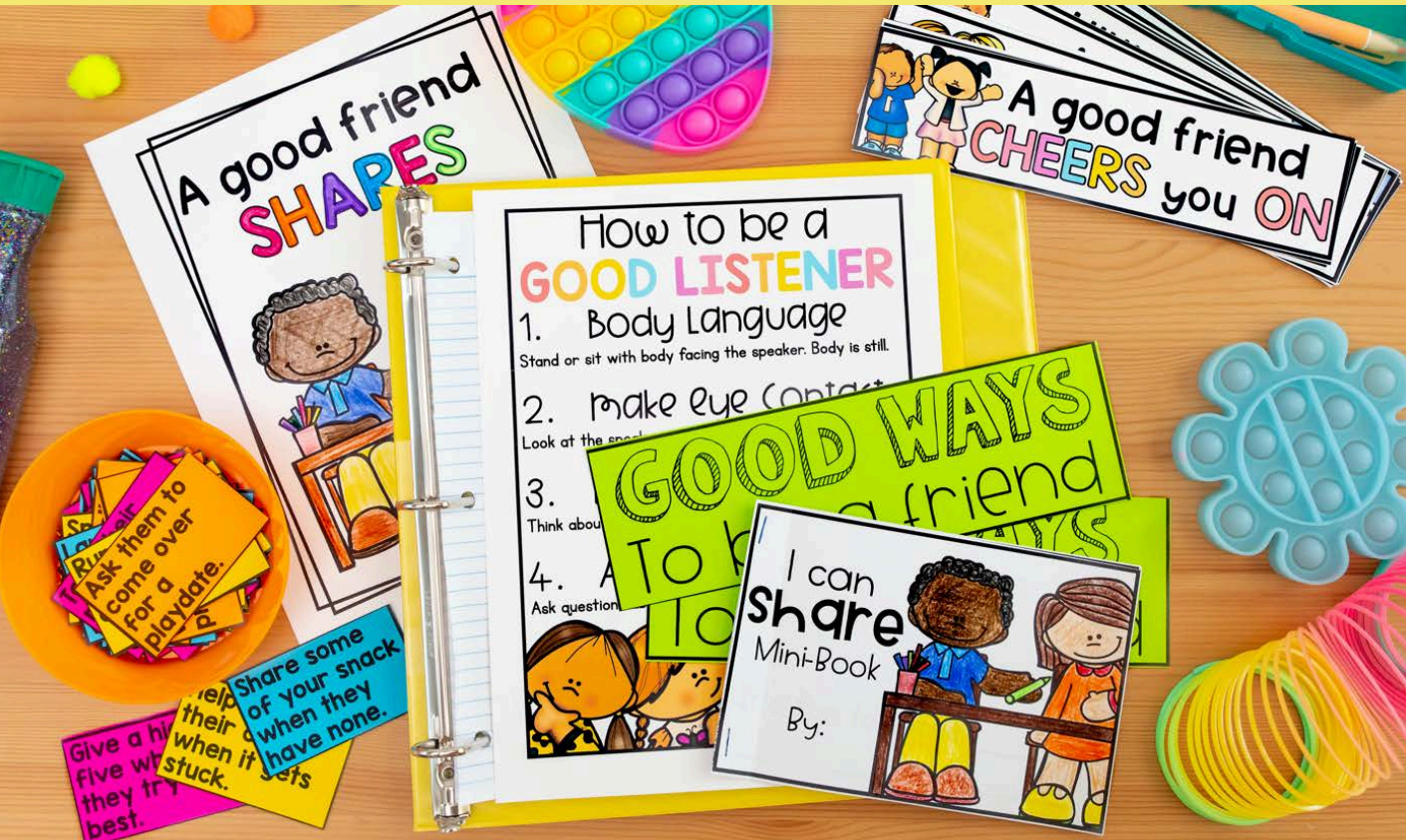


SOCIAL-EMOTIONAL LEARNING K-2

Proud to Be Primary

relationships

5 Weeks of Lessons & Activities



Discussion
Cards

Games

Books

Posters

SOCIAL-EMOTIONAL LEARNING K-2

Proud to Be Primary

relationships

5 Weeks of Lessons & Activities



Discussion Cards

Games

Books

Posters

relationships Unit

See What's Included

- ♥ 5 detailed, research-based lessons and plans
- ♥ Lesson Topics: Communicating; Sharing & Taking Turns; How to be a Good Friend; Making Friends; Teamwork
- ♥ Discussion cards
- ♥ Community building activities
- ♥ Anchor charts
- ♥ Activities & games
- ♥ Tools & posters



