# Mindful MATF Proud to Be Primary 

## Mindful MATH

## 20

## What is Included in this Comprehensive Unit:

- A month's worth of instruction
- Standard-based lessons - 10 detailed lesson plans Differentiated practice worksheets
- Warm-up task cards
- Mental Math flash cards
- Math journal prompts
- Math games
- Math centers
- Two assessments: Quick Check task cards \& posttests



## Mindful MATH 

## Addition to 20

## What's included in this 400-page unit:

Detailed Lesson Plans


Task Cards

Booklists


Math Journals


Posters \& Materials


Mental Math Cards


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## Addition to 20

# What's included in this 400-page unit: 

Worksheets


Assessments


Problem Book


Answer Keys


Hands-On Activities


Centers


## This Mindful MATH unit covers

- Addition strategies to 20
- Word problems
- Counting on
- Using a number line \& a chart to add
- Making 10
- Doubles to 12
- Commutative\& Associative Property
- Fact families
- Relationship between + \& Proud to Be Primary



# Proud to Be Primary <br> Mindful MATH has WHAT TEACHERS LOVEI 

- This ONE math curriculum unit is all you need to teach this math concept and meet the standards.
- Use the lesson and follow-up activities to cover your math block each week.
- The unit easily extends to an entire month of instruction.
- It covers standards and skills that First Grade students need to learn before Second Grade!
- It saves you time as the planning is done for you!
- Make math FUN with a variety of activities.
- Keep kids engaged and help them build important math skills and fluency!
- You will have ALL the materials you need to successfully teach (with no need to supplement)!



# Proud to Be Primary <br> <br> Teachers Love Mindful MATI 

 <br> <br> Teachers Love Mindful MATI}

## Denise C. <br> 



This is an amazing resource! I love the variety of ways that children can show their understanding! It is nice to have access to the addition cards as well.


Our math units are enjoyed in thousands of classrooms worldwide!


## Mindful MATH:

## See a Lesson Plon Up-Close

Quick,
independent warm-up activities.

Mental math cards help build fluency.

Lesson can be easily broken down into mini-lessons and small-group instruction.

Use the lesson goal to guide the lesson.

Teach important math vocabulary.


## Mindful MATH

Warm-Up Task Cards
Task cards are a great warm-up to your math block. They provide a fun way to review and practice the skills taught in the lessons. Have students work independently, with a partner, or as a group to complete a quick math task using math manipulatives. Simply provide the prompt or task cards to get started!


# Mindful MATH 

## Concepit Postiens

Concept posters are included for every lesson in this unit. They clearly describe and illustrate the mathematical concept in the lesson. They are helpful to lead your lesson and as a visual reminder for students. Read the prompts to students, discuss, and then replicate the examples together.


## Mindful MATH:

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After each lesson, provide each student with a math journal prompt to review the concept taught. Have students complete the math journal prompt independently and show their work and understanding in a notebook. No more coming up with engaging prompts; these are done for you!


## Mindful MATH

Mental Math flashcards help build a child's mental math ability and fact fluency. Each lesson includes a creative way to use the cards, such as games, fact recall, and student call-out activities. These cards are also great to use as independent and small group review. Simply put them in a box for students to grab!


## Mindful MATH

## Practice Worksheets

Each lesson includes differentiated worksheets for your students to practice their math skills. Select the no-prep worksheets you wish for your students to complete, and then assign. These versatile pages are engaging, straightforward, and fun to complete.


|  |  |
| :---: | :---: |
| $4+1+6=$ | $5 \times 3 *$ |
|  |  |
| $8+2+4$ | $6+5+4=$ |
|  | $10+3+7=$ |

## Mindful MATH

## Math Centers \& Games

There are a variety of fun and engaging math activities included for every lesson. These hands-on activities encourage focused math practice. They are great for small groups, partner games, and math centers. You will have the materials and instructions to implement the activities quickly and easily!


