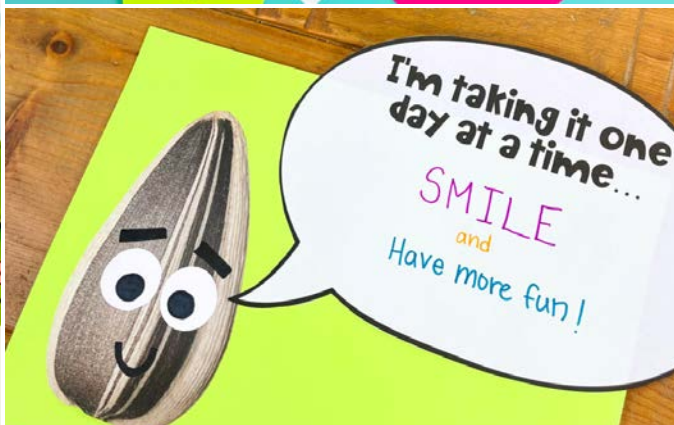
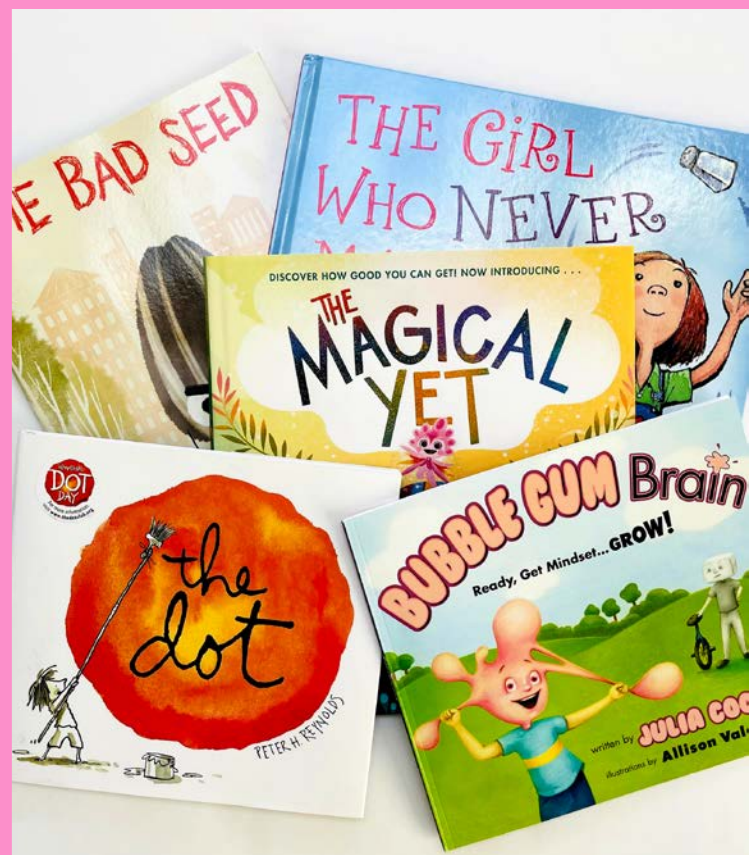


Social-Emotional

Proud to Be Primary

growth mindset

5 K-2 BOOK COMPANIONS



DISCUSSION

ACTIVITIES

WRITING

LESSONS

growth mindset Book Companions

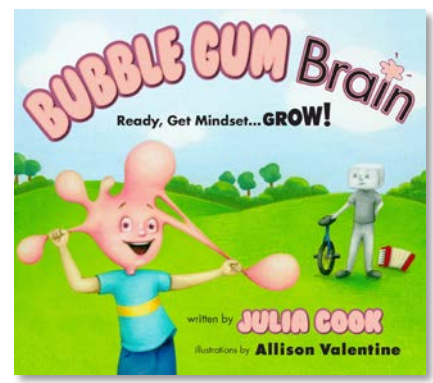
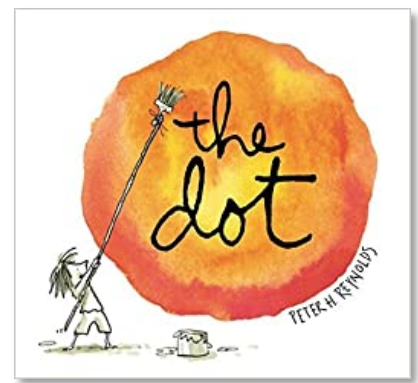
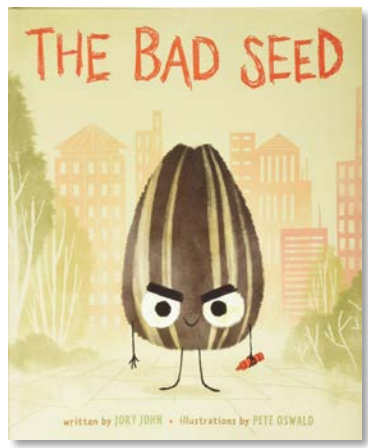
SEE WHAT'S INCLUDED

