

Social-Emotional

Proud to Be Primary

self-esteem

5 K-2 BOOK COMPANIONS



DISCUSSION

ACTIVITIES

WRITING

LESSONS

self-esteem Book Companions

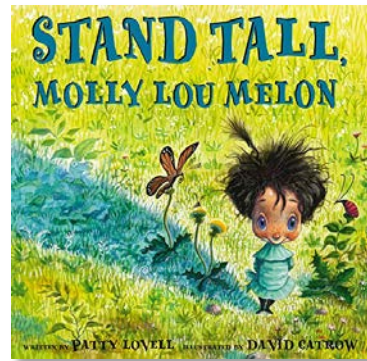
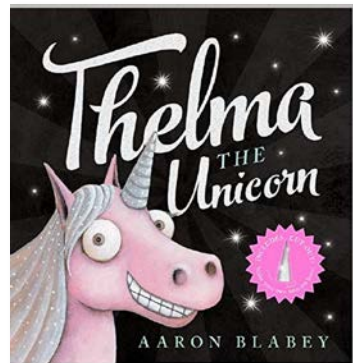
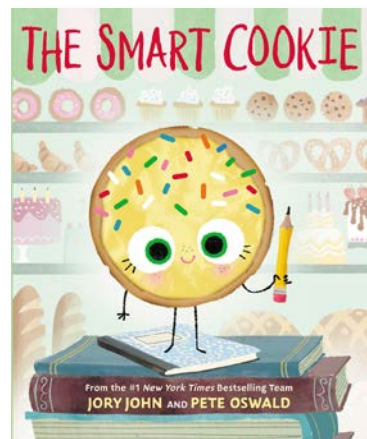
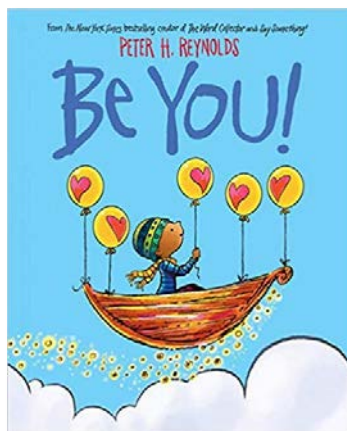
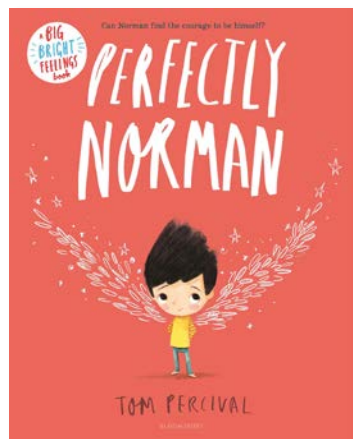
SEE WHAT'S INCLUDED

- ♥ Detailed lesson plans to teach emotional awareness using the books *Perfectly Norman*, *The Smart Cookie*, *Stand Tall, Molly Lou Melon*, *Be You!*, and *Thelma the Unicorn*
- ♥ Anchor chart materials
- ♥ Book chat cards to use before, during, and after reading
- ♥ Writing templates
- ♥ 4 follow-up activities
- ♥ Google Slides
- ♥ Images for Seesaw & Interactive PowerPoint



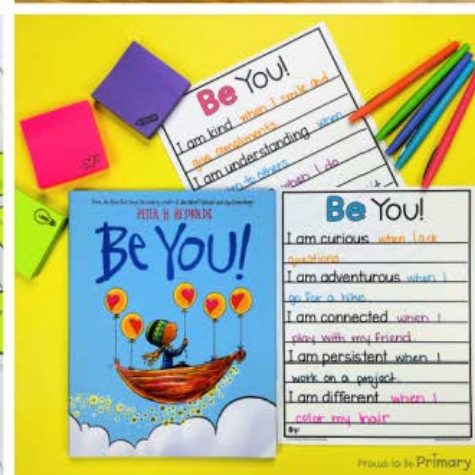
self-esteem Book Companions

5 CHILDREN'S BOOKS



Use the **book** companions for your

- ♥ Read aloud time
- ♥ SEL block
- ♥ Morning meeting
- ♥ Whole-class discussions
- ♥ Counselor lessons
- ♥ Sub-plans
- ♥ And much more!



self-esteem Book Companions

LESSONS

There is a detailed lesson plan for each book with “Book Chat” cards and questions to guide your discussion before, during, and after reading. An interactive anchor chart and writing activity are included that focus on the social-emotional skill presented in the book and encourage children to express their thinking. This is an excellent way to incorporate social-emotional learning into your ELA block each week!



self-esteem Book Companions

ACTIVITIES

Each book comes with 4 follow-up activities to build upon the book's social-emotional lesson. A fun variety of activities are included for independent, partner, and small group use. These high-interest activities are a great way to extend the book's discussion and build the social-emotional skills kids need!





