

SOCIAL-EMOTIONAL LEARNING K-2

Proud to Be Primary

sorting activities

20 Sorts for SEL Lessons

WAYS TO NOT Show Empathy

Refuse to take the barking dog for a walk.

Laugh at a friend who makes a mistake.

Run away when a friend asks to play.

Give the new kid a funny nickname.

Let mom carry all the grocery bags.

Yell at someone who walks slowly.

WAYS TO Show Empathy

Help a friend who falls down.

Wish friends well during the holidays.

Bring home a cat from the animal shelter.

Offer to help someone who is sad.

Help someone who can't get their coat on.

Run and get help when someone is hurt.

growth mindset

kindness

empathy

friendship

sorting activities

See What's Included

- ♥ 20 different sorting activity card sets that focus on important social & emotional topics
- ♥ One set includes pictures, while the others are text only
- ♥ Suggested ways to use each set of cards is included
- ♥ Easy to print on colored cardstock & use for classroom discussions, SEL lessons, and counselling



sorting activities

Printable Sorts for Lessons

This resource includes a variety of sorting activities that are meant to be used to support your social-emotional learning lessons.

I recommend that you complete one sort at a time together with kids and discuss the important topics and choices as you sort. Each sort focuses on a different social or emotional topic that is critical for young kids to learn and develop understanding in.



sorting activities

20 SEL Topics

- Emotions picture/word sort
- Helpful vs. Harmful Ways to Handle Emotions
- Giving vs. Taking Attitude
- Good vs. Bad Choices to Make
- Things You Can & Cannot Control
- Fixed vs. Growth Mindset
- Good vs. Bad Ways to be a Friend
- Positive vs. Negative Ways to Treat Others
- Cold vs. Warm Friendship
- Kind vs. Unkind Words
- Cool vs. Uncool Ways to Act
- Respectful vs. Disrespectful Actions
- Polite vs. Impolite Things to Say
- When to Talk vs. Listen
- Report or Tattle
- Responsible vs. Irresponsible Actions
- Peace Makers vs. Breakers
- Buddy vs. Bully
- Ways to Show & Not Show Empathy
- Caring vs. Uncaring Ways to Treat Living Things

Use the sorting activities for your

- ♥ SEL block
- ♥ Class discussions
- ♥ Morning meetings
- ♥ Small group sessions
- ♥ Partner activities
- ♥ Counselor lessons
- ♥ And much more!

PEACE BREAKERS

Refuse to Cooperate

Yell & Scream

Ignore Responsibility

Hurt Others

Refuse Help

Tell Lies

PEACE MAKERS

Listen to Others

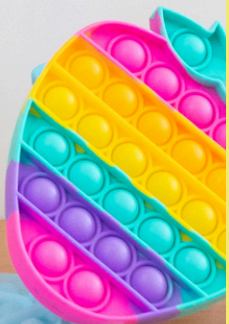
Use Kind Words

Have Self-Control

Take Responsibility

Talk It Out

Share & Take Turns



Learn About mind+heart

Proud to Be Primary

Learn about teaching social-emotional learning effectively in K-2 with our SEL curriculum.

CLICK to learn more!



Social-Emotional Resources for K-2

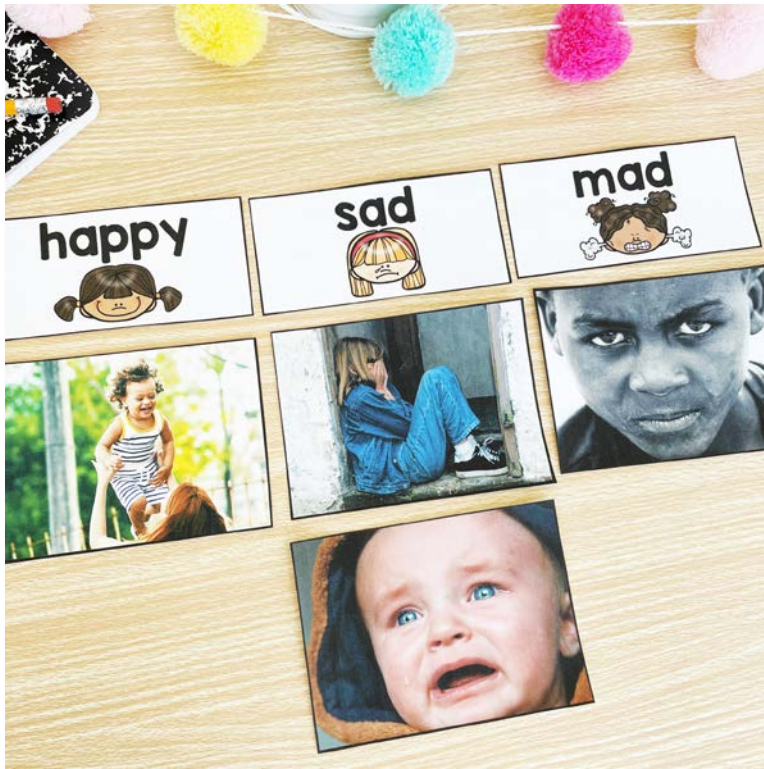


Click the images to see the SEL curriculum BUNDLE & resources with EVERYTHING you need for a year of SEL!

Want a FREE Sample of mind+heart?



SIGN UP TO GET AN SEL LESSON
& MATERIALS FOR FREE!



I'd love for you to try a sample of the MIND+HEART SEL Curriculum with your students to see if it is a perfect fit for you and your students!

[CLICK HERE TO
GRAB YOUR
FREE SAMPLE!](#)