



mind+heart

Proud to Be Primary

Social-Emotional Learning

SCHOOL YEAR K-5 CURRICULUM

Proud to Be Primary
Social-Emotional Learning
40 WEEK K-2 CURRICULUM

SOCIAL-EMOTIONAL LEARNING K-2 emotions 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING K-2 self-management 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING K-2 growth mindset 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING K-2 relationships 5 Weeks of Lessons & Activities
SOCIAL-EMOTIONAL LEARNING K-2 social awareness 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING K-2 kindness 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING K-2 respect 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING K-2 responsibility 5 Weeks of Lessons & Activities

lesson plans activities posters + more



Proud to Be Primary
Social-Emotional Learning
40 WEEK 3-5 CURRICULUM

SOCIAL-EMOTIONAL LEARNING 3-5 self-awareness 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING 3-5 self-management 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING 3-5 growth mindset 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING 3-5 relationships 5 Weeks of Lessons & Activities
SOCIAL-EMOTIONAL LEARNING 3-5 social awareness 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING 3-5 kindness 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING 3-5 respect 5 Weeks of Lessons & Activities	SOCIAL-EMOTIONAL LEARNING 3-5 responsibility 5 Weeks of Lessons & Activities

lesson plans activities posters + more

lesson plans

activities

posters

+ more



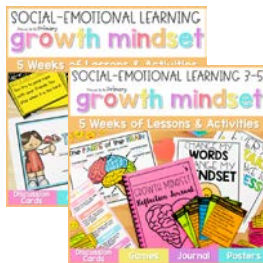
mind+heart

Proud to Be Primary

Social-Emotional Learning

What is Included in the K-5 Curriculum Bundle:

- ♥ 8 K-2 & 8 3-5 social-emotional learning units (40+ lessons in each)
- ♥ 8 months+ worth of instruction
- ♥ Aligns to SEL standards & CASEL's framework
- ♥ Detailed, research-based lesson plans
- ♥ Follow-up activities & games
- ♥ Posters & tools
- ♥ Anchor charts
- ♥ Writing prompts & book activities
- ♥ Discussion cards
- ♥ Community building activities



The SEL Curriculums for K-2 & 3-5 cover

IMPORTANT TOPICS

- ♥ Self-Awareness & Emotions
- ♥ Self-Management & Mindfulness
- ♥ Growth mindset
- ♥ Relationships
- ♥ Kindness
- ♥ Respect
- ♥ Responsibility
- ♥ Empathy & Social awareness





Proud to Be Primary

mind+heart

See What's Included

40+ Detailed Lesson Plans

mind+heart - EMOTIONS	
Lesson 1 - Identifying & Labelling Emotions	
Community Building Activity	Bring 3000 in into a circle. Ask them to show emotions with their faces and bodies when given different emotion words. For example, one 'Happy' and twelve or less sad and afraid with real faces.
Discussion Starters	Use the Discussion Starters to have open conversations with children. Ask the question(s), read the scenario(s), and show the photo(s) one at a time and encourage children to respond and share their thoughts.
Whole Group Lesson	Emotions Flasher Show each emotion poster one at a time and ask what it is showing. Encourage children to come up with different names for each emotion. Talk about facial expressions and body language and what the face/body is doing while showing each emotion. Have children model each emotion. Collaborative Anchor Chart! Create a chart called 'We all have emotions' using the pages provided. Get each child to draw a situation showing a certain feeling. Add to the anchor chart! Feelings Check-In Clip Chart! Give each child a clip with their name on it. They can attach their clip next to the emotion they are feeling.
Follow-up Activities	How Do They Feel? Memory Book Read the sentence on the page, trace the emotion, and complete the face by drawing to show that emotion. Emotions Memory Game Place a set of emotion and word cards upside down. Children need to match emotion pictures with emotion words. Emotions Memory Game Place a set of emotion and word cards upside down. Children need to match emotion pictures with emotion words.
Lesson Goal	Lesson Materials
Identify and label 12 major emotions based on facial expressions and body language. Recognize their own emotions.	Discussion Starters Emotions posters Anchor chart paper and chart paper The star and label slips for each child How Do They Feel? Memory Book (2 worksheets) Emotions Memory game Emotions Memory game Emotions Memory game
Vocabulary	
emotion, feeling, facial expression, body language, each of the 12 major emotions.	

