

Mindful MATH

Proud to Be Primary

Addition to 10



1st Grade Comprehensive Math Curriculum

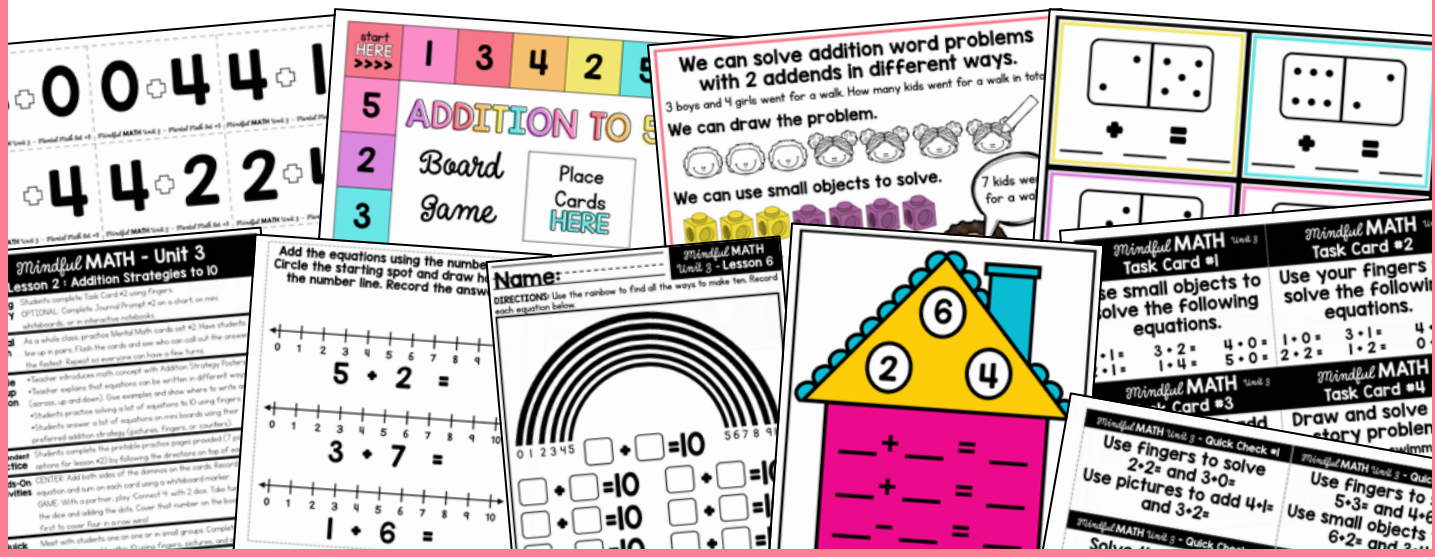
Mindful MATH



Addition to 10

What is Included in this Comprehensive Unit:

- ♥ A month's worth of instruction
- ♥ Standard-based lessons
- ♥ 10 detailed lesson plans
- ♥ Differentiated practice worksheets
- ♥ Warm-up task cards
- ♥ Mental Math flash cards
- ♥ Math journal prompts
- ♥ Math games
- ♥ Math centers
- ♥ Two assessments: Quick Check task cards & post-tests



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Addition to 10

What's included in this 300+ page unit:

Detailed Lesson Plans

Mindful MATH - Unit 3 Lesson 3 • Addition Word Problems with 2 Addends	
Opening Activity OPTIONAL: Complete Journal Page #43 on a student or teacher copy.	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.
Mindful MATH - Addition to 10 Lesson 2 • Addition Strategies to 10	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.
Opening Activity OPTIONAL: Complete Journal Page #43 on a student or teacher copy.	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.
Mindful Math As a whole class, practice Mental Math problems #1-10. Have students use a number line to solve each problem. Use the number line to solve each problem.	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.
Whole Group Lesson Teacher introduces each strategy with Addition Strategy Poster #2. Teacher explains that equations can be written in different ways. (Carrots up and down) Shows examples and shows how to write an equation. Students practice writing a set of equations to using finger. Students answer a set of equations or word problems using their preferred addition strategy. (Carrots up and down)	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.
Independent Practice Students complete the problems on their own. (Carrots up and down)	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.
Hands-On Activities Students complete the problems on their own. (Carrots up and down)	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.
Quick Checks Check that all students can solve each problem. (Carrots up and down)	Journal Page OPTIONAL: Complete Journal Page #43 on a student or teacher copy.