relationships Unit

See What's Included

5 Detailed Lesson Plans

mind+heart - RELATIONSHIPS	
Lesson 4 : Making Friends & Including Others	
Community Building Activity	Play "The Matching Game" as a class. Give every student a small colored card (a marble or cube). They must find others with the same color and like signs. Discuss why how different people have things in common. Repeat a few times.
Discussion Starters	Use the questions after time to have open conversation with children. Ask the questions, read the scenarios, and show the photos.
Whole Group Lesson	Collaborative Anchor Chart & Discussion Discuss what it is like to make new friends and encourage children to share experiences (good and bad). Create an anchor chart called "Ways to Make A Friend" using the pages provided. Brainstorm and share ideas of ways to make new friends (i.e. what you can say, include others, write, etc.). New Friend Scavenger Hunt Each child fills out the form with ideas about themselves. Find classmates with the same answers and write about their reasons. This is a great way for them to find new friends. Class Pledge and Friendship Tree Each child completes the class pledge. "I will be a friend by..." on the heart templates and attaches it to a Friendship tree created on the wall or bulletin board (use paper to make the tree shape and attach the hearts as its leaves).
Follow-up Activities	Book & Writing Activity: Read "Friend" (Sutter) & Cupcake and discuss ways to make new friends. Write 5 ways to make a friend. Interview a Friend Sit with a classmate and interview them. Record their answers on the sheet and create an All About poster for them.
Lesson Goal	Lesson Materials
Understand how to better understand and demonstrate the willingness to try to make new friends and include others.	Interview form Anchor chart & poster New friend scavenger hunt Class pledge heart & friendship tree Book: "Friend" by Sutter Writing templates Interview sheet and anchor template
Vocabulary	
Friend, include, pledge, interview	

Discussion Starters



Anchor Charts



Mentor Text List



Tools



Posters



relationships Unit

Proud to Be Primary

See What's Included

Writing Activities



Social Storybook



Hat Craft



Game



Sorting Activity



Family Guide



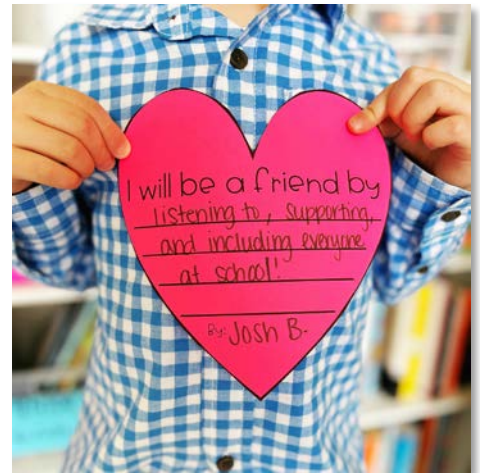
This
relationship
unit covers
IMPORTANT
topics

- ♥ Communicating
- ♥ Sharing & Taking Turns
- ♥ How to be a Good Friend
- ♥ Making Friends
- ♥ Teamwork



This relationships Unit HAS WHAT TEACHERS LOVE!

- This ONE SEL unit is all you need to teach kids how to be a good friend, communicate, share, and take turns!
- Use each lesson and follow-up activities to cover a week of SEL instruction anytime of year.
- The unit easily extends to an entire month of SEL instruction.
- Facilitate meaningful discussions and keep kids engaged in important activities that build social and emotional skills and grow your classroom community.
- You will save time as the planning is done for you.
- Aligns to Relationship SEL standards and covers the most important lessons kids need!
- You will have ALL the materials you need to successfully teach (no need to supplement)!



Teachers Love mind+heart

Abigail C. 



I loved the variety of activities found in this resource that I have used to build my classroom community. I keep going back to them again and again! Thank you!

Our SEL units are enjoyed in thousands of classrooms worldwide!

relationships Unit

Proud to Be Primary

See a Lesson Plan Up-Close

Community building activities get children warmed-up and ready for the lesson.

Interactive, detailed lessons for the whole group to complete together.

Use the lesson goal to guide the lesson.

