

Social-Emotional

Proud to Be Primary

# kindness

## 5 K-2 BOOK COMPANIONS



**DISCUSSION**

**ACTIVITIES**

**WRITING**

**LESSONS**



# kindness Book Companions

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## SEE WHAT'S INCLUDED

- ♥ Detailed lesson plans to teach emotional awareness using the books Be Kind, Try a Little Kindness, A Little Spot of Kindness, The Cool Bean, and Kindness is a Kite String
- ♥ Anchor chart materials
- ♥ Book chat cards to use before, during, and after reading
- ♥ Writing templates
- ♥ 4 follow-up activities
- ♥ Google Slides
- ♥ Images for Seesaw & Interactive PowerPoint

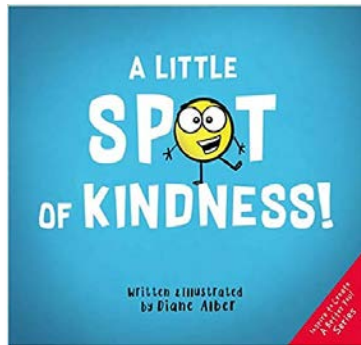
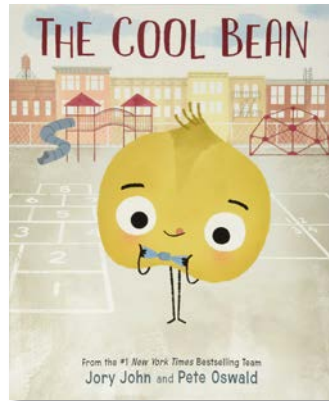
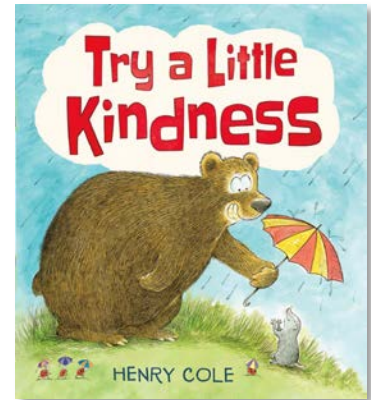




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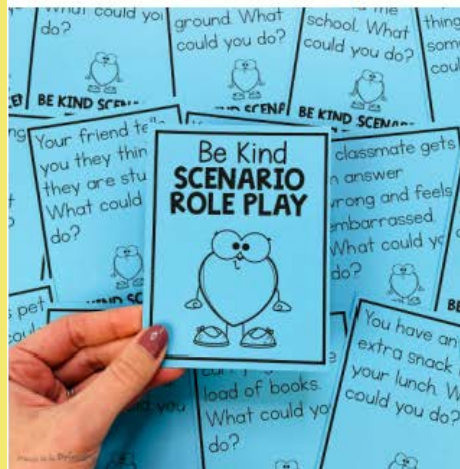
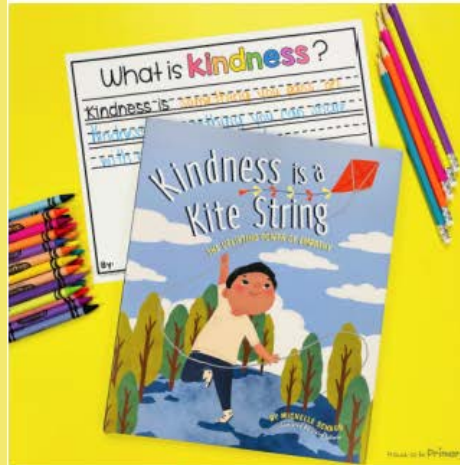
## 5 CHILDREN'S BOOKS





# Use the **book** companions for your

- ♥ Read aloud time
- ♥ SEL block
- ♥ Morning meeting
- ♥ Whole-class discussions
- ♥ Counselor lessons
- ♥ Sub-plans
- ♥ And much more!





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## LESSONS

There is a detailed lesson plan for each book with “Book Chat” cards and questions to guide your discussion before, during, and after reading. An interactive anchor chart and writing activity are included that focus on the social-emotional skill presented in the book and encourage children to express their thinking. This is an excellent way to incorporate social-emotional learning into your ELA block each week!