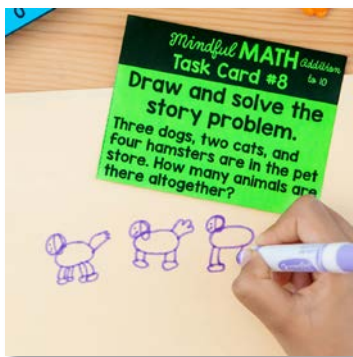
Booklists



Posters & Materials



Task Cards



Math Journals



Mental Math Cards



Mindful MATH



Addition to 10

What's included in this 300+ page unit:

Worksheets



Problem Book



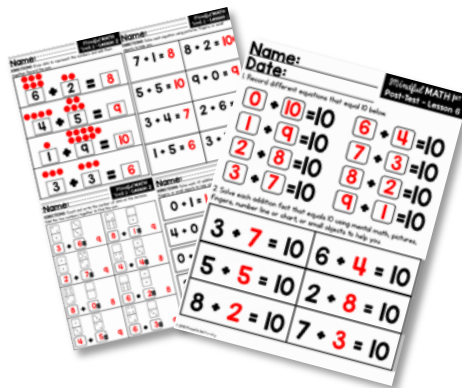
Hands-On Activities



Assessments



Answer Keys



Centers



This Mindful MATH unit covers

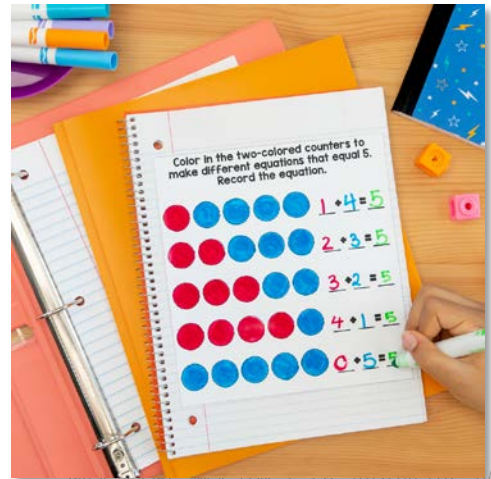
- ♥ Addition strategies
- ♥ Word problems
- ♥ Counting on
- ♥ Using a number line & a chart to add
- ♥ Making 10
- ♥ Doubles to 12
- ♥ Commutative Property of Addition
- ♥ Equal sign
- ♥ Relationship between + & -



Mindful MATH

HAS WHAT TEACHERS LOVE!

- This ONE math curriculum unit is all you need to teach this math concept and meet the standards.
- Use the lesson and follow-up activities to cover your math block each week.
- The unit easily extends to an entire month of instruction.
- It covers standards and skills that First Grade students need to learn before Second Grade!
- It saves you time as the planning is done for you!
- Make math FUN with a variety of activities.
- Keep kids engaged and help them build important math skills and fluency!
- You will have ALL the materials you need to successfully teach (with no need to supplement)!



Teachers Love Mindful MATH

Shannon B.



I absolutely love the ease of use of this resource! This is very well laid out and hits all the standards I need to teach. It is easy for the teacher and I love the sequence.

Our math units are enjoyed in thousands of classrooms worldwide!

Mindful MATH



See a Lesson Plan Up-Close

Quick, independent warm-up activities.

Mental math cards help build fluency.

Lesson can be easily broken down into mini-lessons and small-group instruction.

Use the lesson goal to guide the lesson.

Teach important math vocabulary.

