

Social & Emotional Learning



mind+heart K-2 Curriculum by *Proud to Be* Primary

Why mind+heart digital

The **mind+heart digital** social-emotional learning program was designed to help teachers guide and instruct children to develop emotional awareness and social competence. The goal is for K-2 children to develop a healthy sense of self and positive interpersonal skills, that will continue throughout their lives and lead to success in academics and beyond. Kids will learn to express emotions appropriately, develop a “growth mindset”, build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart digital complements the original version with the same great lessons that have been modified to fit digital learning. It adds a different modality for students to experience. Children will have opportunities to learn, practice, and develop SEL through a variety of engaging lessons, warm-up ideas, and digital activities. The program provides teachers and parents with lesson plans, instructions, videos, and activities to support social-emotional learning in digital format. It is recommended that a group lesson be taught before but it is not mandatory.

mind+heart digital can be used in conjunction with the original mind+heart SEL K-2 curriculum to enhance learning. It can also be used separately to further a child's independent practice of social-emotional skills: in the classroom, in a homeschool setting, or in counselling sessions. This digital SEL program can be used in Google Classroom, Seesaw, and other similar platforms to support 1:1 classrooms in delivering a meaningful SEL program.

mind+heart digital aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable and accessible option that is structured and highly effective in K-2 classrooms.

How to Use mind+heart digital

This **mind+heart digital** resource has been reformatted and modified to be taught digitally in conjunction with the printable version or independent of it. The lessons and activities have been adapted to be used online in digital teaching platforms and on devices.

Possible Uses:

- Students can complete assignments digitally after a classroom lesson
- Beneficial for one-to-one classrooms
- For use in Google Slides and Google Classroom
- For use in Seesaw Class App (Compatible with Chromebooks, computers, iPads, iPhones, Android tablets, Android phones, Kindle Fire)

Benefits:

- Kids learn to use different digital methods and devices
- Gain practice and skills working and interacting online
- Provides 1:1 classrooms with meaningful digital activities
- Supports school counselors and provides materials for sessions
- Provides families with additional tools to support kids at home
- Works well in a homeschool setting
- Supports remote and distance learning



relationships

DIGITAL UNIT

Proud to Be
Primary

What is Included in this Unit

- ♥ 5 lessons that include detailed lesson plans
- ♥ Each lesson includes thought starter questions, digital anchor chart, lesson and follow-up activities
- ♥ Get started easily with copy links for Google Slides & pre-loaded Seesaw activities that are ready for you!



Lesson 1 teaches children how to communicate and listen and speak effectively. They will practice and build conversation skills.



Digital Anchor Chart



Show & Tell Activity

Lesson 2 - Sharing & Taking Turns

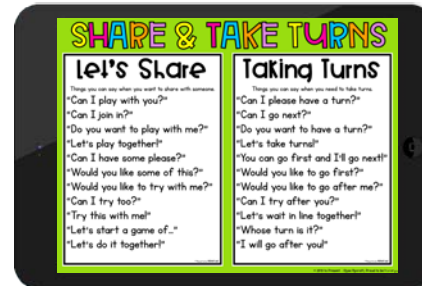
Lesson 2 teaches children to understand what sharing and taking turns is and demonstrate the ability and willingness to do both effectively.



Lesson Plan



Thought Starters



Scripts



Digital Anchor Charts



Online Read Aloud



Story Response



Turn Taking Apps



Sharing Journal

Lesson 3 - How to Be a Good Friend

Lesson 3 teaches children to describe what a friend is and demonstrate how to be a good friend through words and actions.