Teach important SEL vocabulary.

mind+heart - RELATIONSHIPS	
Lesson 1 : Listening & Speaking	
Community Building Activity	Play 'That's Me' with the class in a circle. One person stands and shares a fact about themselves. Everyone who also shares that same fact will stand up and yell "Me too!" Repeat so others get to share.
Discussion Starters	Use the discussion starters to have open conversations with children. Ask the questions, read the scenarios, and show the photos one at a time and encourage children to respond and share their thoughts.
Whole Group Lesson	Collaborative Anchor Chart & Discussion: Explain that in order to understand and connect with other people we need to know how to communicate properly. Create an anchor chart called "How to be a Good Listener" using the ideas provided. Discuss the recording wave that is a good listening or speaking strategy (i.e., put up hand). Teach Conversation Skills: Listen, Speak, and Interrupt. Practice being a good listener during a conversation. Practice with a partner. Role-playing Activity: Read 'My Mouth is a Volcano' to illustrate what interrupting looks like. Brainstorm why interrupting is not a good idea and what they can do instead (i.e., wait, put up hand). Children write and draw how they can control their own volcanoes. Create a bulletin board display using the pieces provided.
Follow-up Activities	'Don't Interrupt' Card Game: Partners take turns answering a question while a partner listens, pays attention, and responds with a question. Show & Tell: Bring something to class to share and have the class listen. 'A Good Listener' Writing Activity: Complete the template provided.
Lesson Goal	Lesson Materials
Teach children how to communicate and listen and speak effectively. Practice and build conversation skills.	Discussion Starters Anchor chart pieces Conversation poster Book: My Mouth is a Volcano Writing templates Card game
Vocabulary	
listen, speak, communication, interrupt, conversation	

Discussion starters include questions, scenarios, and pictures to encourage a group discussion.

Hands-on activities, games, and centers that build social emotional skills.

All of the materials needed to complete lessons in a list.

relationships Unit

3 Types of Discussion Cards

Discussions are a great warm-up to your SEL block or morning meeting. The included discussion cards provide a valuable way to engage kids and have them reflect.

Discussion starters include questions, scenarios, and pictures to encourage a group discussion. No more coming up with engaging prompts; these are done for you!

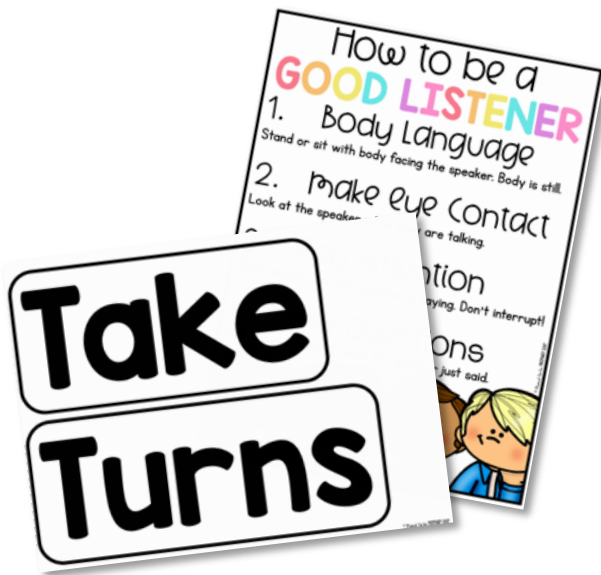


relationships Unit

Proud to Be Primary

Anchor Chart & Posters

Anchor chart materials are included for every lesson in this unit. The lesson plan clearly explains how to use it to support the main lesson. They are helpful to organize your lesson and as a visual for students. Simply print the anchor chart pieces and attach to your poster to get started!



relationships Unit

Proud to Be Primary

Support Materials

Support materials, such as bulletin boards and student tools, are included in this unit. They help children grasp the lesson and build important social-emotional skills. Create and use the tools as needed during your lessons and after to support your students.