<i>Mindful MATH - Addition to 10</i>	
Lesson 2 : Addition Strategies to 10	
Opening Activity	Students complete Task Card #2 using fingers. OPTIONAL: Complete Journal Prompt #2 on a chart, on mini whiteboards, or in interactive notebooks.
Mental Math	As a whole class, practice Mental Math cards set #2. Have students line up in pairs. Flash the cards and see who can call out the answer the fastest. Repeat so everyone can have a few turns.
Whole Group Lesson	*Teacher introduces math concept with Addition Strategy Poster #2. *Teacher explains that equations can be written in different ways (across, up and down) give examples and show where to write answers. *Students practice solving a list of equations to 10 using fingers. *Students answer a list of equations on mini boards using their preferred addition strategy (pictures, fingers, or counters).
Independent Practice	Students complete the printable practice pages provided (7 page options for lesson #2) by following the directions on top of each page.
Hands-On Activities	CENTER: Add both sides of the equation on the cards. Record the equation and sum on each using a whiteboard marker. GAME: With a partner, play Connect 4 with 2 dice. Take turns rolling the dice and placing the number on the board. The first to cover four in a row wins!
Quick Checks	Meet with students on one or in small groups. Complete Quick Check #2. (I can add within 10 using fingers, pictures, and small objects.)
Lesson Goal	Add to 10 using diff. strategies to add (fingers, pictures, and small objects).
Vocabulary	addition, add, sum, equation, plus, equal
Questions	How do you solve? What is the sum? What strategy?
Literature	If You Want to Be a Plus Sign by Trishia Shaskan
Lesson Materials	Task Card #2 Journal Prompt #2 Mental Math set #2 Addition Strategy Poster #2 Mini boards & markers Small objects Practice Pages Domino cards Connect 4 game board & dice Quick Check #2

Lessons for the whole group include teacher part and student practice of skills.

Differentiated practice pages build understanding of concepts.

Hands-on math activities, games, and centers build math fluency.

Two assessment options included.

Helpful literature connection.

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Warm-Up Task Cards

Task cards are a great warm-up to your math block. They provide a fun way to review and practice the skills taught in the lessons. Have students work independently, with a partner, or as a group to complete a quick math task using math manipulatives. Simply provide the prompt or task cards to get started!



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Concept Posters

Concept posters are included for every lesson in this unit.

They clearly describe and illustrate the mathematical concept in the lesson. They are helpful to lead your lesson and as a visual reminder for students. Read the prompts to students, discuss, and then replicate the examples together.

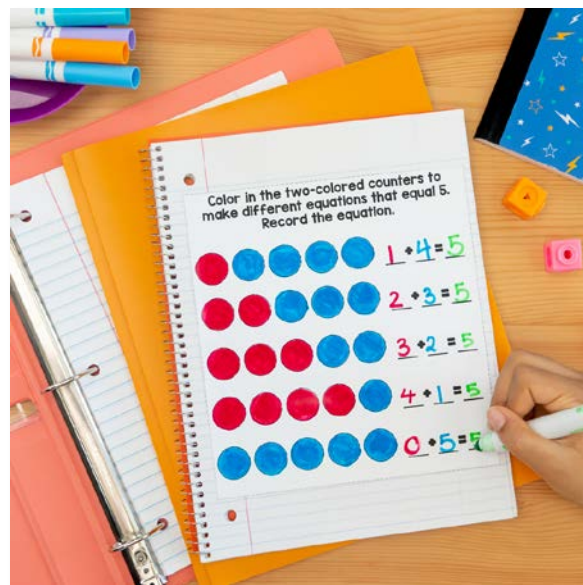


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Math Journals

After each lesson, provide each student with a math journal prompt to review the concept taught. Have students complete the math journal prompt independently and show their work and understanding in a notebook. No more coming up with engaging prompts; these are done for you!

