

Social & Emotional Learning



mind+heart 3-5 Curriculum by *Proud to Be* Primary

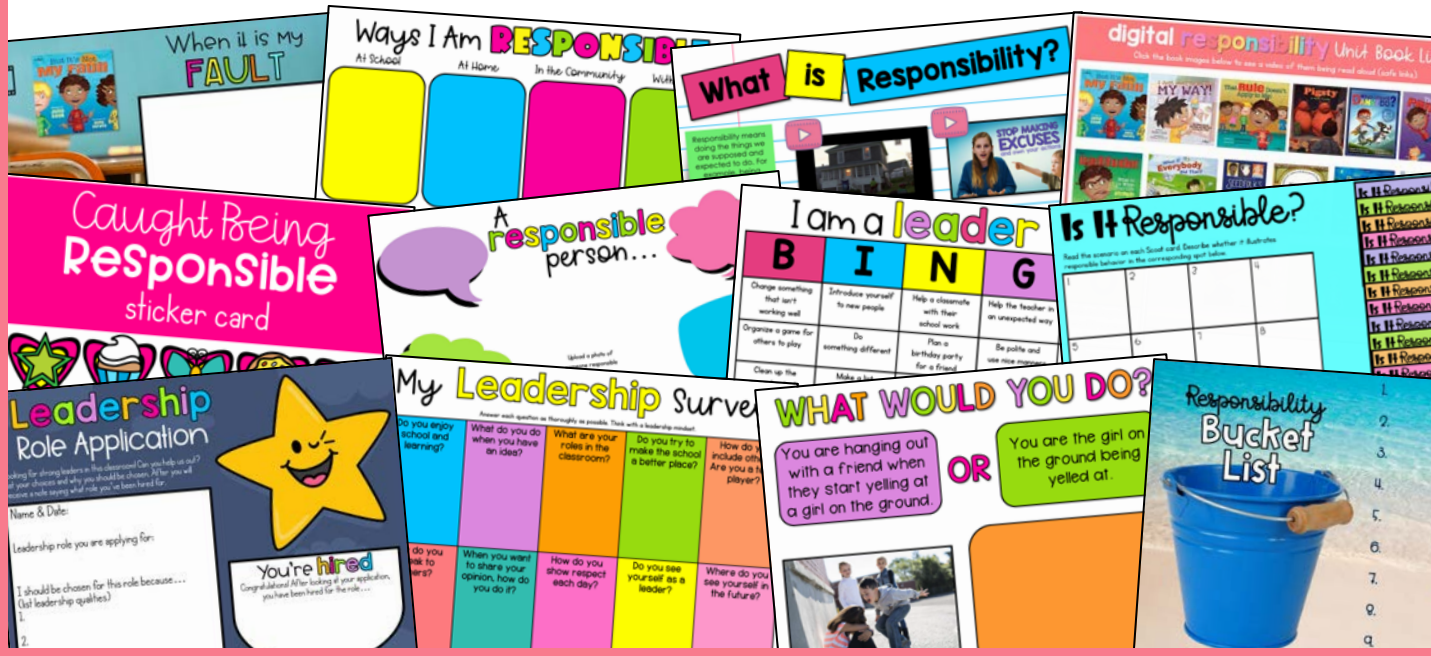
responsibility

DIGITAL UNIT

Proud to Be
Primary

What is Included in this Unit

- ♥ 5 lessons that include detailed lesson plans
- ♥ Each lesson includes thought starter questions, digital anchor chart, lesson and follow-up activities
- ♥ Get started easily with copy links for Google Slides & interactive PowerPoint files that are ready for you!



digital mind+heart - responsibility Unit



LESSON Overview



Lesson 1	What is responsibility?
Lesson 2	Being Responsible
Lesson 3	What is Leadership?
Lesson 4	Leadership in Action
Lesson 5	Decision Making

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How to Use **mind+heart digital**

This **mind+heart digital** resource has been reformatted and modified to be taught digitally in conjunction with the printable version or independent of it. The lessons and activities have been adapted to be used online in digital teaching platforms and on devices.

