Social & Emotional Learning

mind+heart 3-5 Curriculum by Proud to Be Primary

respect

DIGITAL UNIT

Proud to Be Primary

What is Included in this Unit

- 5 lessons that include detailed lesson plans
- Each lesson includes thought starter questions, digital anchor chart, lesson and follow-up activities
- Get started easily with copy links for Google Slides & interactive PowerPoint files that are ready for you!

digital mind+heart - respect Unit

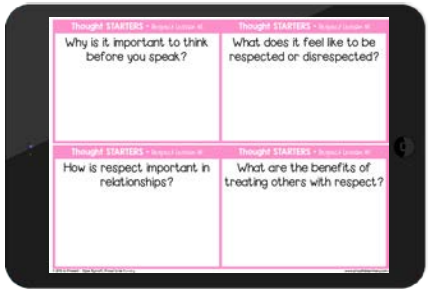
LESSON Overview

Lesson 1	What is Respect?
Lesson 2	Showing Respect
Lesson 3	Integrity & Honesty
Lesson 4	Accepting Differences
Lesson 5	Stereotyping

Lesson I - What is Respect?

Lesson I teaches to understand what respect is and describe how it sounds, looks, and feels.

Lesson Plan



Thought Starters

Digital Anchor Chart

Book & Writing Activity

Song & Response Activity

Respect Acronym Activity

Respect Mantras

Reflection Journal

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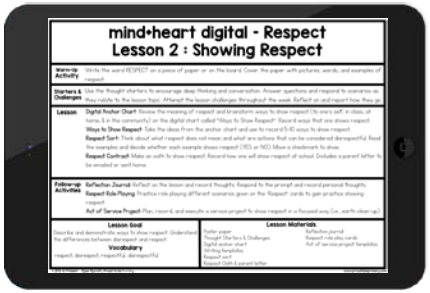
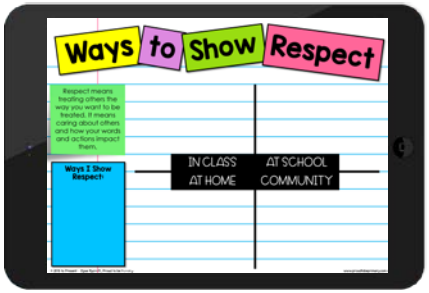
Lesson 2 - Showing Respect

Lesson 2 teaches children to describe and demonstrate ways to show respect in different places and ways. They will be encouraged to show respect each day.



Lesson Plans

Thought Starters



Digital Anchor Chart

Writing Activity

Sorting Activity

Oath & Parent Letter

Role Play Cards

Service Project

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Lesson 3 - Integrity & Honesty

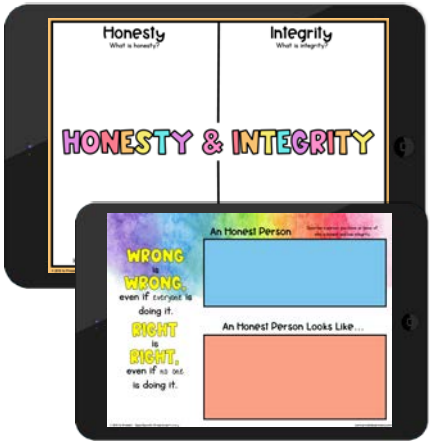
Lesson 3 teaches children to describe what honesty and telling the truth means and demonstrate ways of being honest.

Lesson Plan

Thought Starter

Digital Anchor Chart

Honesty Poster



Poster & Pamphlet

Book & Writing Activity

Self-Assessment

Game

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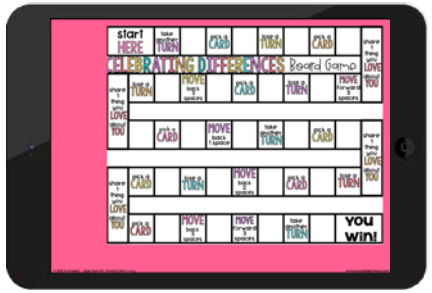
Lesson 4 - Accepting Differences

Lesson 4 teaches children to describe what gratitude means and the importance of giving thanks. Strive to give thanks and appreciate what they have.

