

Mindful MATH

Proud to Be Primary

K-1st Grade Math Curriculum Bundle

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Kindergarten Curriculum Bundle



10 Comprehensive Math Units

The Kindergarten Curriculum Bundle includes 10 comprehensive math units, each with a colorful cover. The units are: Numbers to 6, Graphing & Sorting, Numbers to 10, Patterning, Numbers 8-20, Addition to 10, Subtraction to 10, Measurement, Counting to 100, and Geometry & Shapes. Each unit cover features the 'Mindful MATH' logo and a 'I can' statement.



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1st Grade Math Curriculum Bundle



10 Comprehensive Math Units

The 1st Grade Math Curriculum Bundle includes 10 comprehensive math units, each with a colorful cover. The units are: Numbers to 10, Numbers to 20, Addition to 10, Subtraction to 10, Geometry & Fractions, Numbers to 120, Addition to 20, Subtraction to 20, Measurement & Time, and Graphs & Money. Each unit cover features the 'Mindful MATH' logo and a 'I can' statement.

lessons worksheets centers assessments

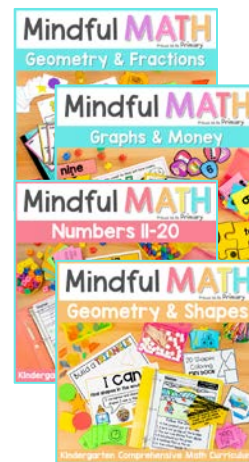
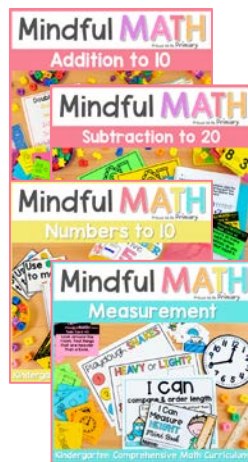
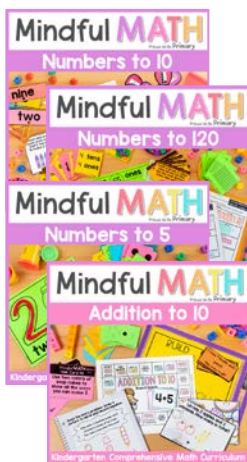
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K-1 Math Curriculum

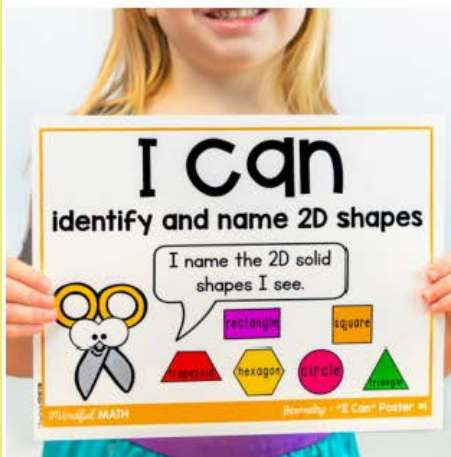
What is Included in the K-1 Curriculum Bundle:

- ♥ 10 comprehensive math units for Kindergarten & 1st Grade (190+ lessons)
- ♥ + BONUS 1st grade patterning unit
- ♥ 10 month's worth of instruction
- ♥ Aligns to the Common Core & Canadian math standards
- ♥ Detailed lesson plans
- ♥ Warm-up task cards
- ♥ Mental Math flash cards
- ♥ "I Can" concept poster for every lesson
- ♥ Differentiated practice worksheets
- ♥ Math journal prompts
- ♥ Math games
- ♥ Math centers
- ♥ Assessments: Quick Check task cards (Kindergarten) & post-tests (K-1)



The Kindergarten Mindful MATH curriculum covers

- ♥ Numbers to 5
- ♥ Numbers to 10
- ♥ Numbers to 11-20
- ♥ Addition to 10
- ♥ Subtraction to 10
- ♥ 2D & 3D shapes
- ♥ Counting to 100
- ♥ Measurement
- ♥ Time to the hour
- ♥ Graphing
- ♥ Patterning
- ♥ Sorting



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Kindergarten Math Curriculum

