

Mindful MATH

Proud to Be Primary

Numbers to 10



1st Grade Comprehensive Math Curriculum

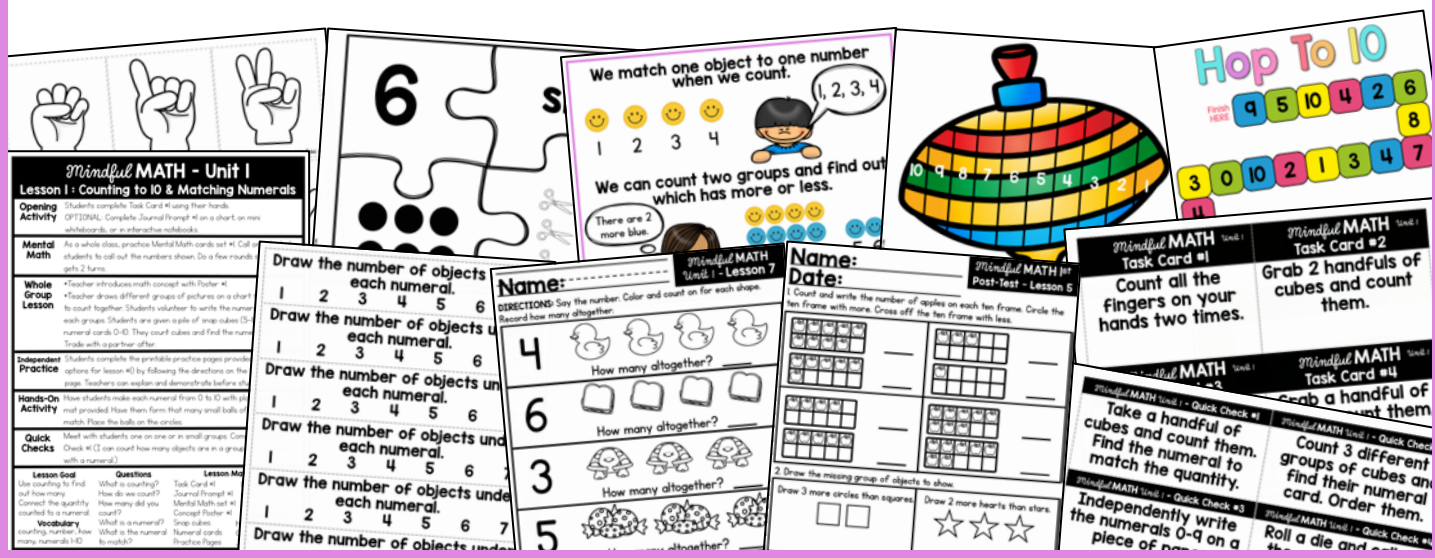
Mindful MATH



Numbers to 10

What is Included in this Comprehensive Unit:

- ♥ A month's worth of instruction
- ♥ Standard-based lessons
- ♥ 10 detailed lesson plans
- ♥ Differentiated practice worksheets
- ♥ Warm-up task cards
- ♥ Mental Math flash cards
- ♥ Math journal prompts
- ♥ Math games
- ♥ Math centers
- ♥ Two assessments: Quick Check task cards & post-tests



Mindful MATH



Numbers to 10

What's included in this 250-page unit:

Detailed Lesson Plans

Mindful MATH - Numbers to 5		
Lesson 5 - Subitizing		
Opening Activity Students complete task card #1 with a partner.	Opening Activity Students complete task card #2 with a partner.	Opening Activity Students complete task card #3 with a partner.
Mindful Math As a whole class, or in pairs, Mindful Math cards #1-4. Call on individual students to hold up the number of fingers shown. Discuss strategy.	Mindful Math As a whole class, or in pairs, Mindful Math cards #5-8. Call on individual students to hold up the number of fingers shown. Discuss strategy.	Mindful Math As a whole class, or in pairs, Mindful Math cards #9-12. Call on individual students to hold up the number of fingers shown. Discuss strategy.
Whole Group Lesson Teacher introduces lesson goal with 1, 2, 3, 4, 5, 6, 7, 8, 9, 10. Students complete task card #1 in pairs. Teacher circulates and provides support. Students complete task card #2 in pairs. Teacher circulates and provides support. Students complete task card #3 in pairs. Teacher circulates and provides support. Students complete task card #4 in pairs. Teacher circulates and provides support.	Whole Group Lesson Teacher introduces lesson goal with 1, 2, 3, 4, 5, 6, 7, 8, 9, 10. Students complete task card #5 in pairs. Teacher circulates and provides support. Students complete task card #6 in pairs. Teacher circulates and provides support. Students complete task card #7 in pairs. Teacher circulates and provides support. Students complete task card #8 in pairs. Teacher circulates and provides support.	Whole Group Lesson Teacher introduces lesson goal with 1, 2, 3, 4, 5, 6, 7, 8, 9, 10. Students complete task card #9 in pairs. Teacher circulates and provides support. Students complete task card #10 in pairs. Teacher circulates and provides support. Students complete task card #11 in pairs. Teacher circulates and provides support. Students complete task card #12 in pairs. Teacher circulates and provides support.
Independent Practice Students complete task card #13 on their own. Teacher circulates and provides support.	Independent Practice Students complete task card #14 on their own. Teacher circulates and provides support.	Independent Practice Students complete task card #15 on their own. Teacher circulates and provides support.
Review On Activity Students complete task card #16 on their own. Teacher circulates and provides support.	Review On Activity Students complete task card #17 on their own. Teacher circulates and provides support.	Review On Activity Students complete task card #18 on their own. Teacher circulates and provides support.
Quick Checks Teacher circulates and provides support.	Quick Checks Teacher circulates and provides support.	Quick Checks Teacher circulates and provides support.
Lesson Goal Students will be able to identify the number of objects in a set of up to 5 objects without counting.	Questions How many fingers do you have? How many fingers do you have? How many fingers do you have?	Lesson Materials Task card #1-12 Task card #13-15 Task card #16-18 Task card #19-21 Task card #22-24 Task card #25-27 Task card #28-30 Task card #31-33 Task card #34-36 Task card #37-39 Task card #40-42
Vocabulary Number words 1-5 Number words 6-10	Literature The Five Little Monkeys The Five Little Monkeys	

Booklists

Mindful MATH Numbers to 5 - Book List			
LESSON 1: How Do Dinosaurs Count to Ten? by Jane Yolen	LESSON 2: The Very Hungry Caterpillar by Eric Carle	LESSON 3: One, Two, Three by Sam Douglas	LESSON 4: Five Little Monkeys by John Schoenherr
LESSON 5: My Very First Book of Numbers by Eric Carle	LESSON 6: Click, Clack, Splash by Doreen Cronin	LESSON 7: Click, Clack, Splash by Doreen Cronin	LESSON 8: Click, Clack, Splash by Doreen Cronin
LESSON 9: Click, Clack, Splash by Doreen Cronin	LESSON 10: Click, Clack, Splash by Doreen Cronin	LESSON 11: Click, Clack, Splash by Doreen Cronin	LESSON 12: Click, Clack, Splash by Doreen Cronin

Posters & Materials



Task Cards



Math Journals



Mental Math Cards



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Numbers to 10

What's included in this 250-page unit:

Worksheets



Number Book



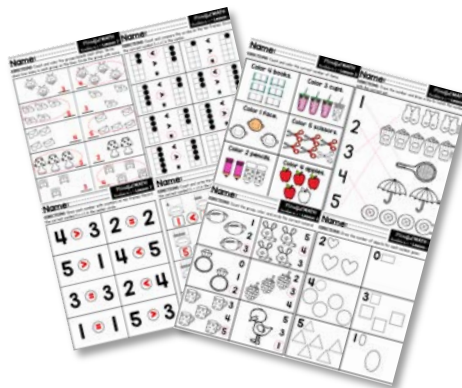
Hands-On Activities



Assessments



Answer Keys

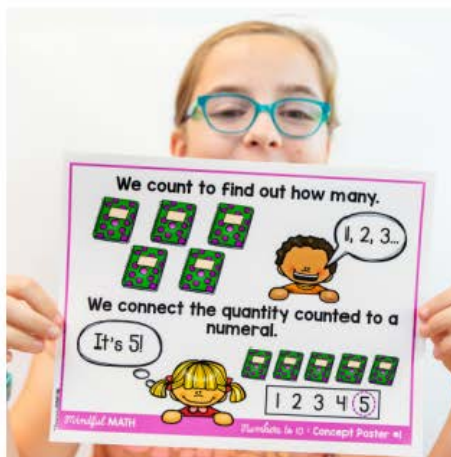


Centers



This Mindful MATH unit covers

- ♥ Counting to 10
- ♥ Matching
- ♥ Ordering numbers to 10
- ♥ Writing numerals to 10
- ♥ Subitizing
- ♥ Using a chart
- ♥ Using a number line
- ♥ Counting backwards
- ♥ Comparing
- ♥ Decomposing



Mindful MATH

HAS WHAT TEACHERS LOVE!