Lesson Plan



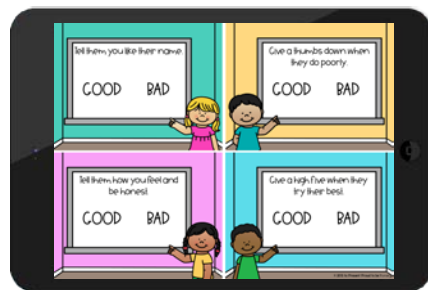
Thought Starters



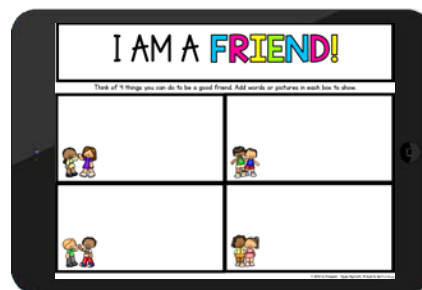
Friend Characteristics



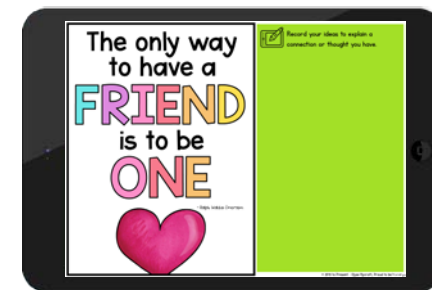
Digital Anchor Chart



Type of Friend Activity



"I Am A Friend!" Activity



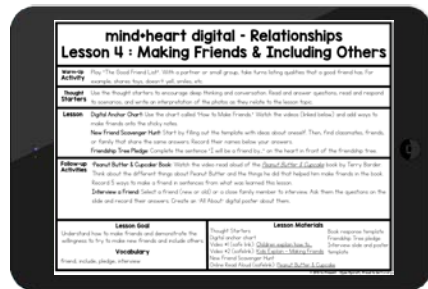
Quote Posters



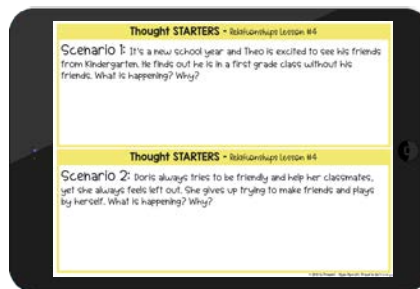
Storybook

Lesson 4 - Making Friends & Including Others

Lesson 4 teaches children to understand how to make friends and demonstrate the willingness to try to make new friends and include others.



Lesson Plan



Thought Starters



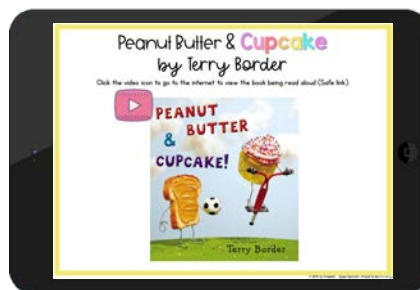
Digital Anchor Chart



New Friend Activity



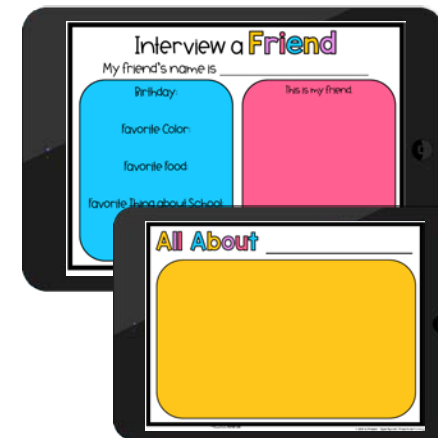
Friendship Pledge



Online Read Aloud



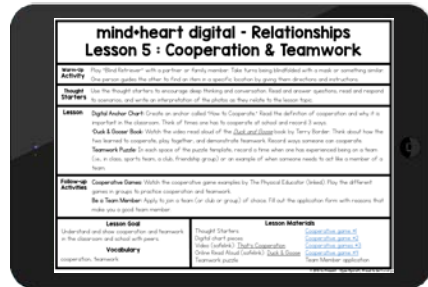
Story Response



Interview Activity

Lesson 5 - Cooperation & Teamwork

Lesson 1 teaches children to identify and label 12 major emotions and other terminology commonly used for those emotions with the use of emotions posters. Children will draw facial expressions, recognize their own emotions, and match emotions with words.