Unit Overview

Unit 1	Numbers to 5	counting, one-to-one correspondence, conservation, cardinality, ordering, subitizing, comparing, decomposing, number formation
Unit 2	Graphing & Sorting	survey; represent to create concrete and pictorial graphs; classify and count objects in categories; probability
Unit 3	Numbers to 10	Numbers to 5 concepts + making 10, part-part-whole, change in quantity
Unit 4	Patterning	identify patterns in the world; repeating patterns with 2-3 elements, identify core; describe, represent, extend, translate, and create patterns
Unit 5	Numbers 11-20	Numbers to 5 concepts up to 20 + base tens and ones
Unit 6	Addition to 1	concrete addition strategies (fingers, objects, drawing, number line, ten frame, sounds), basic word problems, equations; fluently add within 5
Unit 7	Subtraction to 10	concrete subtraction strategies (fingers, objects, drawing, number line, ten frame), basic word problems, equations; fluently subtract within 5
Unit 8	Measurement	non-standard units; direct comparison; linear height, width, length; mass; capacity
Unit 9	Counting to 10	counting by 1's; skip counting to 10; count forward from given number
Unit 10	Geometry & Shapes	name/identify 2D and 3D shapes; sort by one attribute; build, describe; explore, and create 2D & 3D shapes; shapes in the environment; positional language

The 1st Grade Mindful MATH curriculum covers

- ♥ Numbers to 10
- ♥ Numbers to 20
- ♥ Addition to 10
- ♥ Subtraction to 10
- ♥ 2D & 3D shapes
- ♥ Basic fractions
- ♥ Numbers to 120
- ♥ Addition to 20
- ♥ Subtraction to 20
- ♥ Measurement
- ♥ Time to ½ hour
- ♥ Graphing
- ♥ Money
- ♥ Patterning
- ♥ Sorting



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First Grade Math Curriculum

Unit 1	Numbers to 10	Number concepts to 10: read, count, represent, sequence, order, compare
Unit 2	Numbers to 20	Number concepts to 20: read, count, represent, sequence, order, compare
Unit 3	Addition to 10	Concrete and mental math addition strategies, problem solving, operations
Unit 4	Subtraction to 10	Concrete and mental math subtraction strategies, problem solving, operations
Unit 5	Geometry & Fractions	Identify, describe, sort, compare, replicate 2D and 3D shapes; basic fractions
Unit 6	Numbers to 120	Place value, skip counting, grouping, patterns, ordinal numbers, odd and even
Unit 7	Addition to 20	Practice addition strategies, build fluency with basic operations
Unit 8	Subtraction to 20	Practice subtraction strategies, build fluency with basic operations
Unit 9	Measurement & Time	Length, width, height, non-standard units, time to hour and $\frac{1}{2}$ hour
Unit 10	Graphing & Money	Create and describe graphs and data, coins, values, financial literacy
BONUS	Patterns & Sorting unit	

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K-1 Math Curriculum

What's included in each of the 20 units:

Detailed Lesson Plans

Mindful MATH - Addition to 10		
Lesson 2 : Addition Strategies to 10		
Opening Activity 07 E2014, Compare Journal Prompt #2 on a chart or mini whiteboard or an interactive whiteboard.	Students complete Task Card #2 using fingers.	
Mental Math As a class, solve practice Mental Math cards set #2. Have students line up to spin a Flip the cards and see who can call out the answer the fastest. Repeat on remaining spinners in five minutes.	Students complete Task Card #2 using fingers.	
Whole Group Lesson *Teacher introduces main concept with Addition Strategy Poster #2. *Teacher explains that equations can be written in different ways (vertical, up and down). Give examples and show where to write answers. *Challenge pre-writing skill of equations by tracing fingers. *Students answer a list of equations on mini board or using their preferred addition strategy (counters, fingers, or counters).	Students complete the practice practice pages provided (7 pages) where for issue #2) by following the directions on the of each page.	
Hands-On Activities *Students add both sides of the domino on the cards found the equation and turn or wash card using a whiteboard marker. *SME: With a partner, play Connect 10 with 10 dots. Take turns rolling the dice and adding the dots. Cover that number on the board. The first to cover four is the winner!	Meet with students one on one or in small groups. Complete Quick Check #2 (1) on all sides of 10 using fingers, number cards and small objects.	
Quick Checks Meet with students one on one or in small groups. Complete Quick Check #2 (1) on all sides of 10 using fingers, number cards and small objects.	Meet with students one on one or in small groups. Complete Quick Check #2 (1) on all sides of 10 using fingers, number cards and small objects.	
Lesson Goal Add to 10 using different strategies to add (fingers, counters, and small objects).	Questions How do you know what is the sum? What strategies do you use? How do you know you are right? How do you know you are right?	Lesson Materials Task Card #2 Journal Prompt #2 Mental Math set #2 Addition Strategy Poster #2 Connect 10 game board & dice Ten frames & Quick Check #2