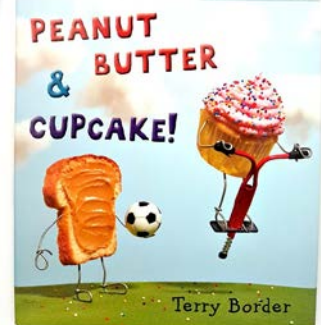
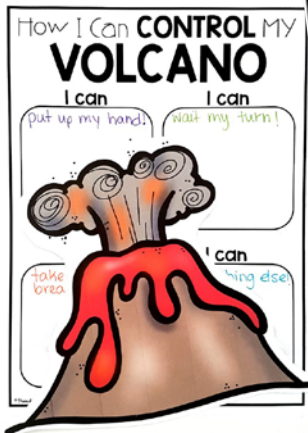


relationships Unit

Proud to Be Primary

Writing & Book Activities

Writing activities are included throughout the unit to emphasize the lesson topics. Kids will enjoy reflecting on books read and writing about the fun topics and prompts. You will have differentiated writing templates to use and meet your students needs. Just print and go to implement the writing activities quickly and easily!



relationships Unit

Activities & Games

There are a variety of follow-up activities included for every lesson. These fun and engaging activities encourage students to build the important social-emotional skills taught in the lesson. There are independent, small group, and partner activities included, such as games, sorting activities, and booklets.

Instructions for Class Project:
 Complete the sentence by writing an idea in the heart. Color the heart and cut it out. Attach it to the friendship tree or to a bulletin board to create a friendship display.

I will be a friend by _____

New Friend SCAVENGER HUNT
 Fill out the form with ideas about yourself! Find friends with the same and have them write their name.

Favorite Color:	Favorite Food:	Letter in Name:	Pets:	Favorite Sport:
Favorite Game:	Favorite Drink:	Favorite Treat:	Color Eyes:	Color Hair:
Color Shoes:	Birthday Month:	Favorite Show:	Favorite Toy:	Favorite Subject:



relationships Unit

Proud to Be Primary

BONUS: Family Partnership Guide

Connect with and encourage families to take part in the social-emotional learning development of their child and the concepts you are teaching at school. This unit includes a printable guide with a letter to families, strategies and activities they can try at home, and a book guide with video links. Send it home before your unit begins. They will thank you!



Use the relationship unit for your

- ♥ SEL block
- ♥ Morning meetings
- ♥ Whole-class discussions
- ♥ Small groups
- ♥ Partner activities
- ♥ Independent work
- ♥ Early finishers
- ♥ Counselor lessons
- ♥ Sub-plans
- ♥ And much more!



Teachers Love **mind+heart**

Gabriela S. 



This resource was so helpful. Some of my students mentioned to me that they didn't have any friends in the classroom. After using this resource, friendships are beginning to bloom. Thank You.

Our SEL units are enjoyed in thousands of classrooms worldwide!

TAKING TURNS SCRIPT
Can I borrow it
and
Would you like to
play this game
with me?

Lesson 1 - Communication: Listen & Speak

Lesson 1 teaches children how to communicate and listen and speak effectively. Practice and build conversation skills.

mind+heart - RELATIONSHIPS Lesson 1: Listening & Speaking	
Community Building Activity	Play 'That's Me' with the class in a circle. One person stands and shares a fact about themselves. Everyone who also shares that same fact will stand up and yell 'Me too!' Repeat so others get to share.
Discussion Starters	Use the discussion starters to have open conversations with children. Ask the questions, read the scenarios, and show the photos one at a time and encourage children to respond and share their thoughts.
Whole Group Lesson	Collaborative Anchor Chart & Discussion: Explain that in order to understand and connect with other people we need to know how to communicate properly. Create an anchor chart called 'How to be a Good Listener' using the pieces provided. Discuss and record ideas of ways they can show good listening and speaking skills (i.e., put up hand). Teach Conversation Skills, Poster, & Role Play: The 4 step process to being a good listener during a conversation. Practice with a partner. Book & Writing Activity: Read 'My Mouth is a Volcano' to illustrate what interrupting looks and sounds like. Brainstorm why interrupting is not a good idea and what they can do instead (i.e., wait, put up hand). Children write and draw how they can control their own volcanoes. Create a bulletin board display using the pieces provided.
Follow-up Activities	Don't Interrupt! Card Game: Partners take turns answering a question while a partner listens, pays attention, and responds with a question. Show & Tell: Bring something to class to share and have the class listen. 'A Good Listener': Writing Activity: Complete the template provided.
Lesson Goal	Teach children how to communicate and listen and speak effectively. Practice and
Lesson Materials	Discussion Starters Anchor chart pieces

