## SOCIAL-EMOTIONAL LEARNING 3-5

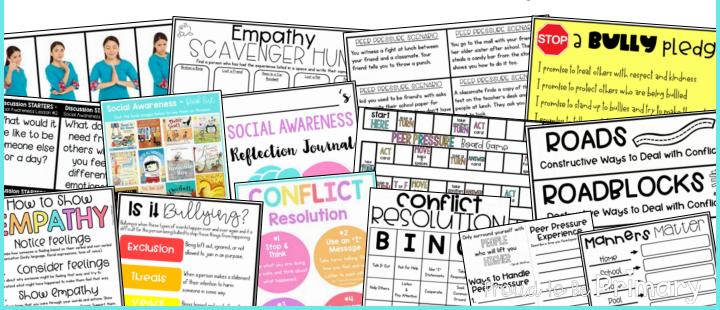
## SOCIA AVAITEMENTS

## 5 Weeks of Lessons & Activities



## See What's Included

- 5 detailed, research-based lessons and plans
- Lesson Topics: Social Cues
   & Expectations; Empathy;
   Peer Pressure; Conflict
   Resolution; Anti-Bullying
- Discussion/Challenge cards
- Community building activities
- Anchor charts
- Activities & games
- Tools & posters
- Refection journal



## See What's Included

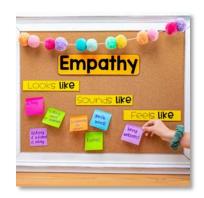
#### 5 Detailed Lesson Plans



### Discussion Starters & Challenges



#### Anchor Charts



#### Mentor Text List



Reflection Journal



Posters



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## See What's Included

Writing Activities



Tools



Role Play Cards



Games



Activities

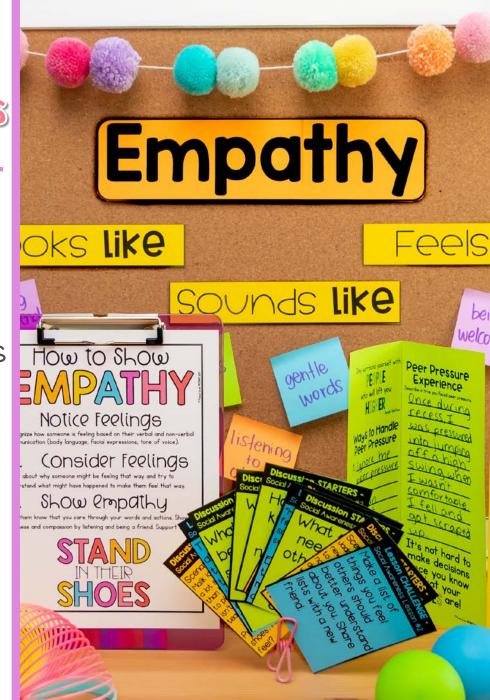


Family Guide



# This social awareness unit covers IMPORTANT topics

- Social Cues&Expectations
- Empathy
- PeerPressure
- ConflictResolution
- Anti-Bullying



### Proud to Be **Primary**

## This social awareness Unit HAS WHAT TEACHERS LOVE!

- This ONE SEL unit is all you need to teach kids empathy, conflict resolution, and anti-bullying strategies!
- Use each lesson and follow-up activities to cover a week of SEL instruction anytime of year.
- The unit easily extends to an entire month of SEL instruction.
- Facilitate meaningful discussions and keep kids engaged in important activities that build social and emotional skills and grow your classroom community.
- You will save time as the planning is done for you.
- Aligns to Social Awareness SEL standards and covers the most important lessons kids need!
- You will have ALL the materials you need to successfully teach (no need to supplement)!



## Teachers Love mindtheart



## See a Lesson Plan Up-Close

Community building activities get older kids warmed-up and ready for the lesson.

Interactive. detailed lessons for the whole group to complete together.

Use the lesson goal to guide the lesson.

Teach important SEL vocabulary.

#### mind+heart - Social Awareness **Lesson I: Social Cues & Expectations**

Building **Activity** 

Community Play "Charades" as a group in a circle. Give kids an action that they need to act out using only non-verbal cues (body language, facial expressions, actions) to tell peers what to do (i.e., sit down; be quiet, turn around, etc.).

Discussion Starters & Challenges

Use the discussion starters to have conversations with kids. Ask them questions and read the scenarios and encourage kids to respond a shar their thoughts. Encourage kids to take on a challenge from the task cards.

Whole Group

Social Expectations Discussion & Anchor Chart & & (1) had are social expectations?" (internal social norms that wide wat we do and how we Lesson Discuss what is expected at them in different situations restaurant, pint now et o write their ider

as in template. Ask the o lal Cues Discussion & Pho

nk people are feeling & saying in photos. I tones of voice (i.e., angry, tired, sarcastic, Talk about makes people feel. Discuss when each tone is acceptable.

2º (body lang)

w-up Reflection Journal: Reflect on the lesson through writing and drawing on page Ac ities I. Complete the prompt or record personal thoughts from the lesson.