Lesson Plan

Thought Starter

Digital Anchor Chart



Boardgame

Vocab. Posters

Book & Writing Activities

Sharing & Parent Letter

Peer Interview

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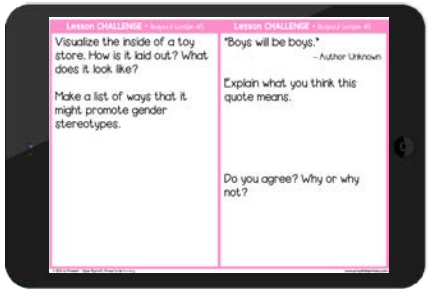
Lesson 5 - Stereotyping

Lesson 5 teaches children to understand and show appreciation of differences and similarities amongst classmates.

Lesson Plan



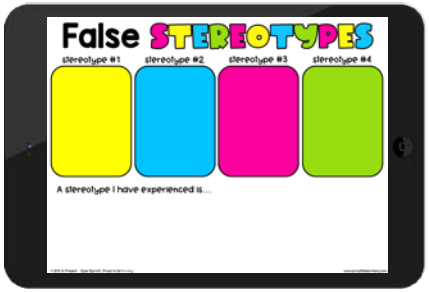
Thought Starter

Digital Anchor Chart

Poster

"I Feel" Poster Template

Emotions Scenarios



Talking Bubbles

Emotions Journal

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How to Use mind•heart digital

This **mind•heart digital** resource has been reformatted and modified to be taught digitally in conjunction with the printable version or independent of it. The lessons and activities have been adapted to be used online in digital teaching platforms and on devices.

Possible Uses:

- Students can complete assignments digitally after a classroom lesson
- Beneficial for one-to-one classrooms
- For use in Google Slides and Google Classroom
- Interactive PowerPoint files are included for use in various online apps or on your classroom devices

Benefits:

- Kids learn to use different digital methods and devices
- Gain practice and skills working and interacting online
- Provides 1:1 classrooms with meaningful digital activities
- Supports school counselors and provides materials for sessions
- Provides families with additional tools to support kids at home
- Works well in a homeschool setting
- Supports remote and distance learning

Why mind+heart digital

The **mind+heart digital** social-emotional learning program was designed to help teachers guide and instruct kids to develop emotional awareness and social competence. The goal is for kids in grades 3-5 to develop a healthy sense of self and positive interpersonal skills, that will continue throughout their lives and lead to success in academics and beyond. Kids will learn to express emotions appropriately, develop a "growth mindset", build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart digital complements the original version with the same great lessons that have been modified to fit digital learning. It adds a different modality for students to experience. Kids will have opportunities to learn, practice, and develop SEL through a variety of engaging lessons, warm-up ideas, and digital activities. The program provides teachers and parents with lesson plans, instructions, videos, and activities to support social-emotional learning in digital format. It is recommended that a group lesson be taught before but it is not mandatory.

mind+heart digital can be used in conjunction with the original mind+heart SEL 3-5 curriculum to enhance learning. It can also be used separately to further an individual's independent practice of social-emotional skills: in the classroom, in a homeschool setting, or in counselling sessions. This digital SEL program can be used in Google Classroom, Seesaw, and other similar platforms to support 1:1 classrooms in delivering a meaningful SEL program.

mind+heart digital aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable and accessible option that is structured and highly effective in 3-5 classrooms.