Book #1 – Perfectly Norman by Tom Percival

Detailed Lesson Plan

mind+heart SELF-ESTEEM BOOK COMPANION
Book #1 – Perfectly Norman by Tom Percival

Read Aloud & Discussion:

- Start a conversation about what "normal" means. Ask kids if there is one way they are supposed to be and act or if everyone can be different. Discuss.
- As you read the story, have kids look for differences in how Norman feels and acts when he is wearing his coat and when he is not wearing the coat. List differences and act them out for the class.
- The goal is for children to see that Norman's differences are a shield strategy for sharing ideas with a partner throughout.

Writing Response:

- After talking about the importance of being "normal" with ways that they are different.
- Ask kids to share special, important, and "different" things about themselves.
- Digital templates provided to record only.

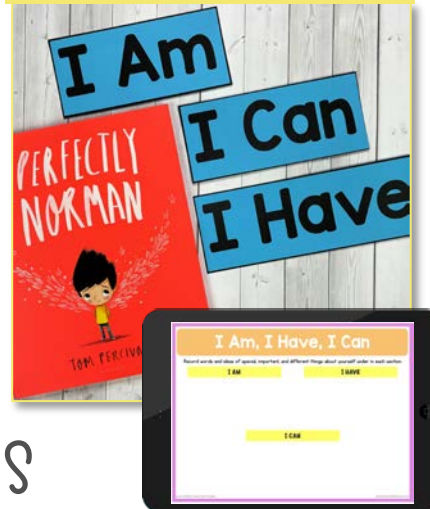
Discussion Questions:

- To understand how being different and sharing our differences will make us happy. To learn that there isn't one "normal" way to be.
- Book #1: Perfectly Norman by Tom Percival

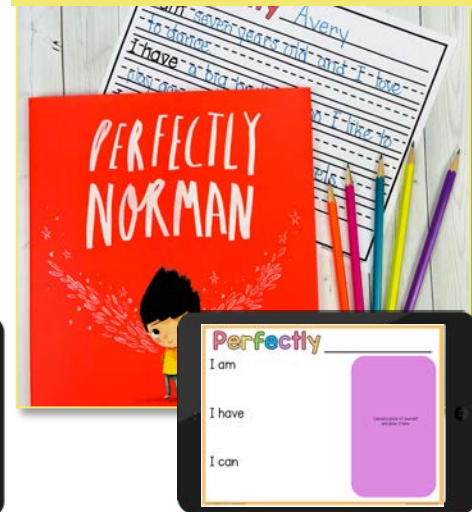
Book Chat Cards



Anchor Chart



Book Response

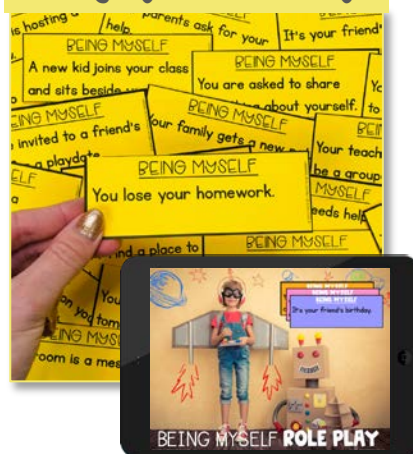


printable + digital OPTIONS

I Am/I Am Sometimes/I Am Not Sorting Activity



Being Myself Role Play



Perfectly Me Craftivity



I Am Poem



Book #2 – The Smart Cookie by Jory John & Pete Oswald

Detailed Lesson Plan



The lesson plan includes sections for: **Read Aloud & Discussion**, **Interactive Anchor Chart**, **Writing Response**, and **Reflection**. It provides a structured approach to teaching self-esteem through the book.