Tone of Voice Game: With a partner, flip over two cards (one tone of voice and one sentence card). Read the sentence using the tone of voice. Disas Manner Matter: List the manners you show in different places you visit. Share and discuss these important expectations as a group.

Lesson Goal

Understand what social expectations are and attempt to follow them. Understand what social cues are and how they are used to communicate messages differently.

Vocabulary

Social expectation, social cue, body language, expression, tone of voice, manners

#### **Lesson Materials**

Charade game cards Discussion Starters & Challenge Task Cards Anchor chart pieces and chart paper Social expectations writing template Photos of individuals & description cards Tone of voice task cards

Tone of voice sentences Reflection Journal (pg. 1) Manners template

Discussion starters and lesson challenges to encourage a group discussion and challenge students to take action.

Hands-on activities, reflection journal, games, and tools that build social emotional skills.

All of the materials needed to complete lessons in a list.

## Discussion Cards & Challenges

Discussions are a great warm-up to your SEL block or morning meeting. The included discussion cards (questions and scenarios) provide a valuable way to engage kids and have them reflect and respond. Lesson challenges encourage kids to take action. No more coming up with engaging prompts and challenges; these are done for you!

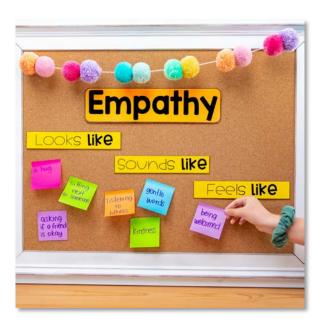




### **Anchor Chart & Posters**

Anchor chart materials are included for every lesson in this unit. The lesson plan clearly explains how to use it to support the main lesson. They are helpful to organize your lesson and as a visual for students. Simply print the anchor chart pieces and attach to your poster to get started!





## Support Materials

Support materials, such as bulletin boards and student tools, are included in this unit. They help children grasp the lesson and build important social-emotional skills. Create and use the tools as needed during your lessons and after to support your students.





## Writing Activities & Journal

Writing activities and a reflection journal are included to emphasize the lesson topics. Kids will enjoy reflecting on the lessons and books read, and writing about the important topics. You will have differentiated writing templates and journal pages to use and meet your students needs. Just print and go to implement the writing activities quickly and easily!





### **Activities & Games**

There are a variety of follow-up activities included for every lesson. These fun and engaging activities encourage students to build the important social-emotional skills taught in the lesson. There are independent, small group, and partner activities included, such as games, sorting activities, and role play scenario cards.





## BONUS: [amily Partnership Guide

Connect with and encourage families to take part in the socialemotional learning development of their child and the concepts you are teaching at school. This unit includes a printable guide with a letter to families, strategies and activities they can try at home, and a book guide with video links. Send it home before your unit begins. They will thank you!



## Use the social awareness which for your

- ♥ SEL block
- Morning meetings
- Whole-class discussions
- Small groups
  - Partner activities
  - Independent work
- Early finishers
- Counselor
- lessons

  Sub-plans
- And much more!



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## Teachers Love mind the art



## Learn More About mind+heart

Learn about teaching socialemotional learning effectively in K-2 with our SEL curriculum.

CLICK to learn more!







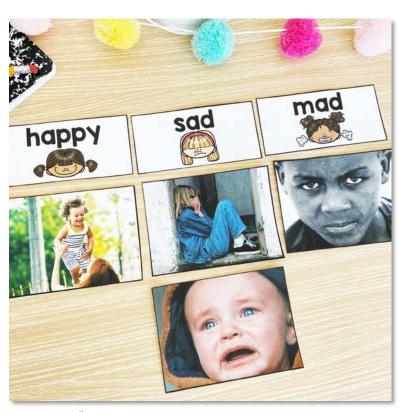


Click the image to see the SEL 3-5 curriculum BUNDLE with EVERYTHING you need for a year of SEL!

## Want a FREE Sample of mindtheart?



SIGN UP TO GET AN SEL LESSON & MATERIALS FOR FREE!





I'd love for you to try a sample of the MIND+HEART SEL Curriculum with your students to see if it is a perfect fit for you and your students!

CLICK HERE TO GRAB YOUR FREE SAMPLE!

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The mind+heart social and emotional learning curriculum was designed to help teachers instruct young children to develop emotional literacy, self-control, and social competence. The ultimate goal is for primary aged children to develop a healthy sense of self and positive peer relations, that will continue throughout their lives. Children will learn to express their emotions appropriately, solve problems, develop a "growth mindset", build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart includes a variety of thought provoking lessons and discussions, community building ideas, and engaging activities to help build important social and emotional skills. Children will have many opportunities to learn, practice, and develop SEL through a variety of lessons and activities. Teachers are provided with all lesson materials, instructions, and a layout that is simple and easy to implement. mind+heart is a flexible SEL curriculum that can be taught when teachers have time, while the recommendation is to teach a lesson once to twice or more a week.

mind+heart is research based and loosely aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable option that is comprehensive and appropriate for the K-2 classroom.