- This ONE math curriculum unit is all you need to teach this math concept and meet the standards.
- Use the lesson and follow-up activities to cover your math block each week.
- The unit easily extends to an entire month of instruction.
- It covers standards and skills that First Grade students need to learn before Second Grade!
- It saves you time as the planning is done for you!
- Make math FUN with a variety of activities.
- Keep kids engaged and help them build important math skills and fluency!
- You will have ALL the materials you need to successfully teach (with no need to supplement)!



Teachers Love Mindful **MATH**

Proud to Be Primary

Ashley J. 



I LOVE these mindful math units! The variety of activities make them fun and engaging for my students and the consistent flow of the lesson plans make them easy to teach! I bought these units as an alternative to an extremely reading heavy resource that I had used in the past, and I have found this one so much more accessible for my English language learners.

Our math units are enjoyed in thousands of classrooms worldwide!

Mindful MATH



See a Lesson Plan Up-Close

Quick, independent warm-up activities.

Mental math cards help build fluency.

Lesson can be easily broken down into mini-lessons and small-group instruction.

Use the lesson goal to guide the lesson.

Teach important math vocabulary.

Mindful MATH - Numbers to 10	
Lesson 1 : Counting to 10 & Matching Numerals	
Opening Activity	Students complete Task Card #1 using their hands. OPTIONAL: Complete Journal Prompt #1 on a chart, on mini whiteboards, or in interactive notebooks.
Mental Math	As a whole class, practice Mental Math cards set #1. Call on individual students to call out the numbers shown. Do a few rounds so everyone gets 2 turns.
Lesson	*Teacher introduces math concept with a story. *Teacher draws different groups of numbers on a chart for the class to count together. Students volunteer to write the numeral next to each group. Students are given a pile of snap cubes (5-10 each) and numeral cards 0-10. They count cubes and find the numeral to match. Trade with a partner.
Independent Practice	Students complete the printable practice pages provided (3 page options for lesson #1) by following directions on the top of each page. Teachers can explain and demonstrate before students work.
Hands-On Activity	Have students make each numeral from 0 to 10 with play dough on the mat provided. Have them form that many small balls of dough to match. Place the balls on the numeral.
Assessments	Meet with students one-on-one or in small groups. Complete Quick Check #1 (can count how many objects are in a group and match it with a numeral).
Lesson Goal	Lesson Materials
Use counting to find out how many.	Task Card #1
Connect the quantity counted to a numeral.	Journal Prompt #1
Vocabulary	Mental Math set #1
counting, number, how many, numerals 1-10	Quick Check #1
	Concept Poster #1
	Literature
	Snap cubes
	How Do Dinosaurs Count to Ten? by Jane Yolen
	Numerical cards
	Practice Pages

Lessons for the whole group include teacher part and student practice of skills.

Differentiated practice pages build understanding of concepts.

Hands-on math activities, games, and centers build math fluency.

Two assessment options included.

Helpful literature connection.

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Warm-Up Task Cards

Task cards are a great warm-up to your math block. They provide a fun way to review and practice the skills taught in the lessons. Have students work independently, with a partner, or as a group to complete a quick math task using math manipulatives. Simply provide the prompt or task cards to get started!



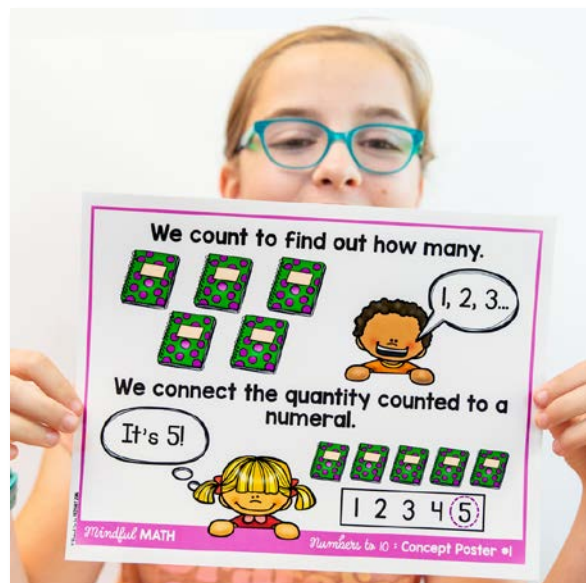
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Concept Posters

Concept posters are included for every lesson in this unit.