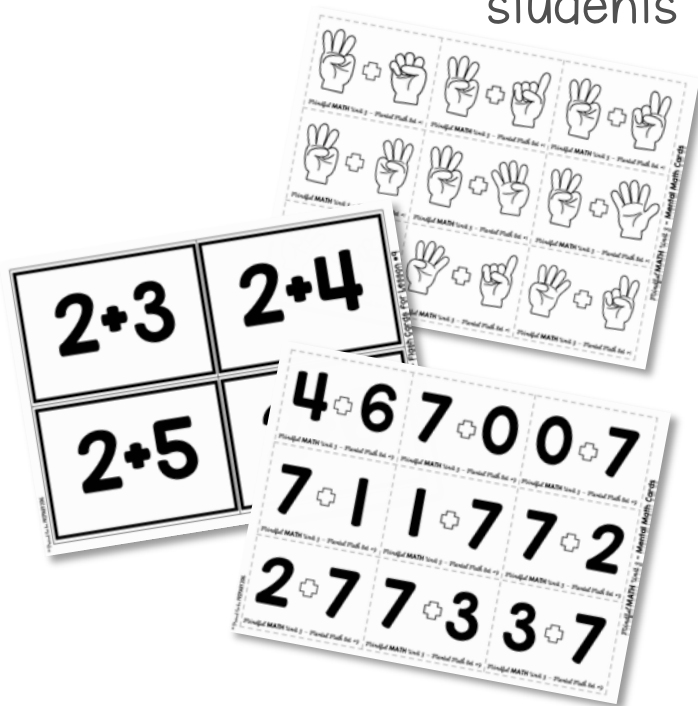


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Mental Math Flashcards

Mental Math flashcards help build a child's mental math ability and fact fluency. Each lesson includes a creative way to use the cards, such as games, fact recall, and student call-out activities. These cards are also great to use as independent and small group review. Simply put them in a box for students to grab!