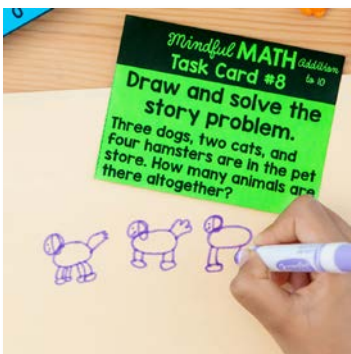
Booklists



Posters & Materials



Task Cards



Math Journals



Mental Math Cards



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K-1 Math Curriculum

What's included in each of the 20 units:

Worksheets



Mini-Books



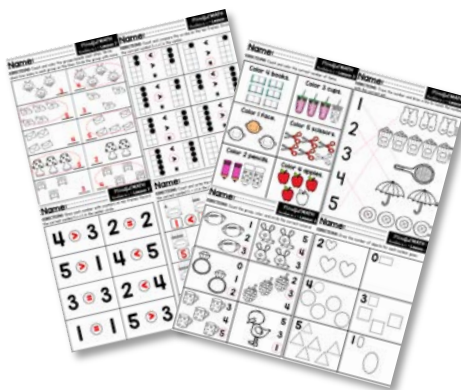
Hands-On Activities



Assessments



Answer Keys



Centers



Mindful MATH

HAS WHAT TEACHERS LOVE!

- This ONE math curriculum is all you need to teach Kindergarten & First Grade math concepts and meet the standards.
- Use each unit's lessons and follow-up activities to cover your math block each week.
- Each unit easily extends to an entire month of instruction.
- This curriculum covers the K-1 Common Core standards and skills that students need to learn before First or Second Grade!
- This curriculum saves you time as the planning is done for you!
- Make math FUN with a variety of activities.
- Keep kids engaged and help them build important math skills and fluency!
- You will have ALL the materials you need to successfully teach (with no need to supplement)!



Teachers Love Mindful MATH

Proud to Be Primary

Stephanie P.



This is the best MATH curriculum I have ever used in the classroom! I have been using this product since October and have seen my students grow and expand their mathematical thinking beyond expectation. There are more than enough activities per unit, and plenty of ways for students to practice each new skills. I love the combination of worksheets, journals and games (and so does my class)! As a teacher each lesson is easy to implement, and every activity has a clear purpose! We all look forward to MATH each day :)

Our math units are enjoyed in thousands of classrooms worldwide!

Mindful MATH



See a Lesson Plan Up-Close

Quick, independent warm-up activities.

Mental math cards help build fluency.

Lesson can be easily broken down into mini-lessons and small-group instruction.

Use the lesson goal to guide the lesson.

Teach important math vocabulary.