Book Chat Cards



Anchor Chart & Poster



Book Response



printable + digital OPTIONS

Craftivity & Bulletin Board Letters



Certificates



Journal



Task Cards



Book #3 – Thelma the Unicorn by Aaron Blabey

Detailed Lesson Plan



Book Chat Cards



Anchor Chart



Book Response



printable + digital OPTIONS

Board Game



Self-Love Cards & Notes



Craftivity

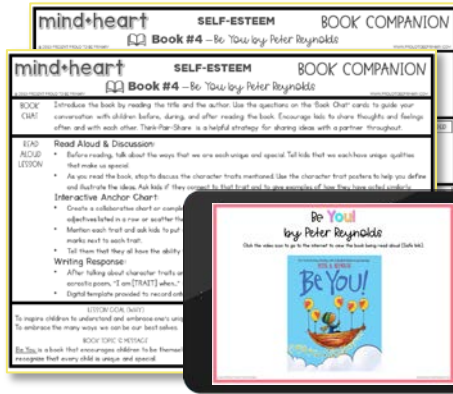


Directed Drawing & Writing



Book #4 – Be You by Peter H. Reynolds

Detailed Lesson Plan



Book Chat Cards



Anchor Chart

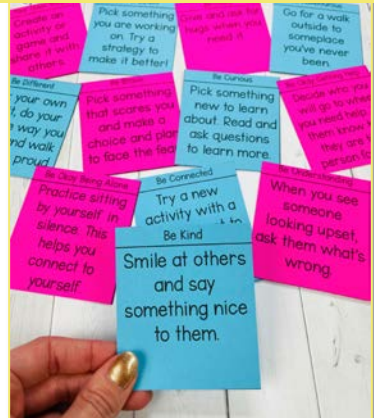


Book Response



printable + digital OPTIONS

Be Me Task Cards



Boat Craftivity



Be You Calendar



Social Story Book



Book #5 – Stand Tall, Molly Lou Melon by Patty Lovell

Detailed Lesson Plan



Book Chat Cards



Anchor Chart



Book Response



printable + digital OPTIONS

Confidence Quote Posters



Letter Writing



Confidence Questions



Foldable Booklet



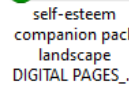
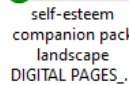
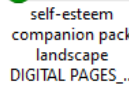
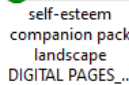
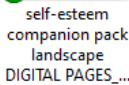
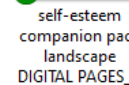
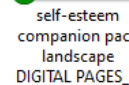
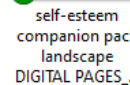
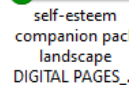
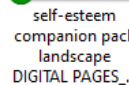
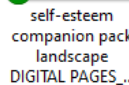
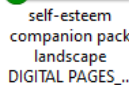
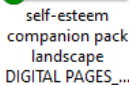
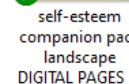
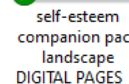
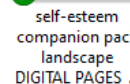
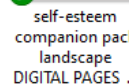
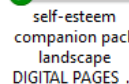
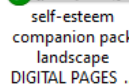
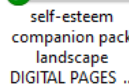
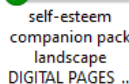
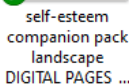
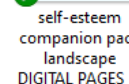
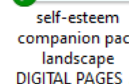
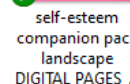
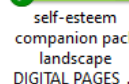
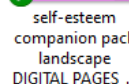
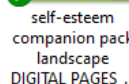
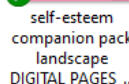
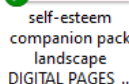
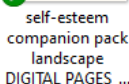
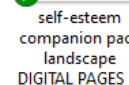
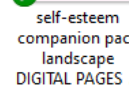
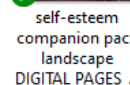
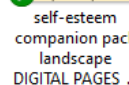
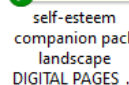
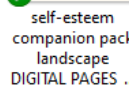
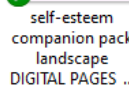
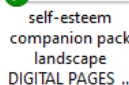
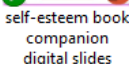
self-esteem Book Companions

USE WITH GOOGLE

Each book companion comes with a digital anchor chart, writing template, and a few digital activities. They are ready in Google Slides for use in Google Classroom. The digital pages are great for use whole-group lessons and in a one-to-one classroom!



