

Social & Emotional Learning



mind+heart K-2 Curriculum by *Proud to Be* Primary

responsibility

DIGITAL UNIT

Proud to Be
Primary

What is Included in this Unit

- ♥ 5 lessons that include detailed lesson plans
- ♥ Each lesson includes thought starter questions, digital anchor chart, lesson and follow-up activities
- ♥ Get started easily with copy links for Google Slides & pre-loaded Seesaw activities that are ready for you!



digital mind+heart - responsibility Unit



LESSON Overview



Lesson 1	What is responsibility?
Lesson 2	Taking on responsibilities
Lesson 3	Reflecting and goal setting
Lesson 4	Peaceful problem solving
Lesson 5	What is bullying?
Lesson 6	Ways to Stop a Bully

How to Use **mind+heart digital**

This **mind+heart digital** resource has been reformatted and modified to be taught digitally in conjunction with the printable version or independent of it. The lessons and activities have been adapted to be used online in digital teaching platforms and on devices.

Possible Uses:

- Students can complete assignments digitally after a classroom lesson
- Beneficial for one-to-one classrooms
- For use in Google Slides and Google Classroom
- For use in Seesaw Class App (Compatible with Chromebooks, computers, iPads, iPhones, Android tablets, Android phones, Kindle Fire)

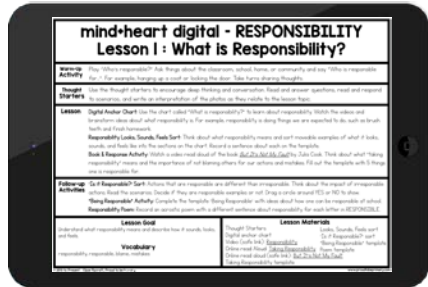
Benefits:

- Kids learn to use different digital methods and devices
- Gain practice and skills working and interacting online
- Provides 1:1 classrooms with meaningful digital activities
- Supports school counselors and provides materials for sessions
- Provides families with additional tools to support kids at home
- Works well in a homeschool setting
- Supports remote and distance learning



Lesson 1 - What is Responsibility?

Lesson 1 teaches to understand what responsibility means and describe how it sounds, looks, and feels.



Lesson Plan



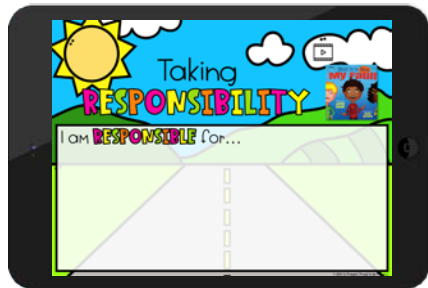
Thought Starters



Digital Anchor Chart



Looks, Sounds, Feels



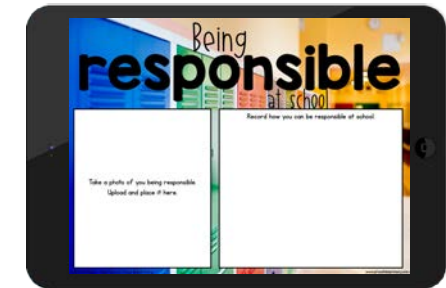
Story & Response Activity



Task Cards



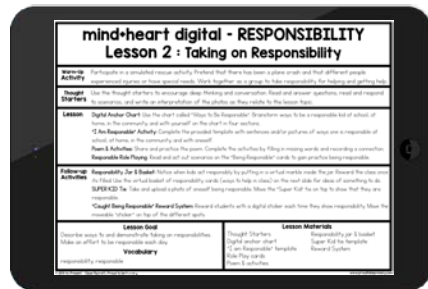
Acrostic Poem



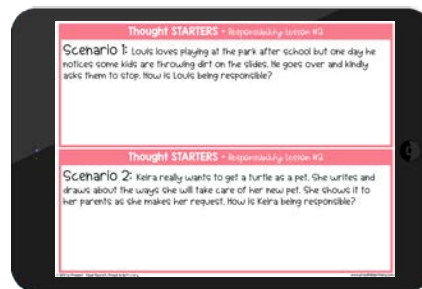
Writing Activity

Lesson 2 - Taking On Responsibilities

Lesson 2 teaches children to describe ways to and demonstrate taking on responsibilities. They will make an effort to be responsible each day.