<i>Mindful MATH - Addition to 10</i>	
Lesson 2 : Addition Strategies to 10	
Opening Activity	Students complete Task Card #2 using fingers. OPTIONAL: Complete Journal Prompt #2 on a chart, on mini whiteboards, or in interactive notebooks.
Mental Math	As a whole class, practice Mental Math cards set #2. Have students line up in pairs. Flash the cards and see who can call out the answer the fastest. Repeat so everyone can have a few turns.
Whole Group Lesson	*Teacher introduces math concept with Addition Strategy Poster #2. *Teacher explains that equations can be written in different ways (across, up and down) give examples and show where to write answers. *Students practice solving a list of equations to 10 using fingers. *Students answer a list of equations on mini boards using their preferred addition strategy (pictures, fingers, or counters).
Independent Practice	Students complete the printable practice pages provided (7 page options for lesson #2) by following directions on top of each page.
Hands-On Activities	CENTER: Add both sides of the equation on the cards. Record the equation and sum on each using a whiteboard marker. GAME: With a partner, play Connect 4 with 2 dice. Take turns rolling the dice and adding the sum. Cover that number on the board. The first to cover four in a row wins!
Quick Checks	Meet with students on one or in small groups. Complete Quick Check #2. (I can add within 10 using fingers, pictures, and small objects.)
Lesson Goal	Add to 10 using diff. strategies to add (fingers, pictures, and small objects).
Vocabulary	addition, add, sum, equation, plus, equal
Questions	How do you solve? What is the sum? What strategy?
Literature	If You Want to Be a Plus Sign by Trisha Shaskan
Lesson Materials	Task Card #2 Journal Prompt #2 Mental Math set #2 Addition Strategy Poster #2 Mini boards & markers Small objects Practice Pages Domino cards Connect 4 game board & dice Quick Check #2

Lessons for the whole group include teacher part and student practice of skills.

Differentiated practice pages build understanding of concepts.

Hands-on math activities, games, and centers build math fluency.

Assessment option(s) included.

Helpful literature connection.

Mindful MATH



Warm-Up Task Cards

Task cards are a great warm-up to your math block. They provide a fun way to review and practice the skills taught in the lessons. Have students work independently, with a partner, or as a group to complete a quick math task using math manipulatives. Simply provide the prompt or task cards to get started!



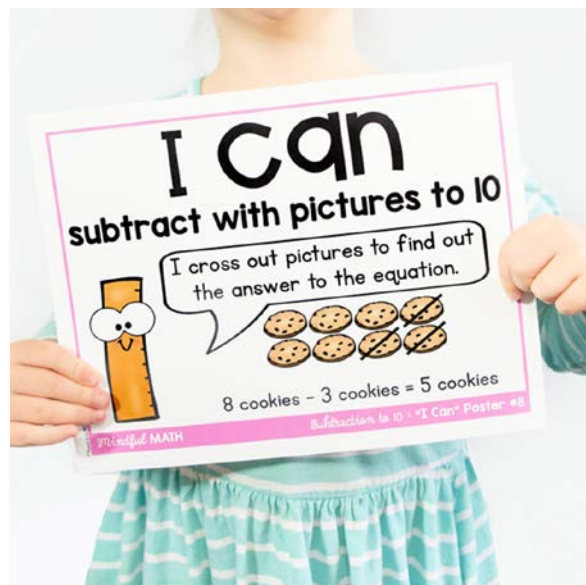
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Concept Posters

Concept & "I Can" posters are included for every lesson.

They clearly describe and illustrate the mathematical concept in the lesson. They are helpful to lead your lesson and as a visual reminder for students. Read the prompts to students, discuss, and then replicate the examples together.