Possible Uses:

- Students can complete assignments digitally after a classroom lesson
- Beneficial for one-to-one classrooms
- For use in Google Slides and Google Classroom
- Interactive PowerPoint files are included for use in various online apps or on your classroom devices

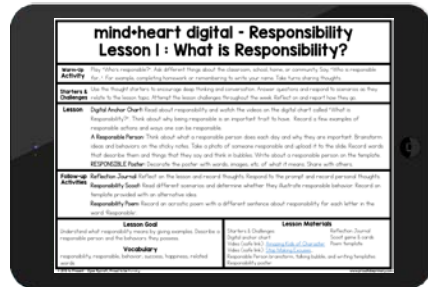
Benefits:

- Kids learn to use different digital methods and devices
- Gain practice and skills working and interacting online
- Provides 1:1 classrooms with meaningful digital activities
- Supports school counselors and provides materials for sessions
- Provides families with additional tools to support kids at home
- Works well in a homeschool setting
- Supports remote and distance learning

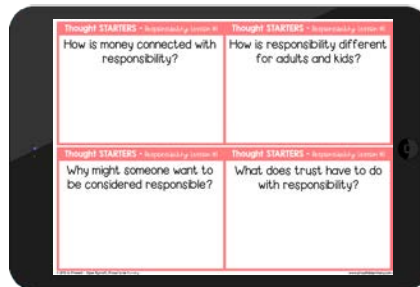


Lesson 1 - What is Responsibility?

Lesson 1 teaches kids to understand what responsibility means by them lots of giving examples. They will learn to describe a responsible person and the behaviors they possess.



Lesson Plan



Starters & Challenges



Digital Anchor Chart



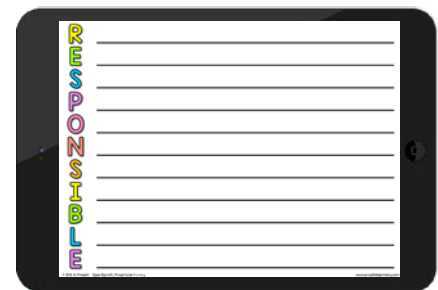
Brainstorm & Writing



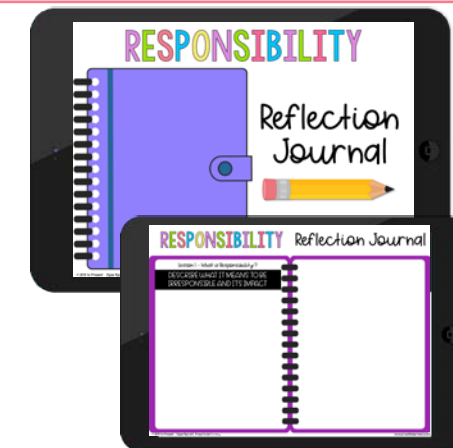
Poster



Game



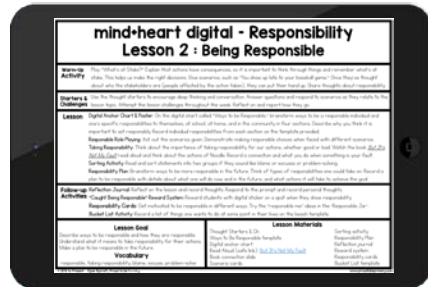
Acrostic Poem



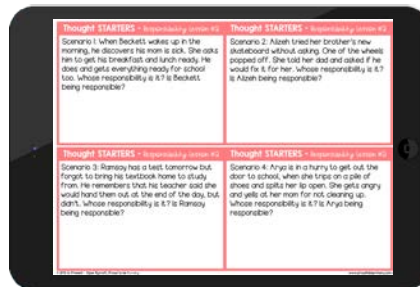
Reflection Journal

Lesson 2 - Being Responsible

Lesson 2 teaches kids to describe ways to be responsible and ways that they are responsible in their own lives. They will understand what it means to take responsibility for their actions. Make a plan to be responsible in the future.