Lesson Plan



Thought Starters



Anchor Chart & Brainstorm



Role Play Cards



Jar & Cards



Poem Activities



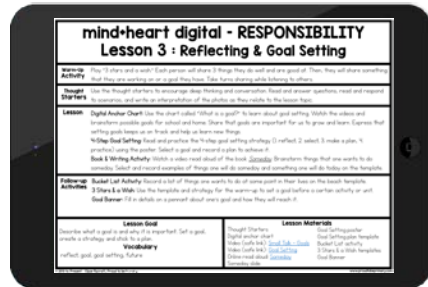
"Super Kid" Tie Activity



Sticker Cards

Lesson 3 - Reflecting & Goal Setting

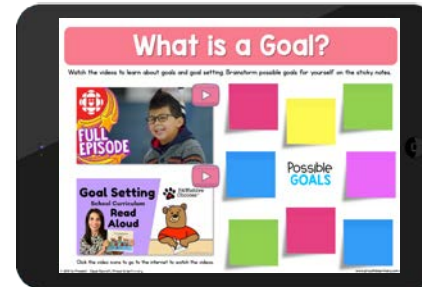
Lesson 3 teaches children to describe what a goal is and why it is important. They will set a goal, create a strategy and stick to a plan.



Lesson Plan



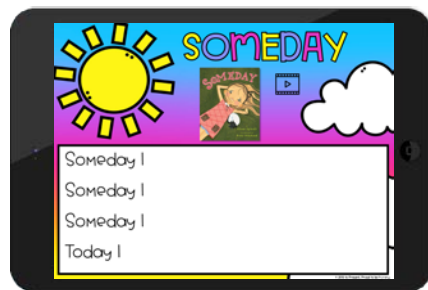
Thought Starters



Digital Anchor Chart



Poster & Plan Templates



Story & Response



Bucket List Activity



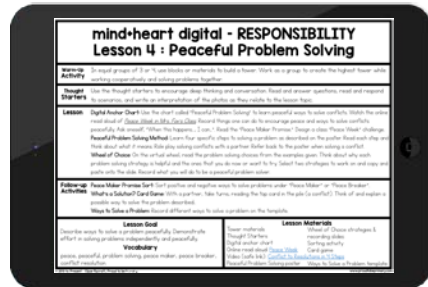
3 Stars & a Wish



Goal Banner

Lesson 4 - Peaceful Problem Solving

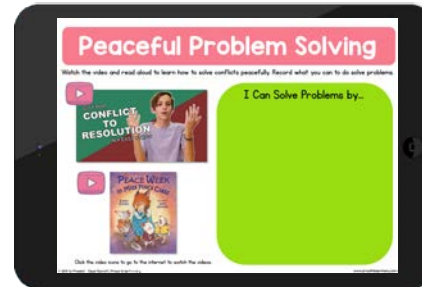
Lesson 4 teaches children to describe ways to solve a problem peacefully. They will demonstrate effort in solving problems independently and peacefully.



Lesson Plan



Thought Starters



Digital Anchor Chart



Peace Promise & Challenge



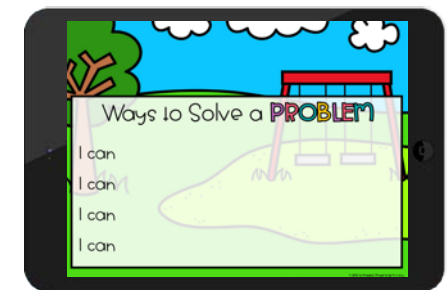
Problem Solving Method



Sorting Activity



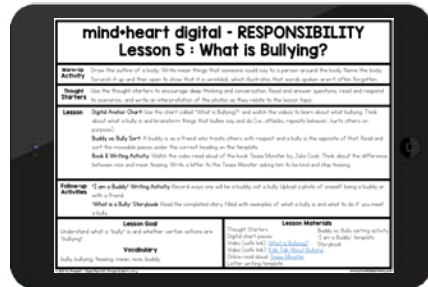
Card Game



Writing Activity

Lesson 5 - What is Bullying?