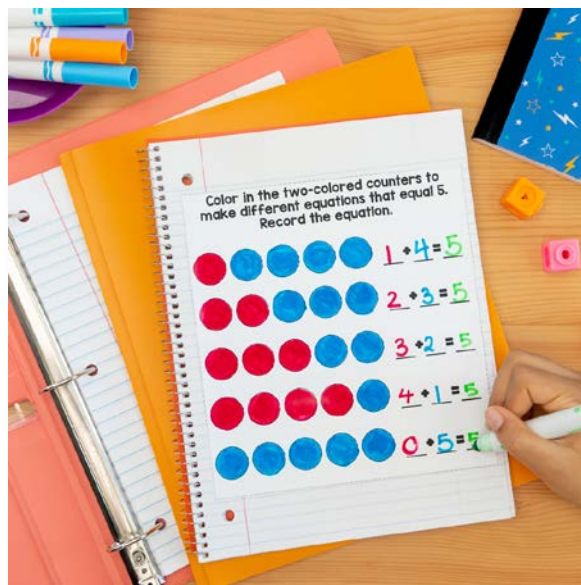
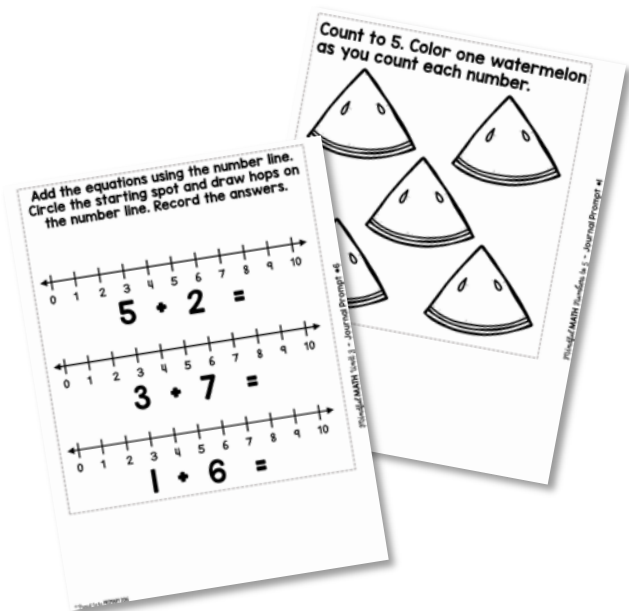


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Math Journals

After each lesson, provide each student with a math journal prompt to review the concept taught. Have students complete the math journal prompt independently and show their work and understanding in a notebook. No more coming up with engaging prompts; these are done for you!

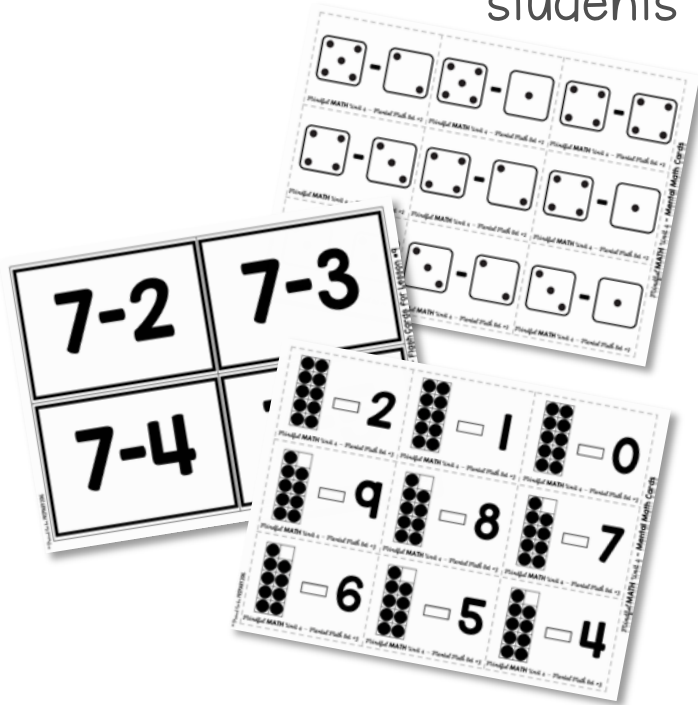


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Mental Math Flashcards

Mental Math flashcards help build a child's mental math ability and fact fluency. Each lesson includes a creative way to use the cards, such as games, fact recall, and student call-out activities. These cards are also great to use as independent and small group review. Simply put them in a box for students to grab!



Mindful MATH



Practice Worksheets

Each lesson includes differentiated worksheets for your students to practice their math skills. Select the no-prep worksheets you wish for your students to complete, and then assign. These versatile pages are engaging, straightforward, and fun to complete.

Name: _____

Mindful MATH
Numbers to 100 - Lesson 4

DIRECTIONS: Compare and color in the sets of numbers on the 100 chart. Record the correct symbol (<, =, >) in the circles.

13 ○ 43 64 ○ 79
○ 62 29 ○ 29
○ 58 108 ○ 104
49
50

DIRECTIONS: Cut and glue the pieces beside the number that it represents (expanded form, place value blocks, tens and ones).