IMAGES TO USE IN SEESAW



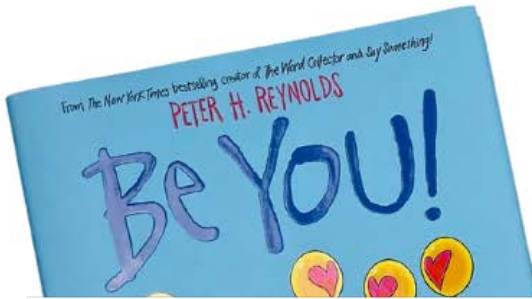
WHY YOU NEED THIS

- These children's books were carefully selected as they cover important SEL topics we need to teach to kids.
- Each book, lesson, and follow-up activities can cover a week of SEL instruction anytime of year.
- Facilitate meaningful discussions and keep kids engaged in important activities that build social and emotional skills.
- Cover important English Language Arts standards and build children's literacy skills with effective read aloud lessons.
- Each book comes with engaging printable and digital activities kids will enjoy!
- These versatile book companion lessons are great for whole-group lessons, homeschooling, and school counseling sessions.



Teachers Love Our **book lessons**

Proud to Be Primary



Carly C.



"My students loved these lessons and it was a great way to integrate SEL skills into our read alouds."



Our SEL book companions are enjoyed in thousands of classrooms worldwide!

Bestselling Team
TE OSWALD

Learn More About

mind+heart

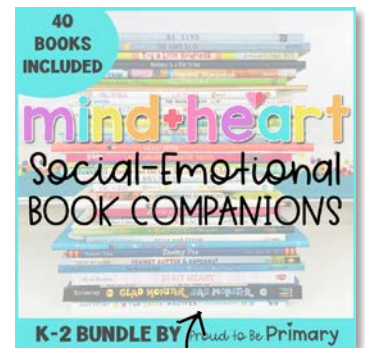
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Learn about teaching social-emotional learning effectively in K-2 with our SEL curriculum.

CLICK to learn more!



Social-Emotional Resources for K-2

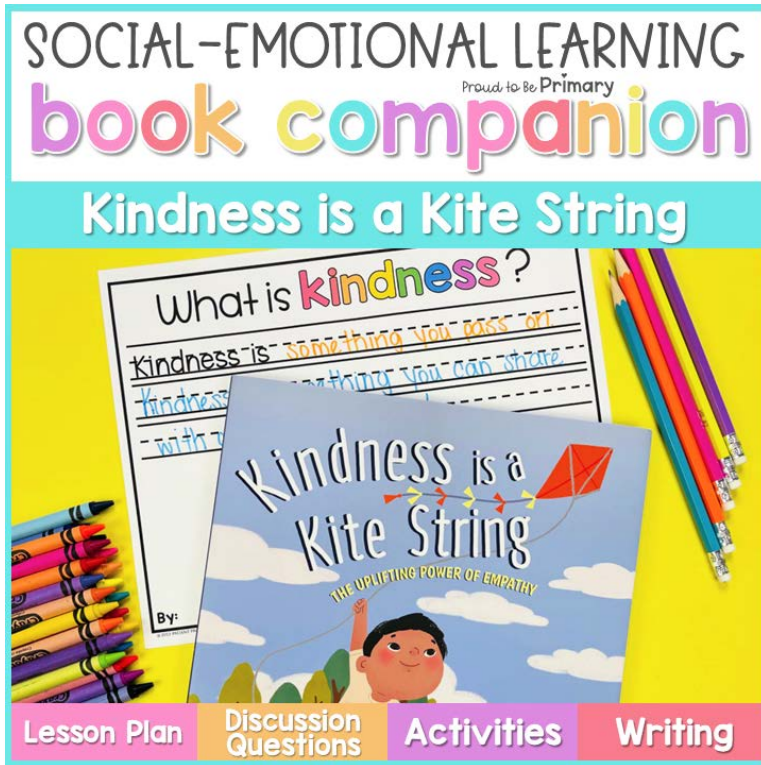


Click the images to see the SEL curriculum BUNDLE & resources with EVERYTHING you need for a year of SEL!

Want a FREE SEL book companion?



SIGN UP TO GET AN SEL BOOK
COMPANION & ACTIVITIES FOR FREE!



I'd love for you to try a
sample from the SEL Book
Companion Bundle with your
students to see if it is a
perfect fit for you and your
students!

[CLICK HERE TO
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