Lesson Plan



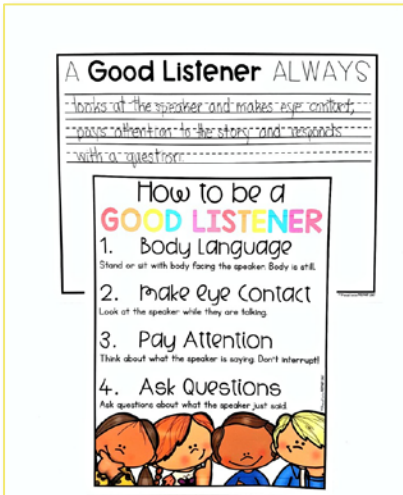
Discussion Starters



Anchor Chart Idea



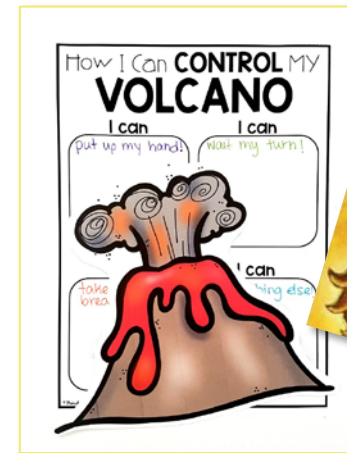
Lesson Poster



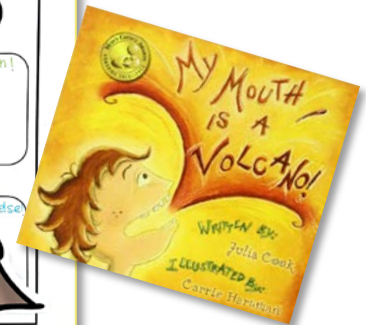
Writing Activity



Card Game



My Mouth is a Volcano Activities



Lesson 2 - Sharing & Taking Turns

Lesson 2 teaches children to understand what sharing and taking turns is and demonstrate the ability and willingness to do both effectively.

mind+heart - RELATIONSHIPS Lesson 2 : Sharing & Talking Turns	
Community Building Activity	Play a game of "Telephone". One person thinks of a message to whisper to the person sitting next to them. The message gets passed on. The last person reveals the message to see if it stayed the same.
Discussion Starters	Use the discussion starters to have open conversations with children. Ask the questions, read the scenarios, and show the photos one at a time and encourage children to respond and share their thoughts.
Whole Group Lesson	Teach Sharing, Anchor Chart & Practice: Talk about sharing and what it is. Create an anchor chart called "When We Need to Share" using the pieces provided. Discuss and brainstorm the times in our day. Give them ideas of what to say and how to ask when wanting to share or not (see position). Practice and role play using the new language with a friend! Teach Taking Turns Repeat the above for taking turns. Express that it is a lot like sharing (wait our turn before doing or getting something). Book & Writing Activity Read Rainbow Fish, ask questions, and discuss how the fish shared his scales in order to make friends. Each child decorates a fish with a friend by sharing supplies. Write about ways they like to share and how it makes them feel on the template.
Follow-up Activities	Turn Taking Games: Play different turn taking games (ie, connect four, memory, etc.) and use social scripts cards to help with taking turns. Sharing Mini-Book: Write and draw ideas for each page of the mini-book related to personal experiences with sharing.
Lesson Goal	Understand what sharing and taking turns is and demonstrate the ability and willingness to do both effectively.
Lesson Materials	Discussion Starters Anchor chart pieces Markers with ideas

Lesson Plan



Discussion Starters

When We
Need To
Share
Take Turns

Anchor Chart Ideas



Scripts Posters



Sharing Mini-Book



Taking Turns Social Scripts Cards



Book Activities

Lesson 3 - How to be a Good Friend

Lesson 3 teaches children to describe what a friend is and demonstrate how to be a good friend through words and actions.