25
48
73
91

20 + 5	9 tens 1 one	70 + 3
2 tens 5 ones	90 + 1	4 tens 8 ones
40 + 8		7 tens 3 ones

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Name: _____

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Addition to 10 - Lesson 6

DIRECTIONS: Solve the equation and color according to the color key.

0 = (green) 1 = (blue) 2 = (red)
3 = (yellow) 4 = (orange) 5 = (pink)

3 + 2 =
1 + 0 =
5 + 0 =
0 + 0 =

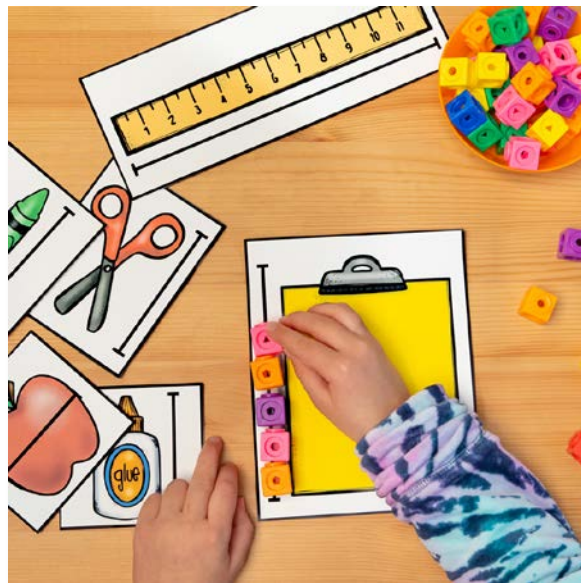
A hand is shown coloring a worksheet. The worksheet features a cartoon illustration of four children holding large puzzle pieces. The puzzle pieces are colored according to the key: green, blue, red, and yellow. The children are also colored according to the key. A hand is using a yellow marker to color one of the puzzle pieces.

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Math Centers & Games

There are a variety of fun and engaging math activities included for every lesson. These hands-on activities encourage focused math practice. They are great for small groups, partner games, and math centers. You will have the materials and instructions to implement the activities quickly and easily!

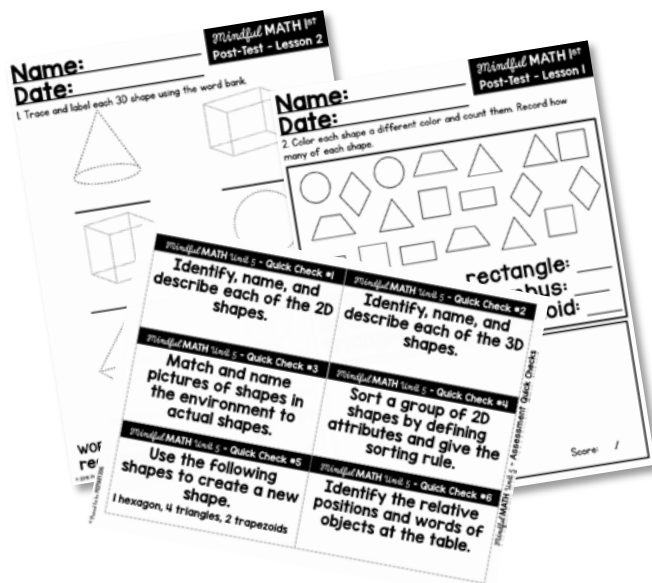


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Math Assessments

There is a Quick Check summative assessment task card included for every lesson in Kindergarten & 1st Grade. Use the Quick Checks as a short activity for individuals or small groups to complete and show their understanding, while you observe and take note. There is also a post-test for 1st grade lessons ONLY to help you gather data about how your students are doing.



Use Mindful MATH for...

- ♥ Your Guided Math routine
- ♥ Whole group mini-lessons
- ♥ Small group instruction
- ♥ Supplement your math program
- ♥ Math warm-ups
- ♥ Math centers
- ♥ Assessments
- ♥ Sub-plans
- ♥ Home review



Teachers Love Mindful MATH

Marie H.



This curriculum has been an absolute game changer to my math lessons in my kindergarten classroom! I love it! My math lessons are more effective because of this curriculum and I am so thankful to have this!!