Lesson 5 teaches children to understand what a “bully” is and whether certain actions are “bullying”.



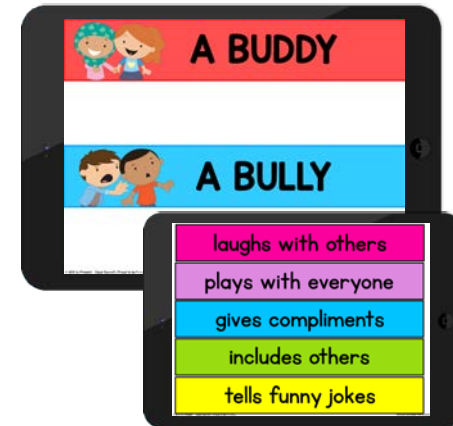
Lesson Plan



Thought Starters



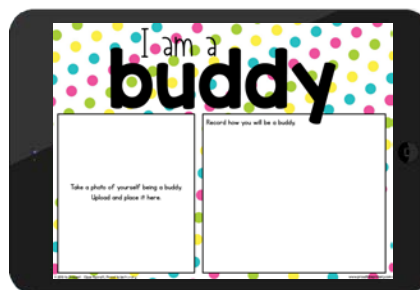
Digital Anchor Chart



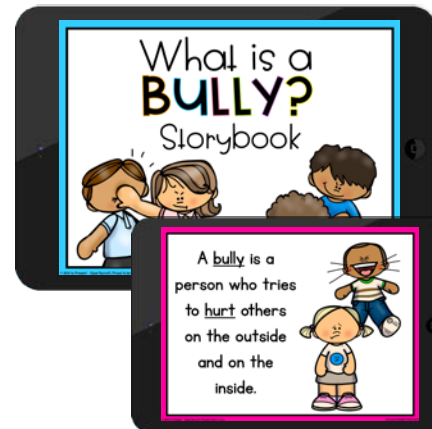
Sorting Activity



Story & Response Activity



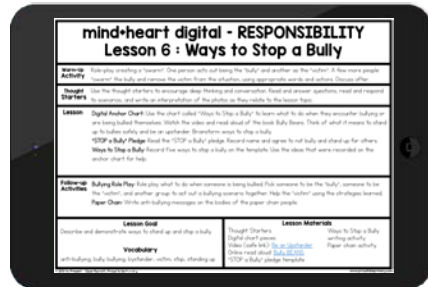
Being a Buddy Activity



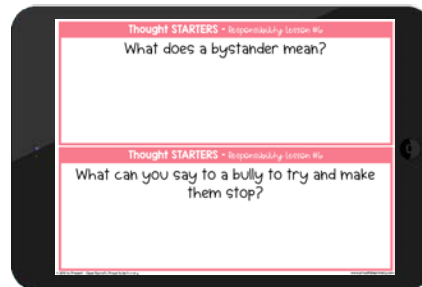
Storybook

Lesson 6 - Ways to Stop a Bully

Lesson 6 teaches children to describe ways to and demonstrate standing up to a bully.