mind+heart - RELATIONSHIPS Lesson 3 : How to Be a Good Friend	
Community Building Activity	Play "The Compliment Game" in a circle as a class. One person passes a beanbag to a student across from them and gives them a compliment (says something nice about them). The game continues until everyone has had a chance to give and receive a compliment.
Discussion Starters	Use the discussion starters to have open conversations with children. Ask the questions, read the scenarios, and show the photos.
Whole Group Lesson	Collaborative Anchor Chart & Discussion: Discuss and share what a friend is and why they are important to have (i.e., to play with, laugh with, someone to talk to, etc.). Create an anchor chart called "A Good Friend" using the pieces provided. Read the book, <i>How to be a Friend</i> , and brainstorm different ways they can be a good friend on the chart. Poster Cards & Coloring Sheets: Review the characteristics of a good friend and what they mean. Create a classroom display with the poster cards and have children color the large size coloring sheets. Book & Sort Read: <i>How to Lose All Your Friends</i> and discuss the things you shouldn't do when wanting to make friends. Read and sort the scenario cards into two piles of GOOD ways and BAD ways to be a friend as a class in a pocket chart.
Follow-up Activities	Writing Activity: Complete the template with 5 class and a picture. "I am a Friend" crown. Draw & write 4 things they do to be a good friend on the crown template. Cut out and attach to strip of paper. "Ways to Be a Good Friend" Mini-Book: Read and color the book.
Lesson Goal	Describe what a friend is and demonstrate how to be a good friend.
Lesson Materials	Discussion Starters, Writing template, Anchor chart pieces, Crown template.

Lesson Plan



Discussion Starters



Anchor Chart Pieces



"I am a Friend" Crown



Good Friend Cards



Coloring Posters



Storybook



Good or Bad Friend Sort

Lesson 4 - Making Friends & Including Others

Lesson 4 teaches children to understand how to make friends and demonstrate the willingness to try to make new friends and include others.

mind+heart - RELATIONSHIPS
Lesson 4 : Making Friends & Including Others

Community Building Activity
 Play "The Matching Game" as a class. Give every student a small colored object (i.e. marble or cube). They must find others with the same color and link arms. Demonstrates how different people have things in common. Repeat a few times.

Discussion Starters
 Use the discussion starters to have open conversations with children. Ask the questions, read the scenarios, and show the photos.

Whole Group Lesson
 Collaborative Anchor Chart & Discussion Discuss what it is like to make new friends and encourage children to share experiences (good and bad). Create an anchor chart called "Ways to Make A Friend" using the pieces provided. Brainstorm and share ideas of ways to make new a friend (i.e., what you can say, include others, smile, etc.).
New Friend Scavenger Hunt: Each child fills out the form with ideas about themselves. Find classmates with the same answers and write down their names. This is a great way for them to find new friends.
Class Pledge and Friendship Tree: Each child completes the class pledge "I will be a friend by..." on the heart template and attaches it to a friendship tree created on the wall or bulletin board (use paper to make the tree shape and attach the hearts as its leaves).

Follow-up Activities
Book & Writing Activity: Read *Peanut Butter & Cupcake* and discuss ways to make new friends. Write 5 ways to make a friend.
Interview a Friend: Sit with a classmate and interview them. Record their answers on the sheet and create an "All About" poster for them.

Lesson Goal
 Understand how to make friends and demonstrate the willingness to try to make new

Lesson Materials
 Discussion Starters
 Anchor chart & pieces
 New Friend Scavenger Hunt


Lesson Plan

Discussion Starters

How does it feel when someone ignores you?

Scenario 2:
 Harry is telling his friend, Stanley, about his weekend. Stanley can't wait to tell him about his weekend too so he cuts off, Harry frowns and looks away.

...ing? Why?



Discussion Starters


Ways to Make a Friend

Anchor Chart Idea

all about

interview a friend

My friend's name is Avery
 Birthday: December 20th
 Favorite color: Purple
 Favorite activity: Dancing
 Favorite food: Pasta
 Favorite thing about school: This is my friend.
reading books



Interview a Friend

New Friend SCAVENGER HUNT

Fill out the form with ideas about yourself! Find friends with the same and have them write their name.

Favorite Color: <u>Blue</u>	Favorite Food: <u>Tacos</u>	Letter in Name: <u>M</u>	Pets: <u>1 cat</u>	Favorite Sport: <u>Soccer</u>
Favorite Show: <u>Go Fish</u>	Favorite Drink: <u>Chocolate Milk</u>	Favorite Insect: <u>Skittles</u>	Color Hair: <u>Brown</u>	Color Hair: <u>Brown</u>
Color Shoes: <u>Purple</u>	Birthday Month: <u>September</u>	Favorite Show: <u>Danny Shards</u>	Favorite Toy: <u>Skeeter</u>	Favorite Subject: <u>Moth</u>

Scavenger Hunt Activity

Friendship Pledge

I will be a friend by listening to, supporting, and including everyone at school!

By: Josh B.