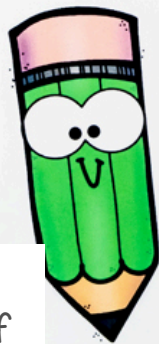
Our math units are enjoyed in thousands of classrooms worldwide!

Mindful MATH

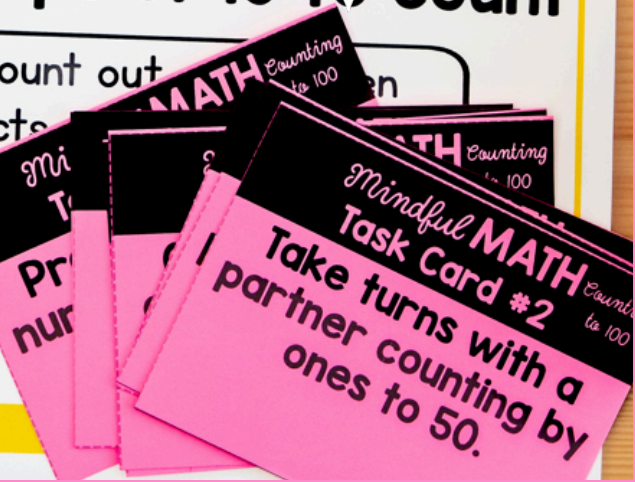


creat

make groups of 10 to count



I count out
objects



Mindful MATH

BONUS: Binder & Workbook Covers

Receive a FREE set of printable binder covers and spines, as well as student workbook covers for each unit in the Mindful Math curriculum bundle. Use these to help you get your binders and student materials organized for success!

Mindful
MATH

Addition to 10



Name:

Teachers Love Mindful Proud to Be Primary MATH

★★★★★ Extremely satisfied

I love Mindful Math! I have used it the past 3 years now with 3 different grades and I will never use anything else. It has everything you need to help student stay engaged and learn while having fun!

★★★★★ Extremely satisfied

I am loving this resource. Everything is organized and easy to deliver to students. There are many different activities and worksheets that can be used for students of different abilities. Very engaging and differentiated!

★★★★★ 5.0

This bundle is PACKED with everything needed to teach Kindergarten math! My students and I get a lot out of it. I really love the variety of activities available, as it allows for me to reach my struggling students and my extending students, all in the same lesson. The activities inside are fun and playful, too! The lesson plans are well laid out and a helpful addition. I'm really happy with this purchase!

★★★★★ Extremely satisfied

This bundle was worth every single penny! I loved the variety of worksheets, math journals, games, and activities - there was something for every level of understanding and student ability. Thank you!

Mindful Math is enjoyed in over 10 thousand classrooms worldwide!

Learn More About Mindful **MATH**

Learn more about this comprehensive math curriculum for K-2 and how to use it effectively in the classroom!



Mindful **MATH** Curriculum for K-2



Click the images to see the Mindful Math curriculum BUNDLES with **EVERYTHING** you need for the whole year!

Want a FREE Sample of Mindful **MATH**?



SIGN UP TO GET A MINDFUL MATH LESSON & MATERIALS FOR FREE!



I'd love for you to try a sample of Mindful Math with your students to see if it is a perfect fit for you and your students!

[**CLICK HERE TO
GRAB YOUR
FREE SAMPLE!**](#)

Why

Proud to Be Primary

Mindful MATH

BACKGROUND

The Mindful Math curriculum incorporates focused math learning opportunities and many components within each unit. The activities are hands-on and mind-on, meaning students are actively working on math and engaging their minds. Mindful Math lessons encourage different ways of thinking and representing math concepts.

Mindful Math includes a variety of thoughtful lessons and activities to help meet the needs of learners and their learning styles. Students will have many opportunities to learn, practice, and review new strategies and develop math fluency through whole group warm-ups and lessons, mental math, journals, centers, games, and assessments.

Mindful Math was created to give teachers a comprehensive math curriculum that engages minds and leaves students knowledgeable and fluent in math concepts. The curriculum aligns to the U.S. Common Core standards, the Canadian math curriculums in B.C. and Ontario, as well as many other math curriculums around the world.

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