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## ACTIVITIES

Each book comes with 4 follow-up activities to build upon the book's social-emotional lesson. A fun variety of activities are included for independent, partner, and small group use. These high-interest activities are a great way to extend the book's discussion and build the social-emotional skills kids need!

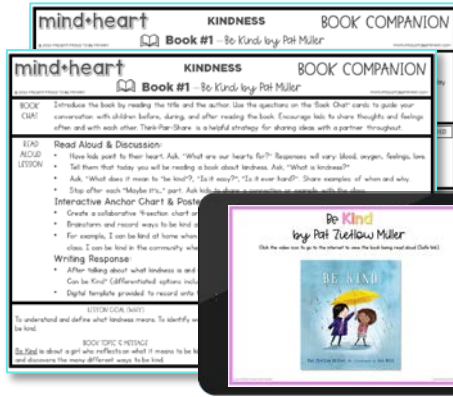






## Book #1 – Be Kind by Pat Miller

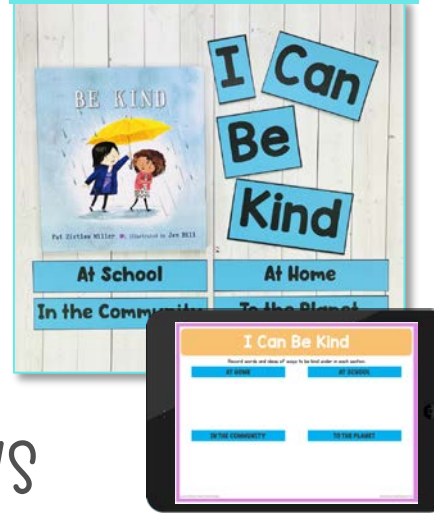
### Detailed Lesson Plan



### Book Chat Cards



### Anchor Chart



### Book Response



## printable + digital OPTIONS

### Be Kind Scenario Role Play



### "How to be Kind" Flipbook



### Be Kind Pledge & Certificate



### Rainbow Craftivity

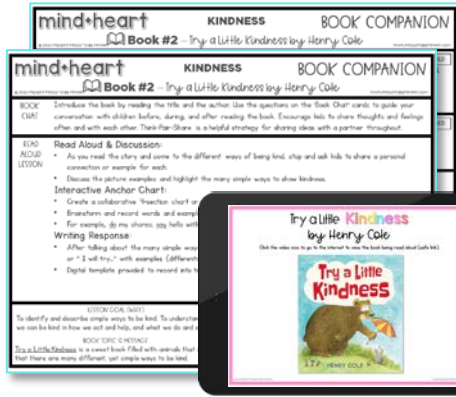




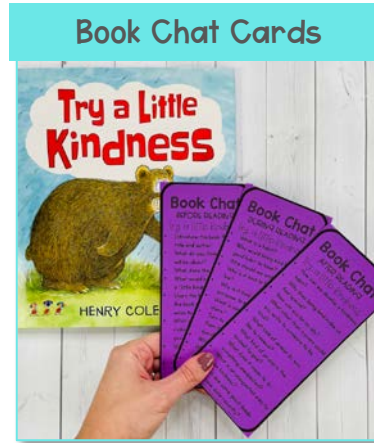


## Book #2 – Try a Little Kindness by Henry Cole

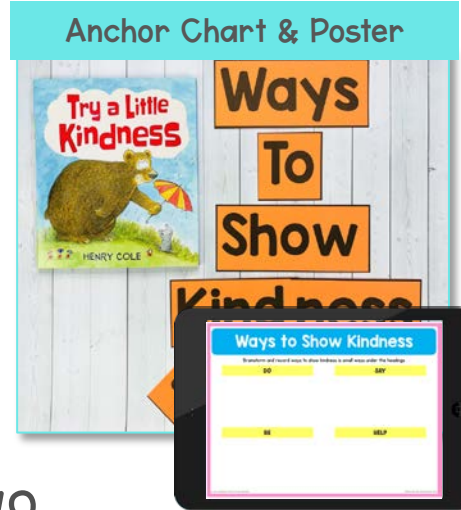
### Detailed Lesson Plan



### Book Chat Cards



### Anchor Chart & Poster



### Book Response

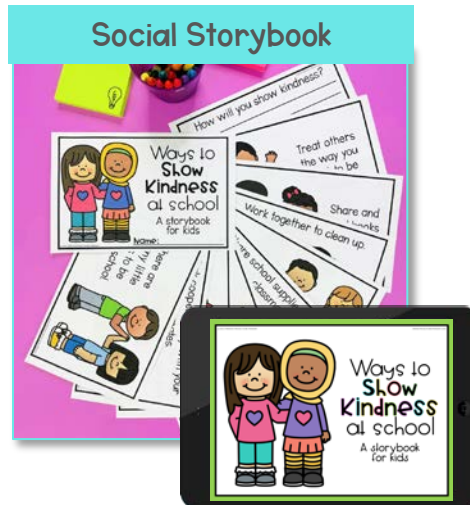


## printable + digital OPTIONS

### Tear Strips



### Social Storybook



### Kindness Cards



### Bucket List Craftivity





## **Book #3** – A Little Spot of Kindness by Diane Alber

### Detailed Lesson Plan



### Book Chat Cards



### Anchor Chart



### Book Response



## printable + digital OPTIONS

### Scavenger Hunt



### Punch & Sticker Cards



### Kind Goals Hat



### Kindness Note Template





## Book #4 – The Cool Bean by Jory John and Pete Oswald

### Detailed Lesson Plan



### Book Chat Cards



### Anchor Chart



### Book Response



## printable + digital OPTIONS

### Cool Kind Kid Sunglasses Self-Portrait



### Sunshine Mobile Craft



### Cool/Uncool Sort



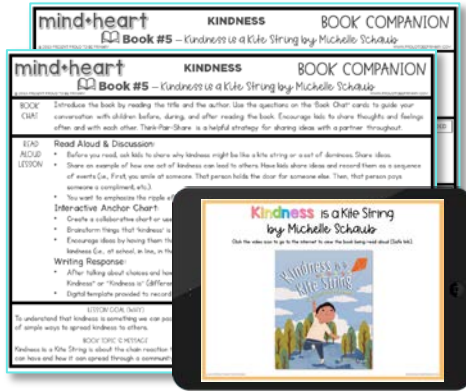
### "BEAN"GO Challenge





## **Book #5** – Kindness is a Kite String by Michelle Schaub

### Detailed Lesson Plan



### Book Chat Cards



### Anchor Chart



### Book Response



## printable + digital OPTIONS

### Kindness Kite Craft



### Kindness Calendar Poster Kit



### Random Acts List & Writing Templates



### Kite Directed Drawing





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## USE WITH GOOGLE

