to others when they behave a certain way for each page

Lesson Goal

For children to understand that their feelings and behaviors affect others and strive to make adjustments.

Vocabulary elings, behavior, actions, consequence

Lesson Materials Cut out hearts Mini-book

Writing template Discussion Starters Book: Everyone

chart together (when

Optional Book: Rude Cakes T-chart pieces

Wrinkled Heart poem & activities

Discussion starters include questions, scenarios, and pictures to encourage a group discussion.

Hands-on activities, games, and centers that build social emotional skills.

All of the materials needed to complete lessons in a list.

3 Types of Discussion Cards

Discussions are a great warm-up to your SEL block or morning meeting. The included discussion cards provide a valuable way to engage kids and have them reflect. Discussion starters include questions, scenarios, and pictures to encourage a group discussion. No more coming up with engaging prompts; these are done for you!





Anchor Chart & Posters

Anchor chart materials are included for every lesson in this unit. The lesson plan clearly explains how to use it to support the main lesson. They are helpful to organize your lesson and as a visual for students. Simply print the anchor chart pieces and attach to your poster to get started!





Support Materials

Support materials, such as bulletin boards and student tools, are included in this unit. They help children grasp the lesson and build important social-emotional skills. Create and use the tools as needed during your lessons and after to support your students.





Writing & Book Activities

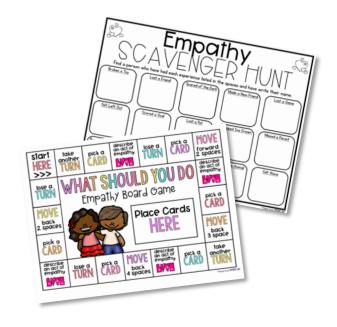
Writing activities are included throughout the unit to emphasize the lesson topics. Kids will enjoy reflecting on books read and writing about the fun topics and prompts. You will have differentiated writing templates to use and meet your students needs. Just print and go to implement the writing activities quickly and easily!





Activities & Games

There are a variety of follow-up activities included for every lesson. These fun and engaging activities encourage students to build the important social-emotional skills taught in the lesson. There are independent, small group, and partner activities included, such as games, sorting activities, and booklets.





BONUS: Family Partnership Guide

Connect with and encourage families to take part in the socialemotional learning development of their child and the concepts you are teaching at school. This unit includes a printable guide with a letter to families, strategies and activities they can try at home, and a book guide with video links. Send it home before your unit begins. They will thank you!



Use the socia dwdreness unit for your

- SEL block
- Morning meetings
- Whole-class discussions
- Small groups
 - Partner activities
 - Independent work
- Early finishers
- Counselor
- lessons Sub-plans

And much more!



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Learn More About Mind+heart

Learn about teaching socialemotional learning effectively in K-2 with our SEL curriculum.

CLICK to learn more!





Social-Emotional Resources for K-2







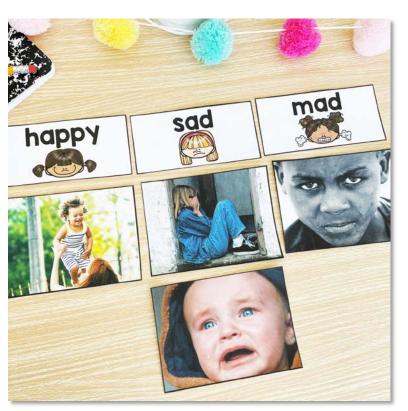
Click the images to see the SEL curriculum BUNDLE &

resources with EVERYTHING you need for a year of SEL!

Want a FREE Sample of mindtheart?



SIGN UP TO GET AN SEL LESSON & MATERIALS FOR FREE!





I'd love for you to try a sample of the MIND+HEART SEL Curriculum with your students to see if it is a perfect fit for you and your students!

CLICK HERE TO GRAB YOUR FREE SAMPLE!

Proud to Be Primary



The mind+heart social and emotional learning curriculum was designed to help teachers instruct young children to develop emotional literacy, self-control, and social competence. The ultimate goal is for primary aged children to develop a healthy sense of self and positive peer relations, that will continue throughout their lives. Children will learn to express their emotions appropriately, solve problems, develop a "growth mindset", build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart includes a variety of thought provoking lessons and discussions, community building ideas, and engaging activities to help build important social and emotional skills. Children will have many opportunities to learn, practice, and develop SEL through a variety of lessons and activities. Teachers are provided with all lesson materials, instructions, and a layout that is simple and easy to implement. mind+heart is a flexible SEL curriculum that can be taught when teachers have time, while the recommendation is to teach a lesson once to twice or more a week.

mind+heart is research based and loosely aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable option that is comprehensive and appropriate for the K-2 classroom.