They clearly describe and illustrate the mathematical concept in the lesson. They are helpful to lead your lesson and as a visual reminder for students. Read the prompts to students, discuss, and then replicate the examples together.

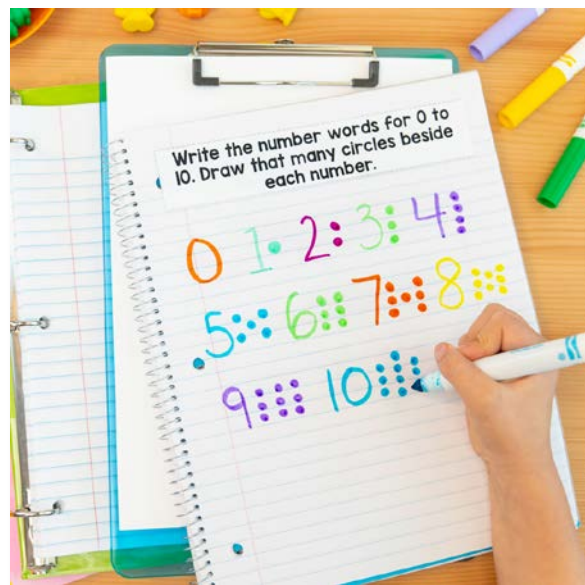


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Math Journals

After each lesson, provide each student with a math journal prompt to review the concept taught. Have students complete the math journal prompt independently and show their work and understanding in a notebook. No more coming up with engaging prompts; these are done for you!

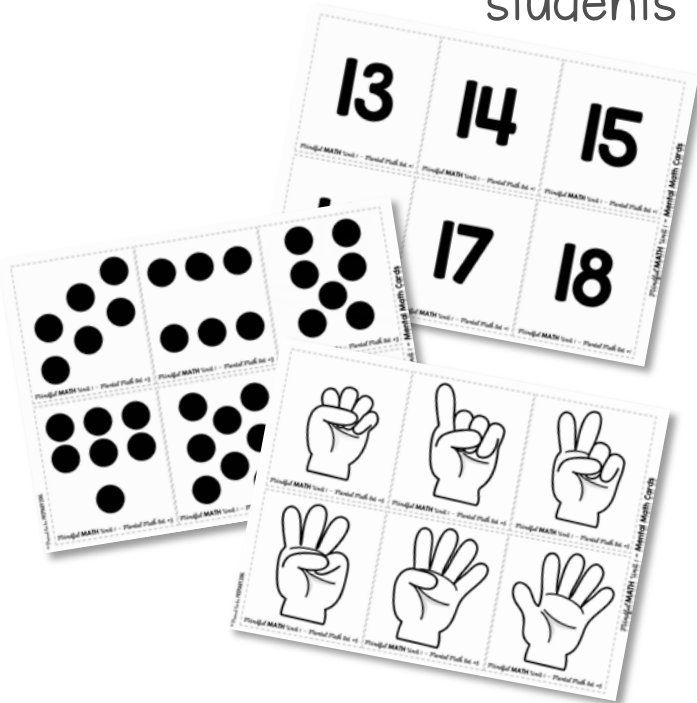


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Mental Math Flashcards

Mental Math flashcards help build a child's mental math ability and fact fluency. Each lesson includes a creative way to use the cards, such as games, fact recall, and student call-out activities. These cards are also great to use as independent and small group review. Simply put them in a box for students to grab!