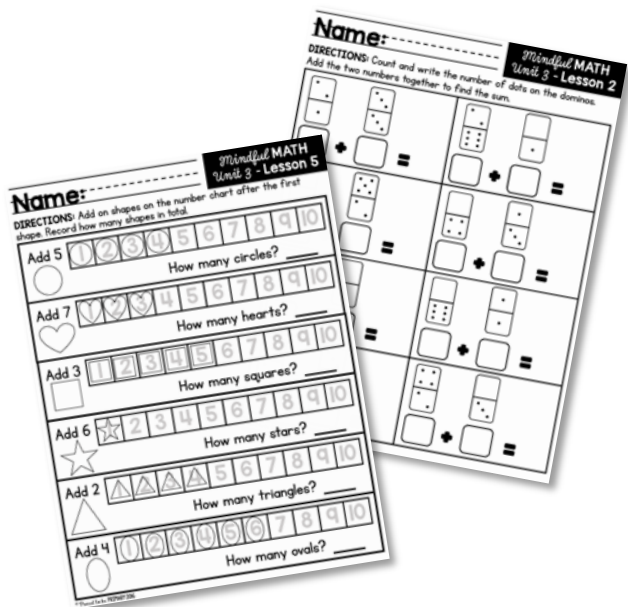


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Practice Worksheets

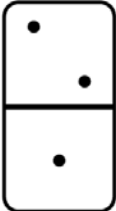

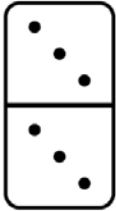

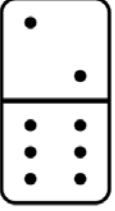



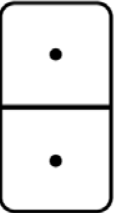

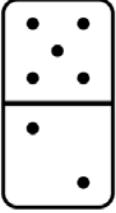



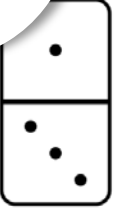

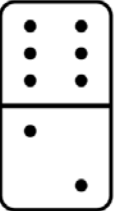

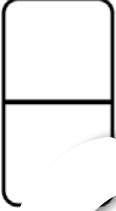

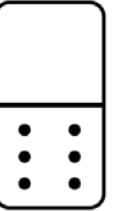

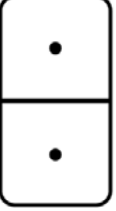

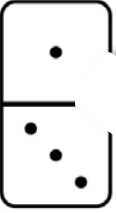



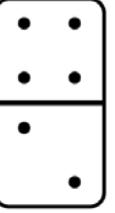

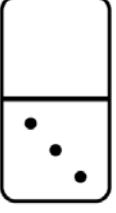

Each lesson includes differentiated worksheets for your students to practice their math skills. Select the no-prep worksheets you wish for your students to complete, and then assign. These versatile pages are engaging, straightforward, and fun to complete.



Name: _____

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Unit 3 - Lesson 2

DIRECTIONS: Count and write the number of dots on the dominoes.
Add the two numbers together to find the sum.

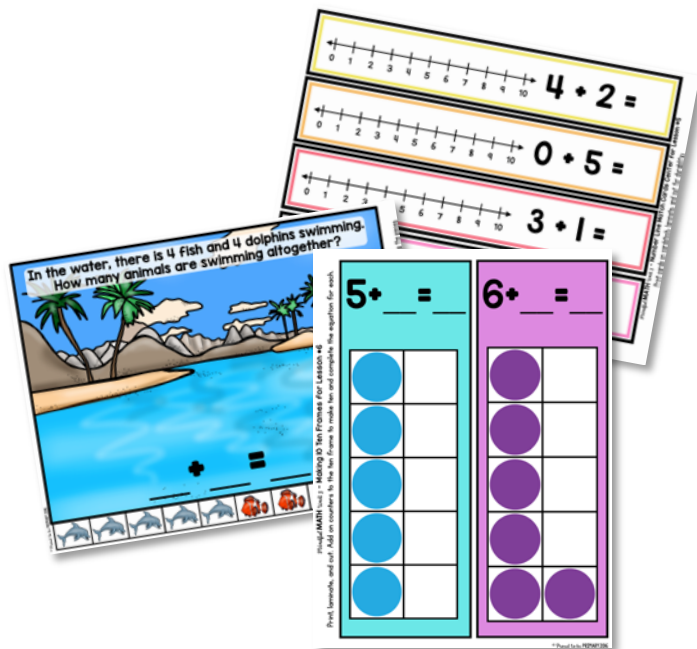
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Mindful MATH



Math Centers & Games

There are a variety of fun and engaging math activities included for every lesson. These hands-on activities encourage focused math practice. They are great for small groups, partner games, and math centers. You will have the materials and instructions to implement the activities quickly and easily!

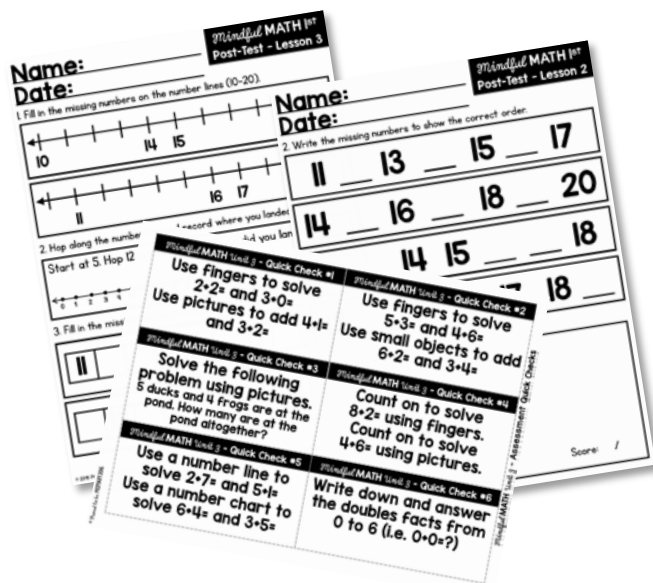


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Math Assessments

There are two assessments included for every lesson: A 2-page post-test, as well as a Quick Check assessment task card. The post-test help provide you with data about how your students are doing and if they have acquired the necessary skills they need to know. Use the Quick Checks as a short activity for individuals or small groups to complete and show their understanding.