- ♥ Detailed lesson plans to teach emotional awareness using the books Bubble Gum Brain, The Magical Yet, The Girl Who Never Made Mistakes, The Dot, & The Bad Seed.
- ♥ Anchor chart materials
- ♥ Book chat cards to use before, during, and after reading
- ♥ Writing templates
- ♥ 4 follow-up activities
- ♥ Google Slides
- ♥ Images for Seesaw & Interactive PowerPoint



growth mindset Book Companions

5 CHILDREN'S BOOKS



Use the **book** companions for your

- ♥ Read aloud time
- ♥ SEL block
- ♥ Morning meeting
- ♥ Whole-class discussions
- ♥ Counselor lessons
- ♥ Sub-plans
- ♥ And much more!



growth mindset Book Companions

LESSONS

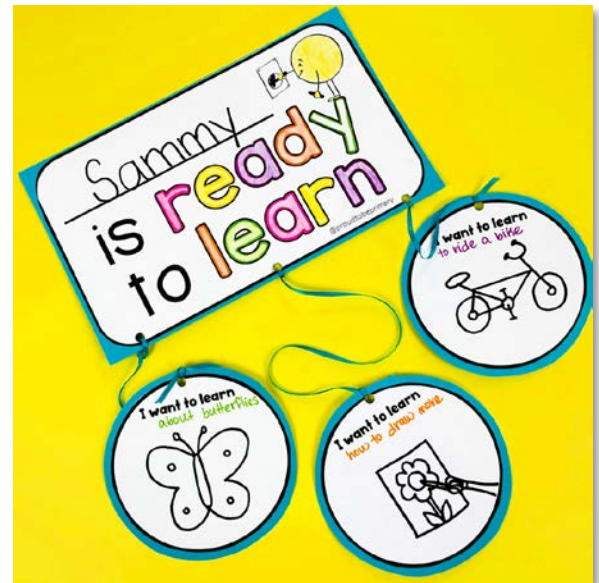
There is a detailed lesson plan for each book with “Book Chat” cards and questions to guide your discussion before, during, and after reading. An interactive anchor chart and writing activity are included that focus on the social-emotional skill presented in the book and encourage children to express their thinking. This is an excellent way to incorporate social-emotional learning into your ELA block each week!



growth mindset Book Companions

ACTIVITIES

Each book comes with 4 follow-up activities to build upon the book's social-emotional lesson. A fun variety of activities are included for independent, partner, and small group use. These high-interest activities are a great way to extend the book's discussion and build the social-emotional skills kids need!





Book #1 – Bubble Gum Brain by Julia Cook

Detailed Lesson Plan

The lesson plan includes sections for:

- BOOK CHAT:** Introduce the book by reading the title and author. Use the questions on the Book Chat cards to guide your conversation with children before, during, and after reading the book.
- READ ALOUD & DISCUSSION:** Explain the difference between a fixed ("brick brain") and growth ("bubble gum brain") mindset. Discuss how each brain reacts to different situations and how to use the brain you want to use.
- INTERACTIVE ANCHOR CHART & POSTER:** Create a collaborative chart or poster. As you read the story, record words and bubble gum (growth mindset) and brick (fixed mindset).
- WRITING RESPONSE:** After talking about the importance of having a Bubble Gum Brain or "I am Learning" mindset, use the writing response cards. Digital templates provided to record only.

Book Chat Cards

Three blue book chat cards are shown, each with a different reading strategy:

- Book Chat BEFORE READING:** Includes questions like "What do you think the story is about?" and "What do you think the author wants to tell us?"
- Book Chat AFTER READING:** Includes questions like "What was your favorite part of the story?" and "How do you think the author felt about writing this book?"
- Book Chat DURING READING:** Includes questions like "What do you think is happening in the story?" and "How do you think the characters are feeling?"