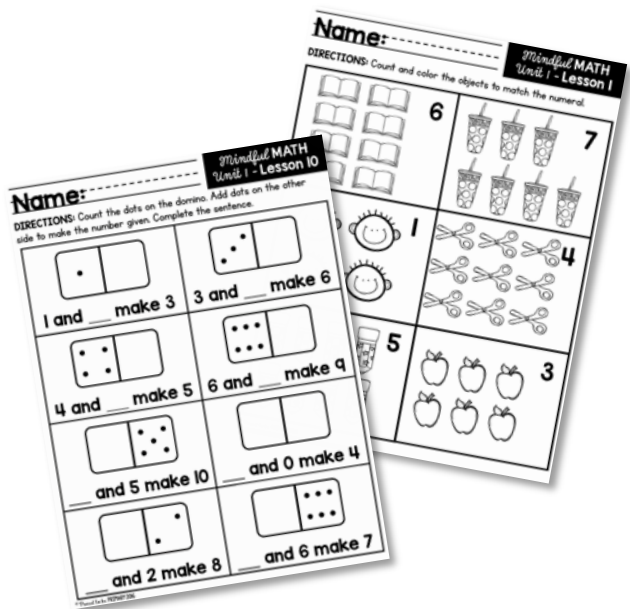


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Practice Worksheets

Each lesson includes differentiated worksheets for your students to practice their math skills. Select the no-prep worksheets you wish for your students to complete, and then assign. These versatile pages are engaging, straightforward, and fun to complete.

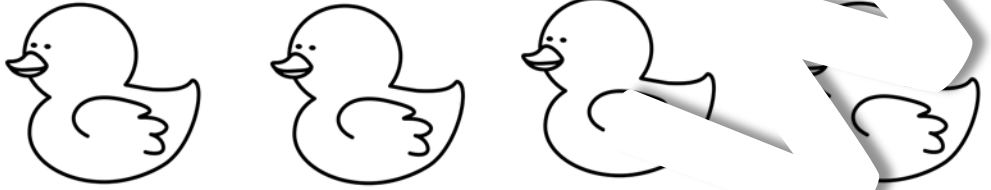


Name: _____

Mindful MATH
Unit 1 - Lesson 7

DIRECTIONS: Say the number. Color and count on for each shape. Record how many altogether.

4



How many altogether? _____

6



How many altogether? _____

3



How many altogether? _____

5



How many altogether? _____

2



How many altogether? _____

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Math Centers & Games

There are a variety of fun and engaging math activities included for every lesson. These hands-on activities encourage focused math practice. They are great for small groups, partner games, and math centers. You will have the materials and instructions to implement the activities quickly and easily!

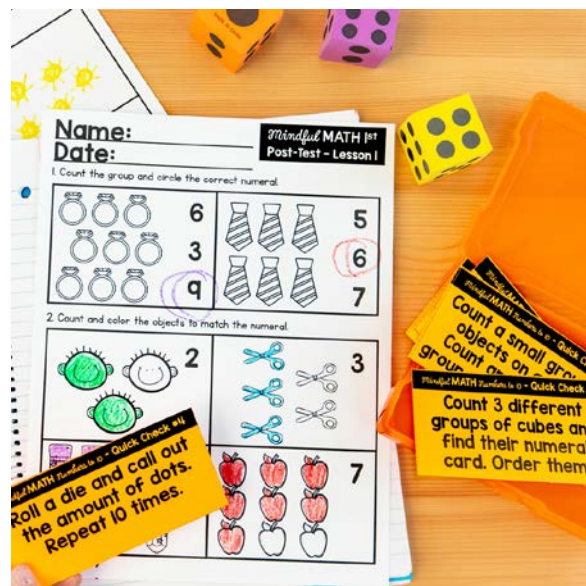
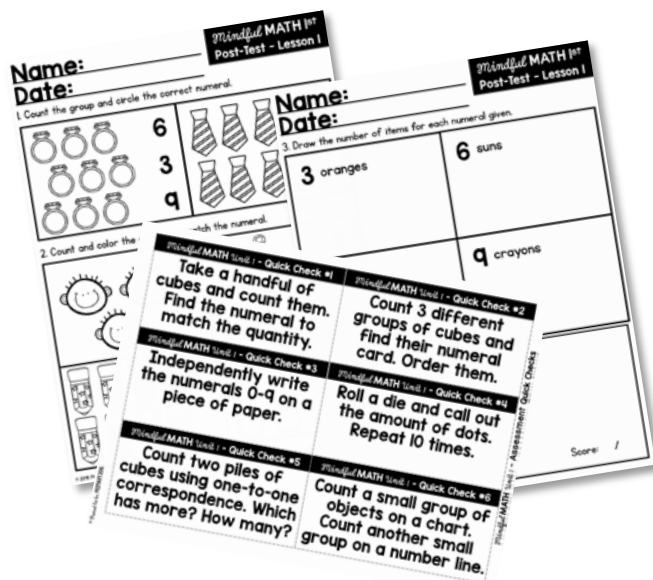