Use Mindful MATH for...

- ♥ Your Guided Math routine
- ♥ Whole group mini-lessons
- ♥ Small group instruction
- ♥ Supplement your math program
- ♥ Math warm-ups
- ♥ Math centers
- ♥ Assessments
- ♥ Sub-plans
- ♥ Home review



Teachers Love Mindful MATH

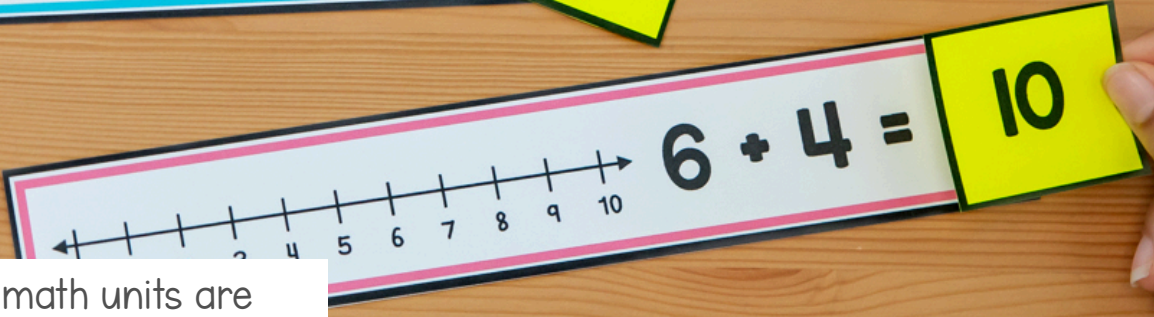
Proud to Be Primary

Simply P. 



This is such a great resource! It is well developed, easy to use. You get to teach using different strategies which overall engages the whole class. I love how each lesson plan is setup, you cover everything while using this resource. I will be going back for more!

Our math units are enjoyed in thousands of classrooms worldwide!


$$6 + 4 = 10$$



Mindful MATH

aligns to the
standards

- 1.OA.A.1
- 1.OA.A.2
- 1.OA.B.3
- 1.OA.C.5
- 1.OA.C.6
- 1.OA.D.7
- 1.OA.D.8

This unit aligns to first grade Common Core standards and other state and Canadian standards.

Use it to teach the standards in the U.S. and Canada.

Mindful MATH - Addition to 10

Overview

Correlated to the United States Common Core Standards

Lesson 1	Basic Addition to 5	I.OA.C.6
Lesson 2	Addition Strategies to 10 (using pictures, fingers, and objects)	I.OA.C.6
Lesson 3	Addition Word Problems (with two addends)	I.OA.A.1
Lesson 4	Counting On to Add to 10	I.OA.C.5 I.OA.C.6
Lesson 5	Addition to 10 using a Number Line & Chart	I.OA.C.5
Lesson 6	Making 10 & Doubles to 12	I.OA.C.6
Lesson 7	Addition Word Problems (with three addends)	I.OA.A.2
Lesson 8	Commutative Property of Addition	I.OA.B.3
Lesson 9	Equal Sign (=) & Building Fluency with Basic Addition Facts to 10	I.OA.C.6 I.OA.D.7
Lesson 10	Relationship between Addition & Subtraction (fact families)	I.OA.C.6 I.OA.D.8