Lesson Plan



Starters & Challenges



Digital Chart & Response



Sort & Book Activities



Responsibility Plan



Responsible Me Cards



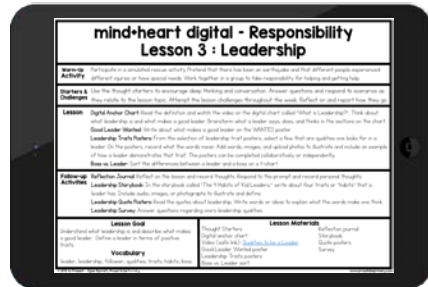
Sticker Chart



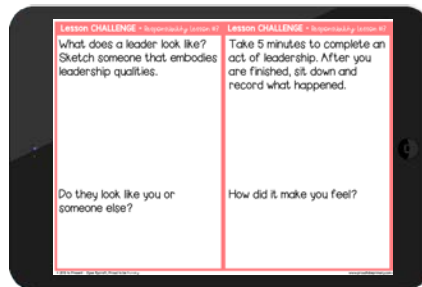
Bucket List

Lesson 3 - What is Leadership?

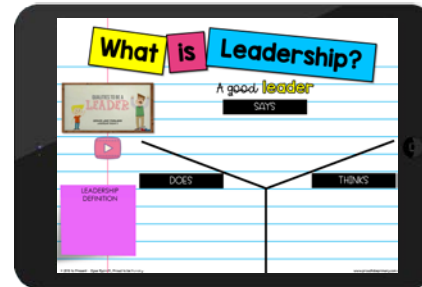
Lesson 3 teaches kids to understand what leadership is and describe what makes a good leader. They will define a leader in terms of positive traits.



Lesson Plan



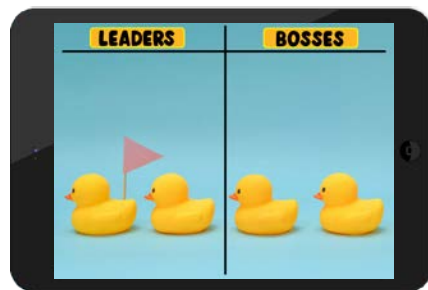
Starter & Challenges



Digital Anchor Chart



Vocabulary Posters



Sorting Activity



4 Habits Book



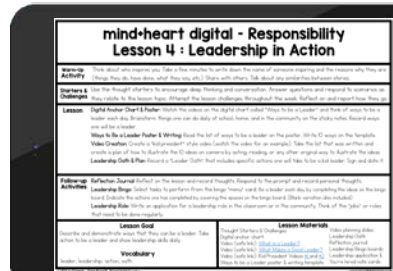
Leader Mantras



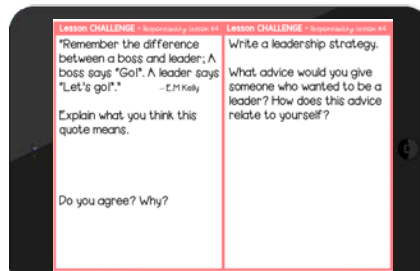
Survey

Lesson 4 - Leadership in Action

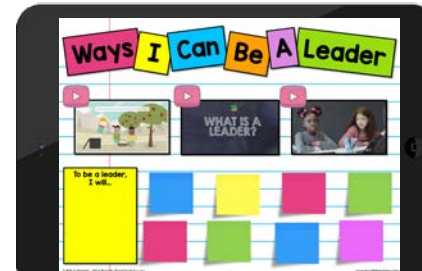
Lesson 4 teaches kids to describe and demonstrate ways that they can be a leader. They will take action to be a leader and show leadership skills daily.