Each book companion comes with a digital anchor chart, writing template, and a few digital activities. They are ready in Google Slides for use in Google Classroom. The digital pages are great for use whole-group lessons and in a one-to-one classroom!









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## WHY YOU NEED THIS

- These children's books were carefully selected as they cover important SEL topics we need to teach to kids.
- Each book, lesson, and follow-up activities can cover a week of SEL instruction anytime of year.
- Facilitate meaningful discussions and keep kids engaged in important activities that build social and emotional skills.
- Cover important English Language Arts standards and build children's literacy skills with effective read aloud lessons.
- Each book comes with engaging printable and digital activities kids will enjoy!
- These versatile book companion lessons are great for whole-group lessons, homeschooling, and school counseling sessions.



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# Teachers Love Our **book lessons**

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Holly S.



"I love this - we use these every year in my classroom and I can't believe how much of a difference it makes. The book suggestions are awesome, the books are easy to find both in our public library and online as read alouds in case they aren't available, and the lessons are easy to follow. Love this resource so much!"

OF KIND

**Try a Little Kindness**



Our SEL book companions are enjoyed in thousands of classrooms worldwide!



# Learn More About

# mind+heart

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Learn about teaching social-emotional learning effectively in K-2 with our SEL curriculum.

CLICK to learn more!



## Social-Emotional Resources for K-2



Click the images to see the SEL curriculum BUNDLE & resources with EVERYTHING you need for a year of SEL!