Anchor Chart

The anchor chart features large yellow text on a white background: "Bubble Gum VS. Brick Brain". Below the title is a digital tablet displaying a table with two columns: "Bubble Gum (Growth Mindset)" and "Brick (Fixed Mindset)".

Book Response

Two book response cards are shown. One has a drawing of a bubble gum character and the text "I can be a bubble gum brain". The other has a drawing of a brick character and the text "I am learning...". A digital tablet shows a response card with a drawing of a girl and the text "Bubble Gum Brain I am learning..."

printable + digital OPTIONS

Bubble or Brick Scoot Game

Several green scoot game cards are shown with a grid and instructions. A digital tablet displays a digital version of the scoot game with a grid and a character illustration.

Mindset Charades

Several pink charade cards with a red brain character are shown. Each card has a different mindset-related phrase. A digital tablet shows a character holding a sign that says "Name the MINDSET Charades".

Storybook

Two storybook pages are shown. One is titled "Having a Growth Mindset! A storybook for kids" and features a pink brain character. A digital tablet shows the same storybook cover.

Brain Putty Recipe & Mat

A yellow recipe card for "BRAIN PUTTY RECIPE" is shown, along with a pink mat featuring a drawing of a brain character. A red apple is placed next to the mat.



Book #2 – The Magical Yet by Angela DiTerlizzi

Detailed Lesson Plan

mind+heart GROWTH MINDSET BOOK COMPANION
Book #2 – The Magical Yet by Angela DiTerlizzi

BOOK CHAT
 Introduce the book by reading the title and the author. Use the questions on the Book Chat cards to guide your conversation with children before, during, and after reading the book. Encourage kids to share thoughts and feelings, often and with each other. Think-Pair-Share is a helpful strategy for sharing ideas with a partner throughout.

READ ALOUD & DISCUSSION

- Before reading, share something that was once hard for you to do, but you now can do.
- Ask kids to close their eyes and imagine something they once couldn't do, but learned how. Share.
- Then, ask them to close their eyes and imagine something they can't do now, but want to learn. Share.
- Read the picture with the description of "The Magical Yet."
- As you read, point out how their own reactions.
- Invite kids to share how they will use the word YET.

Interactive Anchor Chart

- Create a collaborative chart on the word YET on the anchor chart that they will use.
- For example, make a list, the attributes, or writing response.
- After talking about the magic of the word YET, create a collaborative chart on the word YET on the anchor chart that they will use.
- Digital template provided to record into.

EXTENSION IDEAS

- To understand the power of the word "YET," read to primary students when faced with challenges and making goals.

BOOK CORE MESSAGE
 The Magical Yet is a book that teaches kids that we have a magic of helping us overcome and achieve. The magic we can use is the word YET.

Book Chat Cards

Book Chat
 Read Aloud
 Think-Pair-Share
 Interactive Anchor Chart

Anchor Chart & Poster

THE MAGICAL YET

YET

The Magical Yet

Remember to use the word YET when you are trying to do something you can't do yet.

I Can't Yet

Book Response

The Magical YET

I can't YET
 I can't YET
 I can't YET
 I can't YET
 I can't YET

The Magical Yet

DISCOVER HOW GOOD YOU CAN GET NOW INTRODUCING...

THE MAGICAL YET

The Magical Yet

If I can't do something YET, I will...

printable + digital OPTIONS

Directed Drawing & Writing

Draw a Magical Yet

The Magical Yet

My magical yet is...
 I can't yet...
 I can't yet...
 I can't yet...

YET Journal

My YET Journal

My YET Journal

YET Thoughts Self-Portrait

My YET Thoughts

My YET Thoughts

Hat Craftivity

Avery's YET Goals

Meeting a growth mindset.

YET

Book #3 – The Girl Who Never Made Mistakes by Mark Pett & Gary Rubinstein

Detailed Lesson Plan

This section displays a detailed lesson plan for the book. It includes a table of contents, a 'Read Aloud & Discussion' section with bullet points for activities like 'Start by asking kids to think of a mistake they've made and how it made them feel', and a 'Writing Response' section with prompts like 'When I make a mistake, I will...'. A tablet shows a digital version of the book cover.