Lesson Plan



Starter & Challenges



Digital Anchor Chart



Examples & Writing



Video Creation Plan



Leader Oath



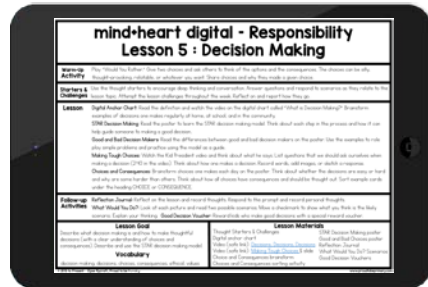
BINGO Activity



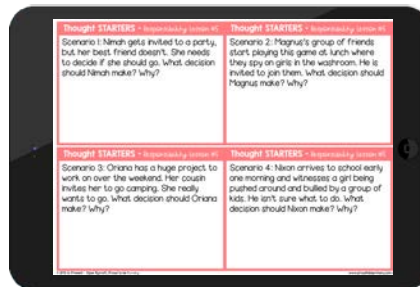
Role Application

Lesson 5 - Decision Making

Lesson 5 teaches kids to describe what decision making is and how to make thoughtful decisions (with a clear understanding of choices and consequences). They will describe and use the STAR decision making model.



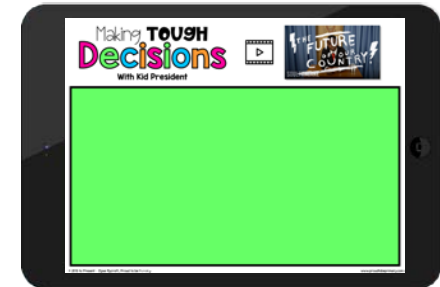
Lesson Plan



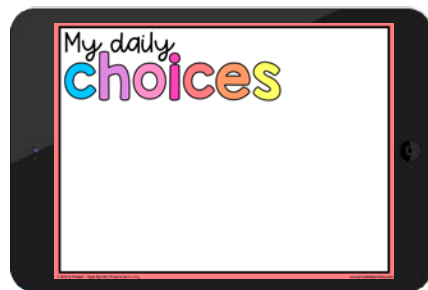
Starter & Challenges



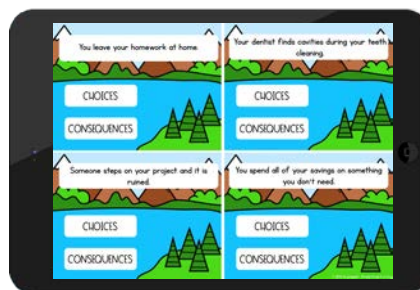
Digital Chart & Posters



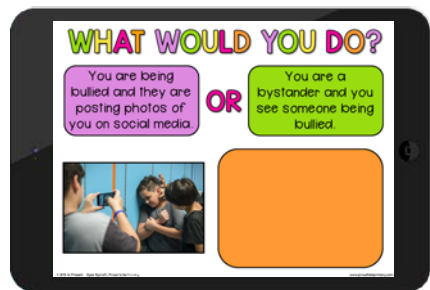
Book & Writing Activity



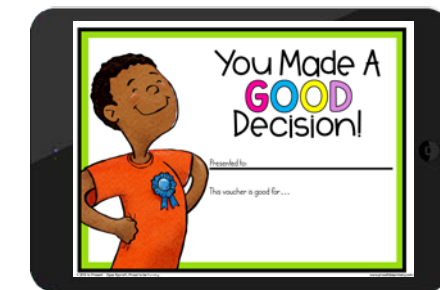
Daily Choices Brainstorm



Sorting Scenarios



Choice Activity



Student Vouchers

responsibility

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responsibility

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Answer questions regarding one's leadership qualities.

My Leadership Survey

Answer each question as thoroughly as possible. Think with a leadership mindset.

<p>Do you enjoy school and learning?</p> <p>Type here</p>	<p>What do you do when you have an idea?</p> <p>Type here</p>	<p>What are your roles in the classroom?</p> <p>Type here</p>	<p>Do you try to make the school a better place?</p> <p>Type here</p>	<p>How do you include others? Are you a team player?</p> <p>Type here</p>
<p>How do you speak to others?</p> <p>Type here</p>	<p>When you want to share your opinion, how do you do it?</p> <p>Type here</p>	<p>How do you show respect each day?</p> <p>Type here</p>	<p>Do you see yourself as a leader?</p> <p>Type here</p>	<p>Where do you see yourself in the future?</p> <p>Type here</p>

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responsibility

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Read different scenarios and determine whether they illustrate responsible behavior. Record on template provided with an alternative idea.