## Mindful MATH:

## Math Assessments

There are two assessments included for every lesson: A 2-page post-test, as well as a Quick Check assessment task card. The post-test help provide you with data about how your students are doing and if they have acquired the necessary skills they need to know. Use the Quick Checks as a short activity for individuals or small groups to complete and show their understanding.



- Your Guided Math routine
- Whole group mini-lessons
- Small group instruction
- Supplement your math program
- Math warm-ups - Math centers - Assessments - Sub-plans - Home review


3. Complete each equ $10+4$ $6 \cdot 7$ $13+6$


12
$*$
3
7
7
7
7
ad 6 yellow mow many . How in total?


## Teachers Love Mindful MAATI[J]



Sarah S. 很


This was a great resource that provided me with engaging activities and games students could participate in to build on their addition skills.

Our math units are enjoyed in thousands of classrooms worldwide!


## Correlated to the United States Common Core Standards

## Lesson I

Addition Strategies to 20 (using drawings, ten frames, and objects)

Addition Word Problems (with two addends)

## Lesson 3

Counting On to Add to 20
I.OA.C. 5 I.OA.C. 6

## Lesson 4

Addition to 20 using a Number Line
I.OA.C. 5 \& Chart

## Lesson 5

Making IO \& Doubles to Add to 20

Lesson 6
Addition Word Problems (with
I.OA.A. 2 three addends)

## Lesson 7

Commutative Property of Addition
I.OA.B. 3

Lesson 8

Lesson 9

Relationship between Addition \& Subtraction (fact families \& missing addends)

Lesson 3

Lesson 4

Lesson 5

Lesson 6

Lesson 7

Lesson 8

Lesson 9

Lesson 10

## 

> Lesson I
> Addition Strategies to 20 (using drawings, ten frames, and objects)

Lesson 2

## Addition Word Problems (with two addends)

## mindqul MATH

## OVERVIE

Addition to 20 (understanding of operation \& process)
Addition to 20
(understanding of operation \& process)
Mental Math Strategies: counting on, making 10 , doubles

Addition to 20
(understanding of operation \& process)
Mental Math Strategies: counting on, making IO, doubles

Addition to 20
(understanding of operation \& process)
Addition to 20
(understanding of operation \& process)
Addition to 20
(understanding of operation \& process)
Addition to 20 (understanding of operation \& process)
Addition \& subtraction are related
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# How to Teach majith Easily \& Effectively With Elyse from Proud to Be Primary 

Learn about teaching math effectively in K-2 in our FREE e-course. CLICK to join!


Learn How to Teach MATH Effectively in K-2
with roationprimary

## Mindful MATHIN curriculum for k-2



Click the images to see the Mindful Math curriculum BUNDLES with EVERYTHING you need for the whole year!

# Want a FREE Sample of Mindful MATV? 

## SIGN UP TO GET A MINDFUL MATH

 LESSON \& MATERIALS FOR FREE!

I'd love for you to try a sample of Mindful Math with your students to see if it is a perfect fit for you and your students!

## CLICK HERE TO <br> GRAB YOUR <br> FREE SAMPLE

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## Why <br> Mindful MATH BACKGROUND

The Mindful Math curriculum incorporates focused math learning opportunities and many components within each unit. The activities are hands-on and mind-on, meaning students are actively working on math and engaging their minds. Mindful Math lessons encourage different ways of thinking and representing math concepts.

Mindful Math includes a variety of thoughtful lessons and activities to help meet the needs of learners and their learning styles. Students will have many opportunities to learn, practice, and review new strategies and develop math fluency through whole group warm-ups and lessons, mental math, journals, centers, games, and assessments.

Mindful Math was created to give teachers a comprehensive math curriculum that engages minds and leaves students knowledgeable and fluent in math concepts. The curriculum aligns to the U.S. Common Core standards, the Canadian math curriculums in B.C. and Ontario, as well as many other math curriculums around the world.