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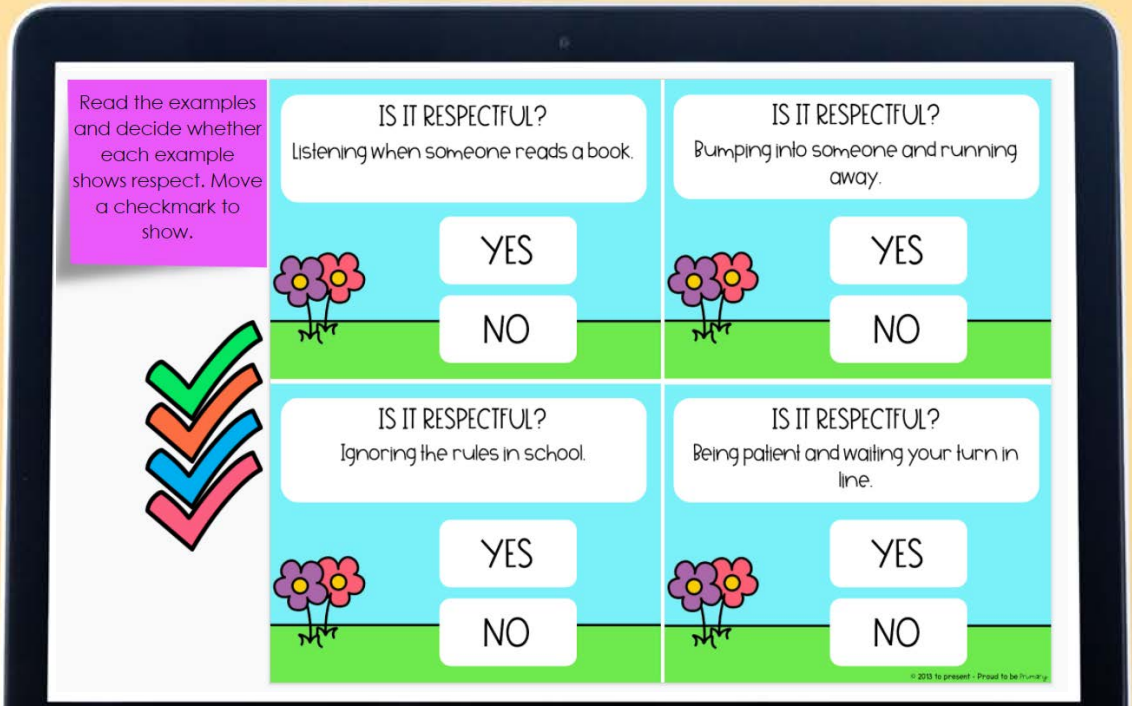

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THANK YOU!

Thank you so much for downloading this resource! I appreciate your interest and hope that the resource is exactly what you are looking for. Remember to leave feedback for credits towards future purchases on TpT. I am always happy to answer any and all questions or concerns regarding this resource. Please email me at elyse@proudtobeprimary.com.

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Digital Curriculum

Use both together to enhance learning and provide a meaningful SEL program.

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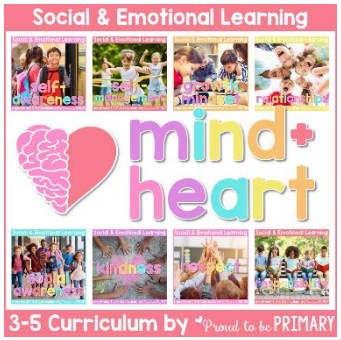

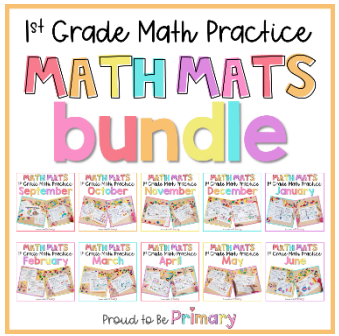

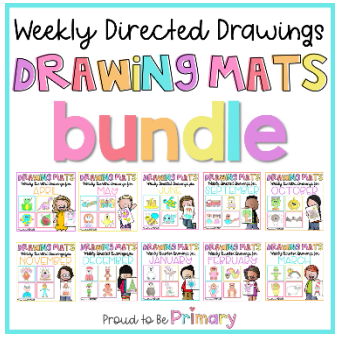

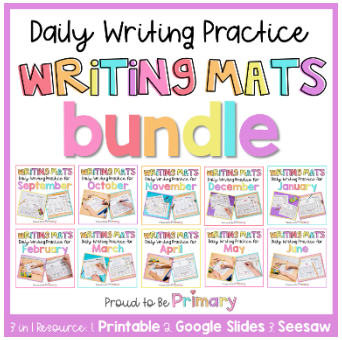

Head to shop.proudtobeprimary.com for a complete listing of resources.