Is It Responsible?

Read the scenario on each Scoot card. Describe whether it illustrates responsible behavior in the corresponding spot below.

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16

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- Is It Responsible? ①
- Is It Responsible? ②
- Is It Responsible? ③
- Is It Responsible? ④
- Is It Responsible? ⑤
- Is It Responsible? ⑥
- Is It Responsible? ⑦
- Is It Responsible? ⑧
- Is It Responsible? ⑨
- Is It Responsible? ⑩
- Is It Responsible? ⑪
- Is It Responsible? ⑫
- Is It Responsible? ⑬
- Is It Responsible? ⑭
- Is It Responsible? ⑮
- Is It Responsible? ⑯

Washing your hands right away when you get home from school.

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Why mind+heart digital

The **mind+heart digital** social-emotional learning program was designed to help teachers guide and instruct kids to develop emotional awareness and social competence. The goal is for kids in grades 3-5 to develop a healthy sense of self and positive interpersonal skills, that will continue throughout their lives and lead to success in academics and beyond. Kids will learn to express emotions appropriately, develop a “growth mindset”, build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart digital complements the original version with the same great lessons that have been modified to fit digital learning. It adds a different modality for students to experience. Kids will have opportunities to learn, practice, and develop SEL through a variety of engaging lessons, warm-up ideas, and digital activities. The program provides teachers and parents with lesson plans, instructions, videos, and activities to support social-emotional learning in digital format. It is recommended that a group lesson be taught before but it is not mandatory.

mind+heart digital can be used in conjunction with the original mind+heart SEL 3-5 curriculum to enhance learning. It can also be used separately to further an individual's independent practice of social-emotional skills: in the classroom, in a homeschool setting, or in counselling sessions. This digital SEL program can be used in Google Classroom, Seesaw, and other similar platforms to support 1:1 classrooms in delivering a meaningful SEL program.

mind+heart digital aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable and accessible option that is structured and highly effective in 3-5 classrooms.

THANK YOU!

Thank you so much for downloading this resource! I appreciate your interest and hope that the resource is exactly what you are looking for. Remember to leave feedback for credits towards future purchases on TpT. I am always happy to answer any and all questions or concerns regarding this resource. Please email me at elyse@proudtobeprimary.com.



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Printable Curriculum

DIGITAL Social-Emotional Learning



3-5 Curriculum by Proud to Be Primary

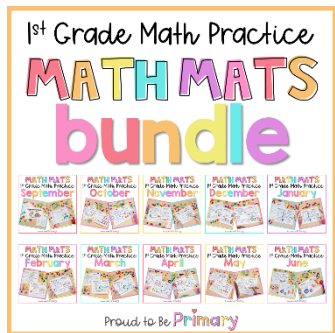
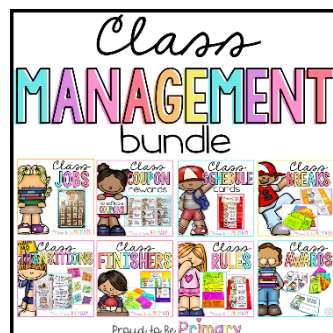
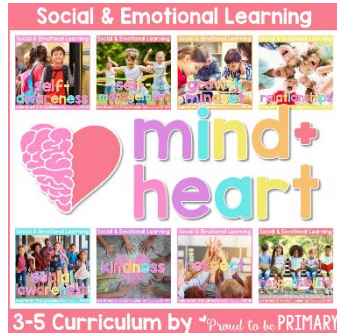
Digital Curriculum

Use both together to enhance learning and provide a meaningful SEL program.



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