Friendship Pledge

5 WAYS TO Make a Friend

1. Smile and be friendly.
2. Offer an sincere compliment. Be genuine!
3. Ask someone to play with you.
4. Include someone who is alone.
5. Play nicely with everyone.

PEANUT BUTTER & BUTTER CUPCAKE!



Terry Border

Book & Writing Activity

Lesson 5 - Cooperation & Teamwork

Lesson 5 teaches children to understand and show cooperation and teamwork in the classroom and school with peers.

mind+heart - RELATIONSHIPS Lesson 5 : Cooperation & Teamwork	
Community Building Activity	Play "Blind Retriever" in small groups (4 or 5). Blindfold one teammate and the other teammates must guide them to find an item in a specific location by giving them directions and instructions.
Discussion Starters	Use the discussion starters to have open conversations with children. Ask the questions, read the scenarios, and show the photos.
Whole Group Lesson	Collaborative Anchor Chart & Discussion Define cooperation and explain that it is important in the classroom and at school. Create an anchor chart called "Ways We Cooperate at School". Brainstorm things they do and ways they have to cooperate (i.e., bring up, listen, etc.). Teamwork Chat & Puzzle Discuss what a team is and what it means to be a part of one. Share times when they were on a team (i.e. in class, sports team). In small groups, give each student a piece of the group puzzle (different colors). Work as a team to put it back together. Book & Writing Activity Read "Duck & Goose" and discuss how the two learned to cooperate, play together, and demonstrate teamwork. Write a response to the story on the template provided.
Follow-up Activities	Play "Cross the Bridge" Attach sheets of paper to each other to create a "bridge". Create 2 lines on either end. They must work together to cross the bridge without falling off or pushing anyone. Play Cooperative Games Play games, such as parachutes and soccer, that require children to cooperate and demonstrate teamwork. Team Helper Badges Design and color a "Team Helper" badge.
Lesson Goal	Understand and show cooperation and teamwork in the classroom and school with peers.
Lesson Materials	Discussion Starters Anchor chart pieces

Lesson Plan

Discussion Starters cards include:
- "How does it feel when someone ignores you?"
- "Scenario 2: Harry is telling his friend, Stanley, about his weekend. Stanley can't wait to tell him about his weekend too so he cuts off. Harry frowns and looks away. What is Harry feeling? Why?"
A photo shows a group of diverse children smiling and interacting.

Discussion Starters

Anchor Chart Idea: "Ways We Cooperate At School". The chart features the title in large letters and several sticky notes with examples: "do my class job", "take turns", "Follow the rules", and "Share".

Anchor Chart Idea



Book & Writing Activity: The image shows the cover of the book "Cooperate with Duck & Goose" by Tad Hills. The cover features a colorful illustration of a duck and a goose on a large, spotted ball. A circular inset shows several colored pencils.

Book & Writing Activity

Teamwork Puzzles: A template for a puzzle with 12 pieces. The pieces are arranged in a 3x4 grid. The instructions on the left read: "Puzzle Instructions: Print each puzzle in a different color. Cut and pieces and hand out randomly. Have the children work as a team to find their teammates and rebuild the puzzles."

Teamwork Puzzles



Learn More About

mind+heart

Proud to Be Primary

Learn about teaching social-emotional learning effectively in K-2 with our SEL curriculum.

CLICK to learn more!