Mindful MATH - Addition to 10

Overview

Correlated to British Columbia, Canada's BIG Ideas for K & Grade 1

Lesson 1	Basic Addition to 5	Addition to 20 (understanding of operation & process)
Lesson 2	Addition Strategies to 10 (using pictures, fingers, and objects)	Addition to 20 (understanding of operation & process)
Lesson 3	Addition Word Problems (with two addends)	Addition to 20 (understanding of operation & process)
Lesson 4	Counting On to Add to 10	Mental Math Strategies: counting on, making 10, doubles
Lesson 5	Addition to 10 using a Number Line & Chart	Addition to 20 (understanding of operation & process)
Lesson 6	Making 10 & Doubles to 12	Mental Math Strategies: counting on, making 10, doubles
Lesson 7	Addition Word Problems (with three addends)	Addition to 20 (understanding of operation & process)
Lesson 8	Commutative Property of Addition	Addition to 20 (understanding of operation & process)
Lesson 9	Equal Sign (=) & Building Fluency with Basic Addition Facts to 10	Addition to 20 (understanding of operation & process)
Lesson 10	Relationship between Addition & Subtraction (fact families)	Addition & subtraction are related

Mindful MATH - Addition to 10

Overview

Correlated to the NEW Ontario, Canada's Grade 1 Math Curriculum

Lesson 1	Basic Addition to 5	B2.2 recall and demonstrate addition facts for numbers up to 10 B2.4 use objects, diagrams, and equations to represent, describe, and solve situations involving addition
Lesson 2	Addition Strategies to 10 (using pictures, fingers, and objects)	B2.2 recall and demonstrate addition facts for numbers up to 10 B2.4 use objects, diagrams, and equations to represent, describe, and solve situations involving addition
Lesson 3	Addition Word Problems (with two addends)	B2.4 use objects, diagrams, and equations to represent, describe, and solve situations involving addition of whole numbers that add up to 50
Lesson 4	Counting On to Add to 10	B2.2 recall and demonstrate addition facts for numbers up to 10 B2.3 use mental math strategies to add whole numbers that add up to no more than 20
Lesson 5	Addition to 10 using a Number Line & Chart	B2.4 use objects, diagrams, and equations to represent, describe, and solve situations involving addition of whole numbers that add up to 50
Lesson 6	Making 10 & Doubles to 12	B2.3 use mental math strategies to add whole numbers that add up to no more than 20, and explain the strategies used
Lesson 7	Addition Word Problems (with three addends)	B2.4 use objects, diagrams, and equations to represent, describe, and solve situations involving addition of whole numbers that add up to 50
Lesson 8	Commutative Property of Addition	B2.1 use the properties of addition, and the relationship between addition and subtraction, to solve problems and check calculations
Lesson 9	Equal Sign (=) & Building Fluency with Basic Addition Facts to 10	B2.2 recall addition facts for numbers up to 10 B2.5 represent and solve equal-group problems B2.3 use mental math strategies
Lesson 10	Relationship between Addition & Subtraction (fact families)	B2.1 use the properties of addition and subtraction, and the relationship between addition and subtraction, to solve problems and check calculations

How to Teach **math** Easily & Effectively

With Elyse from Proud to Be Primary

Learn about teaching math effectively in K-2 in our **FREE** e-course.
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Learn How to Teach **MATH** Effectively in K-2

FREE lessons & activities
With Proud to Be Primary

Mindful **MATH** Curriculum for K-2



Click the images to see the Mindful Math curriculum **BUNDLES** with **EVERYTHING** you need for the whole year!

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I'd love for you to try a sample of Mindful Math with your students to see if it is a perfect fit for you and your students!

[**CLICK HERE TO
GRAB YOUR
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Why

Proud to Be Primary

Mindful MATH

BACKGROUND

The Mindful Math curriculum incorporates focused math learning opportunities and many components within each unit. The activities are hands-on and mind-on, meaning students are actively working on math and engaging their minds. Mindful Math lessons encourage different ways of thinking and representing math concepts.

Mindful Math includes a variety of thoughtful lessons and activities to help meet the needs of learners and their learning styles. Students will have many opportunities to learn, practice, and review new strategies and develop math fluency through whole group warm-ups and lessons, mental math, journals, centers, games, and assessments.

Mindful Math was created to give teachers a comprehensive math curriculum that engages minds and leaves students knowledgeable and fluent in math concepts. The curriculum aligns to the U.S. Common Core standards, the Canadian math curriculums in B.C. and Ontario, as well as many other math curriculums around the world.

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