Discussion Starters & Challenges



Anchor Charts



Mentor Text Lists



Journals



Posters & Tools





mind+heart

Proud to Be Primary

See What's Included

Writing Activities



Social Storybooks



Role Play Cards



Games



Activities



Family Guides



Teachers Love mind+heart

Mrs. G.



I cannot even begin to explain how relieved I am to have found this resource. I have used recommended published SEL curriculums such as Second Step and they have not even begun to address the needs of my students. I bought this with my own money, without my principal's consent, but once I started using it, and showed her how my students were using the language, vocabulary, and responding to the curriculum, she reimbursed me! I am recommending it to all my fellow teachers and I hope they purchase it as well!"

Our SEL units are enjoyed in thousands of classrooms worldwide!





mind+heart

Proud to Be Primary

HAS WHAT TEACHERS LOVE!

- This ONE SEL curriculum is all you need to teach kids foundational and important social-emotional skills in kindergarten through 3rd grade!
- Use each lesson and follow-up activities to cover a week of SEL instruction anytime of year.
- The curriculum easily extends to an entire year of SEL instruction.
- Facilitate meaningful discussions and keep kids engaged in important activities that build social and emotional skills and grow your classroom community.
- You will save time as the planning is done for you.
- Aligns to CASEL & other SEL standards and covers the most important lessons kids need!
- You will have ALL the materials you need to successfully teach (no need to supplement) SEL!



Use mind+ heart lessons for

- ♥ SEL block
- ♥ Morning meetings
- ♥ Whole-class discussions
- ♥ Small groups
- ♥ Partner activities
- ♥ Independent work
- ♥ Early finishers
- ♥ Counselor lessons
- ♥ Sub-plans
- ♥ And much more!



Teachers Love mind+heart

Kaitlyn J.



Not even joking! Get this bundle. This is the best purchase I've gotten on TPT! I love love love and will push and support and demand that schools have SEL in their schedule. It's so important! Every lesson my students have enjoyed AND I hear them using words like responsible, perseverance, and YET all the time.

Our SEL units are enjoyed in thousands of classrooms worldwide!

Learn More About

mind+heart

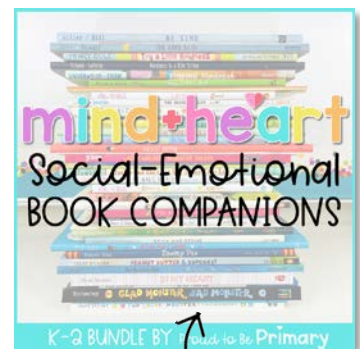
Proud to Be Primary

Learn about teaching social-emotional learning effectively in K-2 with our SEL curriculum.

CLICK to learn more!



Social-Emotional Resources for K-2



Click the images to see the SEL curriculum BUNDLE & resources with EVERYTHING you need for a year of SEL!



BACKGROUND

The mind+heart social and emotional learning curriculum was designed to help teachers instruct young children to develop emotional literacy, self-control, and social competence. The ultimate goal is for primary aged children to develop a healthy sense of self and positive peer relations, that will continue throughout their lives. Children will learn to express their emotions appropriately, solve problems, develop a “growth mindset”, build relationships, and be thoughtful citizens who take responsibility and show respect.

mind+heart includes a variety of thought provoking lessons and discussions, community building ideas, and engaging activities to help build important social and emotional skills. Children will have many opportunities to learn, practice, and develop SEL through a variety of lessons and activities. Teachers are provided with all lesson materials, instructions, and a layout that is simple and easy to implement. mind+heart is a flexible SEL curriculum that can be taught when teachers have time, while the recommendation is to teach a lesson once to twice or more a week.

mind+heart is research based and loosely aligns to the CASEL framework of the 5 core competences for SEL. It provides educators with an affordable option that is comprehensive and appropriate for the K-2 classroom.