Lesson Plan



Thought Starters



Digital Anchor Chart



Stop a Bully Pledge



Writing Activity



Bullying Messages

Why mind+heart digital

The **mind+heart digital** social-emotional learning program was designed to help teachers guide and instruct children to develop emotional awareness and social competence. The goal is for K-2 children to develop a healthy sense of self and positive interpersonal skills, that will continue throughout their lives and lead to success in academics and beyond. Kids will learn to express emotions appropriately, develop a “growth mindset”, build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart digital complements the original version with the same great lessons that have been modified to fit digital learning. It adds a different modality for students to experience. Children will have opportunities to learn, practice, and develop SEL through a variety of engaging lessons, warm-up ideas, and digital activities. The program provides teachers and parents with lesson plans, instructions, videos, and activities to support social-emotional learning in digital format. It is recommended that a group lesson be taught before but it is not mandatory.

mind+heart digital can be used in conjunction with the original mind+heart SEL K-2 curriculum to enhance learning. It can also be used separately to further a child's independent practice of social-emotional skills: in the classroom, in a homeschool setting, or in counselling sessions. This digital SEL program can be used in Google Classroom, Seesaw, and other similar platforms to support 1:1 classrooms in delivering a meaningful SEL program.

mind+heart digital aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable and accessible option that is structured and highly effective in K-2 classrooms.

responsibility

DIGITAL UNIT



responsibility

DIGITAL UNIT



Complete the poem template with words from the story and record a connection made.

I'm a Responsible SUPERkid

I am _____, caring and fair.

I make contributions, I do my _____.

When given work and duties, I do things on my own,

"You can _____ me, I'm _____ responsible!"

Use these words to fill in the blanks.

super

responsible

share

trust

Draw or write your connection to the poem.



© 2013 to Present - Elise Rieckhoff. Proud to be Primary

www.proudtobepimary.com

responsibility

DIGITAL UNIT



THANK YOU!

Thank you so much for downloading this resource! I appreciate your interest and hope that the resource is exactly what you are looking for. Remember to leave feedback for credits towards future purchases on TpT. I am always happy to answer any and all questions or concerns regarding this resource. Please email me at elyse@proudtobeprimary.com.



Terms of Use

Purchase or download of this resource entitles the purchaser/downloader to **single classroom use only**. Duplication for staff, schools, or districts is strictly prohibited. Copying, posting, or selling any part of this resource is a violation of the Digital Millennium Copyright Act (DMCA). The purchaser is entitled to use the digital portion of the resource in a secure, password protected online portal (Seesaw, Google Classroom, Microsoft Teams) for use with students ONLY. All materials are copyrighted © Proud to be Primary - Elyse Rycroft

Let's Stay Connected!

Join my
Email List
for proud primary
Teachers

Join our
Community
for proud primary
Teachers



Fonts & Clipart





RELATED RESOURCES

Click on any teacher resource to see more details in store!

Social & Emotional Learning



K-2 Curriculum by Proud to be PRIMARY

Printable Curriculum

DIGITAL Social-Emotional Learning



K-2 Curriculum by Proud to Be Primary

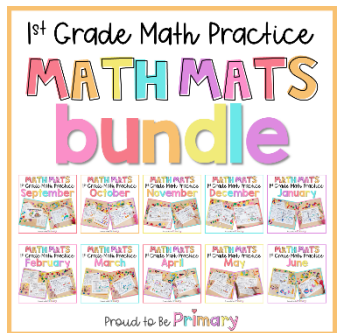
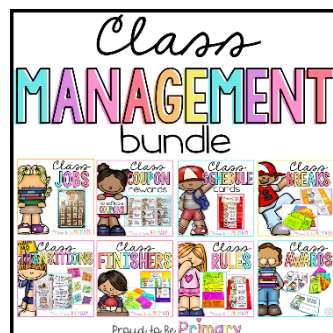
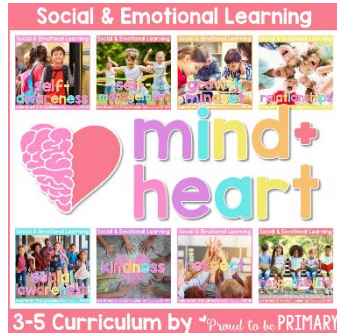
Digital Curriculum

Use both together to enhance learning and provide a meaningful SEL program.



BEST SELLING teacher resources

Click on any teacher resource to see more details in store!



Head to www.shopproudtoprimary.com for a complete listing of resources.