Lesson Plan



Thought Starters



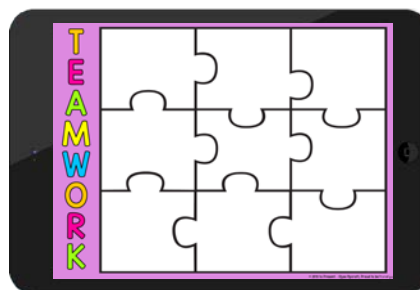
Digital Anchor Chart



Online Read Aloud



Story Response



Teamwork Activity



Cooperative Games



Application Form Activity

relationships

DIGITAL UNIT

The GOOD FRIEND Characteristics I have

#1



A good friend is
HONEST

#2



A good friend
SHARES

I want to get better at:

#3



A good friend
is **GIVING**

#4



A good friend
LISTENS

I will be a better **FRIEND** by:

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relationships DIGITAL UNIT



RELATED RESOURCES

Click on any teacher resource to see more details in store!

Social & Emotional Learning



K-2 Curriculum by Proud to be PRIMARY

Printable Curriculum

Social-Emotional Learning



DIGITAL BUNDLE
mind+heart



K-2 Curriculum by Proud to Be Primary

Digital Curriculum

Use both together to enhance learning and provide a meaningful SEL program.



BEST SELLING teacher resources

Click on any teacher resource to see more details in store!

Social & Emotional Learning



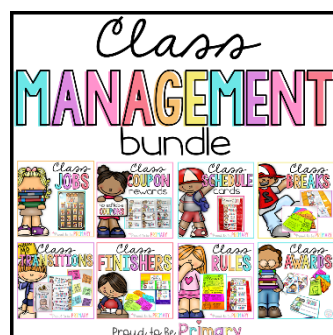
K-2 Curriculum by *Proud to be PRIMARY

Social & Emotional Learning



3-5 Curriculum by *Proud to be PRIMARY

Class MANAGEMENT bundle



Proud to be PRIMARY

Non-Fiction & Science Units FOR THE WHOLE YEAR



17 UNIT BUNDLE

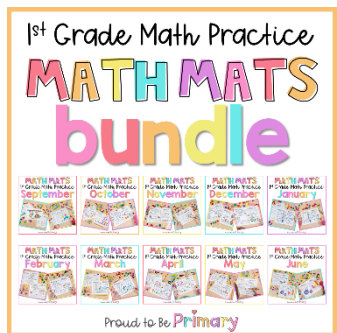
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Poem of the Week

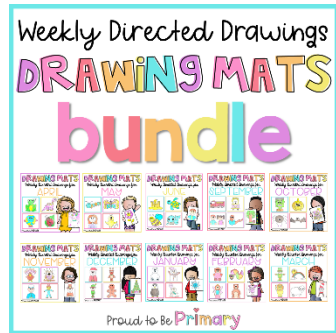
BUNDLE by Proud to Be PRIMARY

1st Grade Math Practice MATH MATS bundle



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Weekly Directed Drawings DRAWING MATS bundle



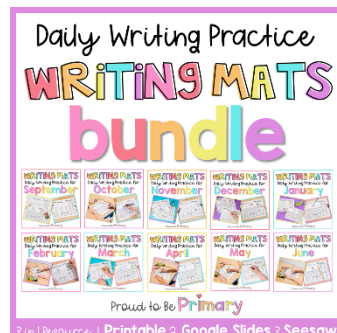
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Daily Listening Practice LISTENING MATS bundle



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Daily Writing Practice WRITING MATS bundle



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7 in 1 Resource: 1 Printable 2 Google Slides 3 Seesaw

Daily Reading Practice COMPREHENSION MATS bundle



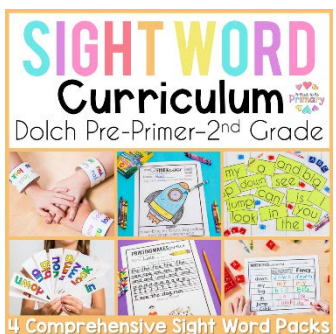
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SIGHT WORD Curriculum Fry's First 300 Words



6 Comprehensive Sight Word Packs

SIGHT WORD Curriculum Dolch Pre-Primer-2nd Grade



4 Comprehensive Sight Word Packs

Mindful MATH Kindergarten Curriculum Bundle



10 Comprehensive Math Units

Mindful MATH 1st Grade Math Curriculum Bundle



10 Comprehensive Math Units

Mindful MATH Second Grade Curriculum Bundle



10 Comprehensive Math Units

Head to www.shopproudtoprimary.com for a complete listing of resources.