Social-Emotional Resources for K-2

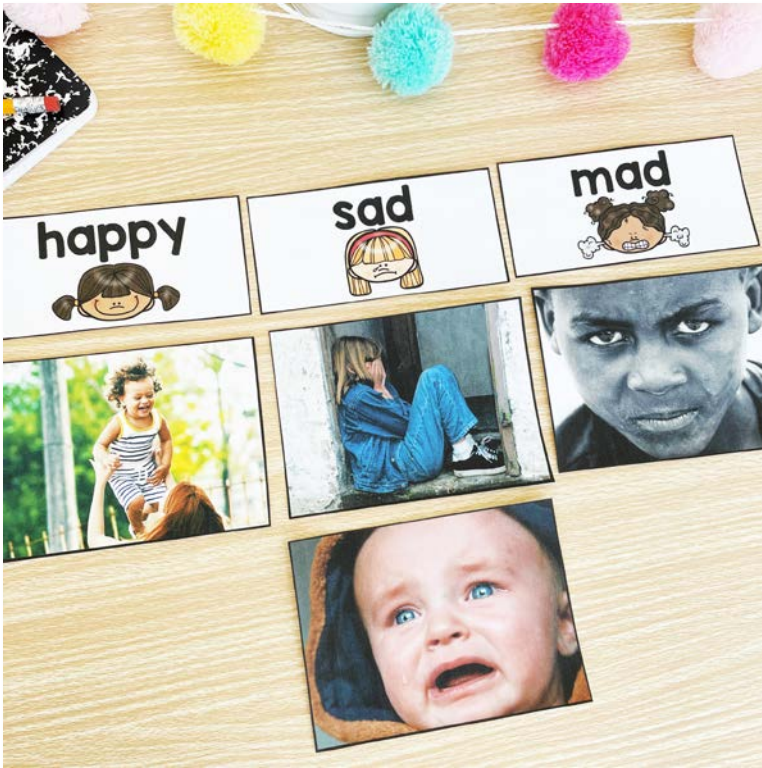


Click the images to see the SEL curriculum BUNDLE & resources with EVERYTHING you need for a year of SEL!

Want a FREE Sample of mind+heart?



SIGN UP TO GET AN SEL LESSON
& MATERIALS FOR FREE!



I'd love for you to try a sample of the MIND+HEART SEL Curriculum with your students to see if it is a perfect fit for you and your students!

[CLICK HERE TO
GRAB YOUR
FREE SAMPLE!](#)



BACKGROUND

The mind+heart social and emotional learning curriculum was designed to help teachers instruct young children to develop emotional literacy, self-control, and social competence. The ultimate goal is for primary aged children to develop a healthy sense of self and positive peer relations, that will continue throughout their lives. Children will learn to express their emotions appropriately, solve problems, develop a “growth mindset”, build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart includes a variety of thought provoking lessons and discussions, community building ideas, and engaging activities to help build important social and emotional skills. Children will have many opportunities to learn, practice, and develop SEL through a variety of lessons and activities. Teachers are provided with all lesson materials, instructions, and a layout that is simple and easy to implement. mind+heart is a flexible SEL curriculum that can be taught when teachers have time, while the recommendation is to teach a lesson once to twice or more a week.

mind+heart is research based and loosely aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable option that is comprehensive and appropriate for the K-2 classroom.



RELATED RESOURCES

Click on any teacher resource to see more details in store!

Social & Emotional Learning



K-2 Curriculum by Proud to be PRIMARY

Printable Curriculum

DIGITAL Social-Emotional Learning



K-2 Curriculum by Proud to Be Primary

Digital Curriculum

Use [both together](#) to enhance learning and provide a meaningful SEL program.



BEST SELLING

teacher resources

Click on any teacher resource to see more details in store!

Social & Emotional Learning

mind+heart

K-2 Curriculum by *Proud to be PRIMARY

Social & Emotional Learning

mind+heart

3-5 Curriculum by *Proud to be PRIMARY

mind+heart

MORNING MEETINGS

SOCIAL-EMOTIONAL BUNDLE BY Primary

Class **MANAGEMENT** bundle

Proud to Be Primary

Non-Fiction & Science Units **FOR THE WHOLE YEAR**

17 UNIT BUNDLE

Proud to Be Primary

1st Grade Math Practice **MATH MATS** bundle

Proud to Be Primary

Weekly Directed Drawings **DRAWING MATS** bundle

Proud to Be Primary

Daily Listening Practice **LISTENING MATS** bundle

Proud to Be Primary

Daily Writing Practice **WRITING MATS** bundle

Proud to Be Primary

3 in 1 Resource | Printable | Google Slides | Seesaw

Daily Reading Practice **COMPREHENSION MATS** bundle

Proud to Be Primary

3 in 1 Resource | Printable | Google Slides | Seesaw

Poem of the Week

BUNDLE by Proud to Be Primary

SIGHT WORD Curriculum
Dolch Pre-Primer-2nd Grade

4 Comprehensive Sight Word Packs

Mindful MATH
Kindergarten Curriculum Bundle

10 Comprehensive Math Units

Mindful MATH
1st Grade Math Curriculum Bundle

10 Comprehensive Math Units

Mindful MATH
Second Grade Curriculum Bundle

10 Comprehensive Math Units

Head to www.shopproudtoprimary.com for a complete listing of resources.