Book Chat Cards

This section shows several purple book chat cards. One card is titled 'THE GIRL WHO NEVER MADE MISTAKES' and features the book's cover. Other cards have prompts for discussion, such as 'Start by asking kids to think of a mistake they've made and how it made them feel'.

Anchor Chart

This section features an anchor chart with the title 'Mistakes Help Us' in large yellow letters. Below the title is a smaller version of the book cover and a tablet displaying a digital version of the anchor chart with the text 'Mistakes Help Us' and a blank space for notes.

Book Response

This section shows a yellow book response card with the title 'Mistakes Help Me' and the text 'Mistakes help me'. Below it is a tablet displaying a digital version of the book cover and a response card with the prompt 'When I make a mistake, I will...'.

printable + digital OPTIONS

Mistake Journal

This section shows a 'my mistake Journal' card with a writing prompt: 'Today, I messed up my sister. I wish I didn't do what I (did/was) next time I get frustrated. I'll work on my calm down.' Below it is a tablet displaying a digital version of the journal card.

Scenario Cards

This section shows several pink scenario cards with prompts like 'MISTAKES HELP ME! You call someone a mean name.' Below it is a tablet displaying a digital version of the scenario cards.

Quote Posters

This section shows several quote posters with messages like 'MISTAKES are proof that you are TRYING', 'No one is PERFECT', and 'That's why pencils have ERASERS'. Below it is a tablet displaying a digital version of the quote posters.

Self-Talk Bookmarks & Encouragement Notes

This section shows several yellow self-talk bookmarks and encouragement notes with messages like 'You are building your future!', 'You are going to get through this!', and 'You can do hard things!'.



Book #4 – The Dot by Peter Reynolds

Detailed Lesson Plan

mind+heart GROWTH MINDSET BOOK COMPANION
Book #4 – The Dot by Peter Reynolds

mind+heart GROWTH MINDSET BOOK COMPANION
Book #4 – The Dot by Peter Reynolds

BOOK CHAT
Introduce the book by reading the title and the author. Use the questions on the Book Chat cards to guide your conversation with children before, during, and after reading the book. Encourage kids to share thoughts and feelings, often and with each other. Think-Pair-Share is a helpful strategy for sharing ideas with a partner throughout.

Read Aloud & Discussion

- Before reading, talk about how we feel when we start something new or difficult. Encourage kids to share an experience. Tell them this book is about a girl who does not think she is good at something and what happens.
- Read the story aloud, stopping after each page to discuss the illustrations, body language, and Voki's changes.
- After the story, pass out two small activity cards. Kids play on one and an adult or a friend helps with the other. On a tablet called "Our Dots" kids and "Something Fun".
- Ask what we can say to ourselves when we are nervous or unsure.

Writing Response

- After talking through strategies like "Will Make My Mark" or "When someone says I can't, I can" to record.
- Digital templates provided to record.

LESSON GOALS (SWBAT)
To inspire children to take risks with their learning and things. To encourage kids to get started and build self-confidence.

BOOK CHAT QUESTIONS
This book is all about how kids who are encouraged by their friends to do something they don't think they can do, and how it helps them build confidence and try new things.

Book Chat Cards



Anchor Chart



Book Response

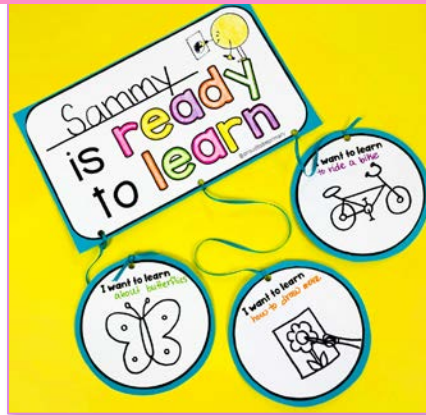


printable + digital OPTIONS

Dot Art & Self-Portrait



Mobile Craftivity



Affirmation Cards



Boardgame





Book #5 – The Bad Seed by Jory John

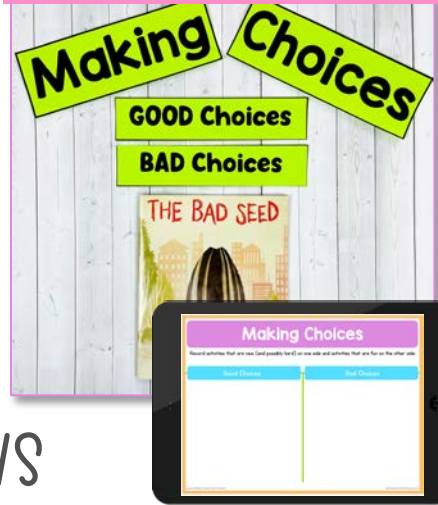
Detailed Lesson Plan

The screenshot shows a lesson plan with sections for 'Read Aloud & Discussion', 'Interactive Anchor Chart', and 'Writing Response'. It includes activities like 'Ask why they think the seed looks like a bad seed' and 'Draw a line down the chart and write down the good choices you see in the book'.

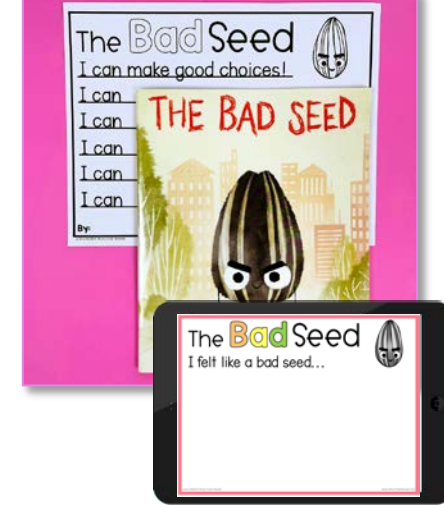
Book Chat Cards



Anchor Chart



Book Response



printable + digital OPTIONS

Sunflower Craftivity & Banner



Choices Sort



Good Choice Bingo



Seed Craftivity



growth mindset Book Companions

USE WITH GOOGLE

This book companion comes with a digital anchor chart, writing template, and a few digital activities. These are ready in Google Slides for use in Google Classroom. The digital pages are great for use whole-group lessons and in a one-to-one classroom!



growth mindset Book Companions

WHY YOU NEED THIS

- These children's books were carefully selected as they cover important SEL topics we need to teach to kids.
- Each book, lesson, and follow-up activities can cover a week of SEL instruction anytime of year.
- Facilitate meaningful discussions and keep kids engaged in important activities that build social and emotional skills.
- Cover important English Language Arts standards and build children's literacy skills with effective read aloud lessons.
- Each book comes with engaging printable and digital activities kids will enjoy!
- These versatile book companion lessons are great for whole-group lessons, homeschooling, and school counseling sessions.



Teachers Love Our **book lessons**

Proud to Be Primary

THE BAD SEED

THE GIRL WHO NEVER

Yomira Z.

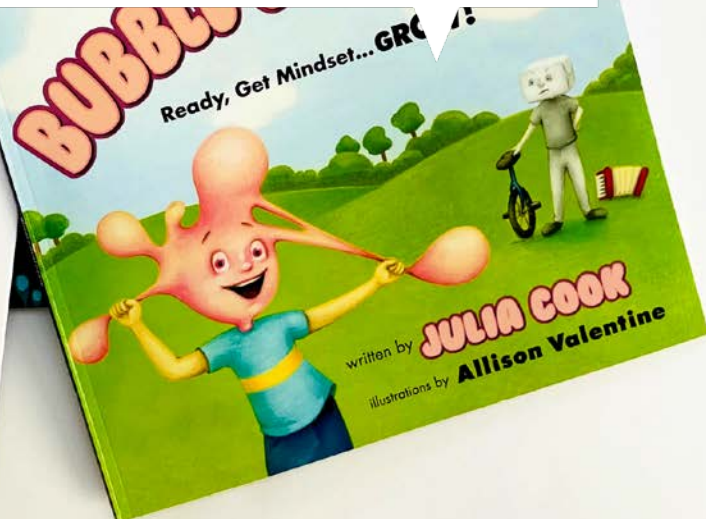


“Engaging, Organized, and Creative Product!
Always will go back to this product. Everything you
can think about is included! Activities,
Comprehension questions, and more!”



ER H. REYNOLDS

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Ready, Get Mindset...GROW!

written by **JULIA COOK**
illustrations by **Allison Valentine**

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CLICK to learn more!



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Kindness is a Kite String



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