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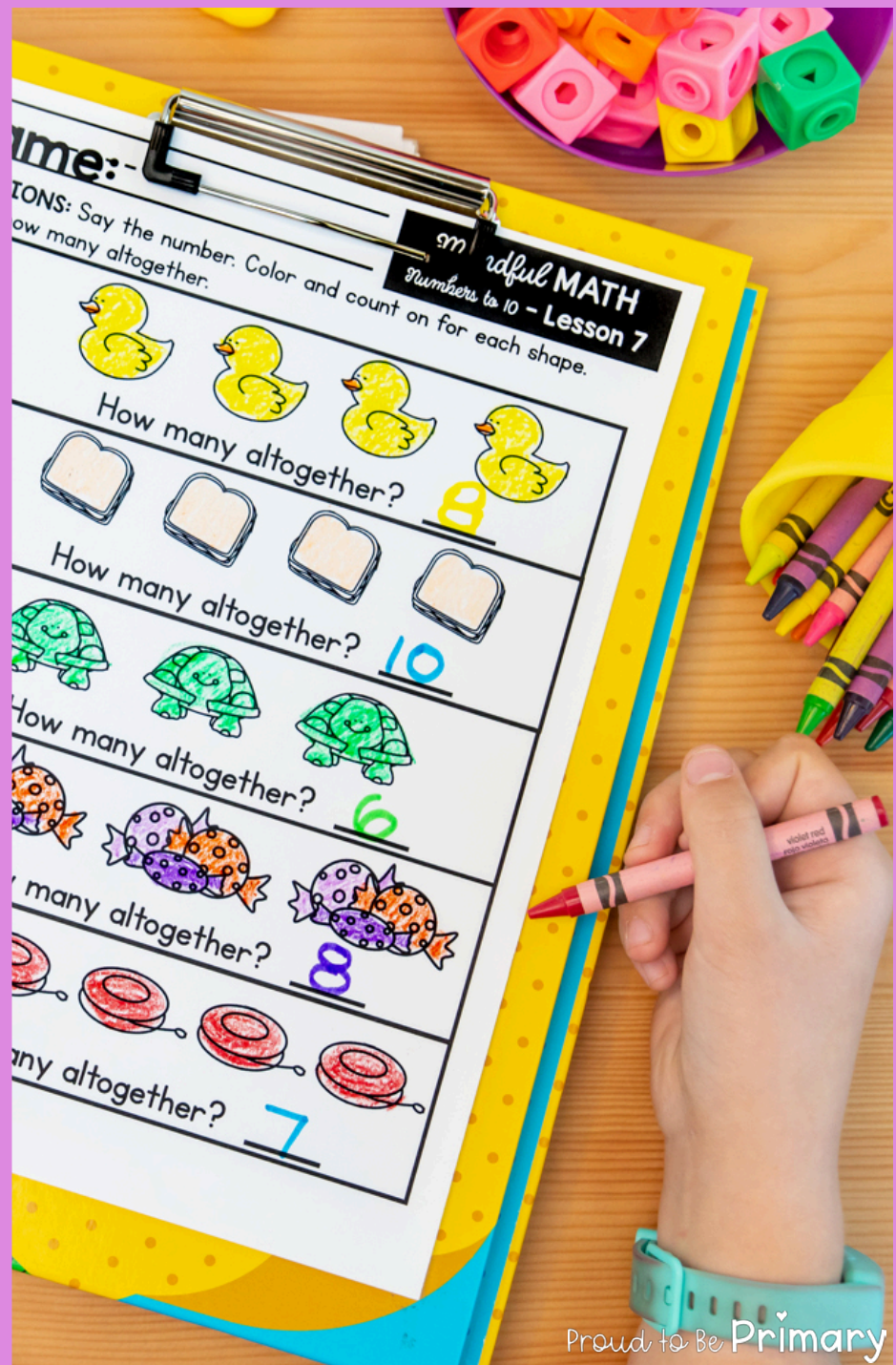
Math Assessments

There are two assessments included for every lesson: A 2-page post-test, as well as a Quick Check assessment task card. The post-test help provide you with data about how your students are doing and if they have acquired the necessary skills they need to know. Use the Quick Checks as a short activity for individuals or small groups to complete and show their understanding.



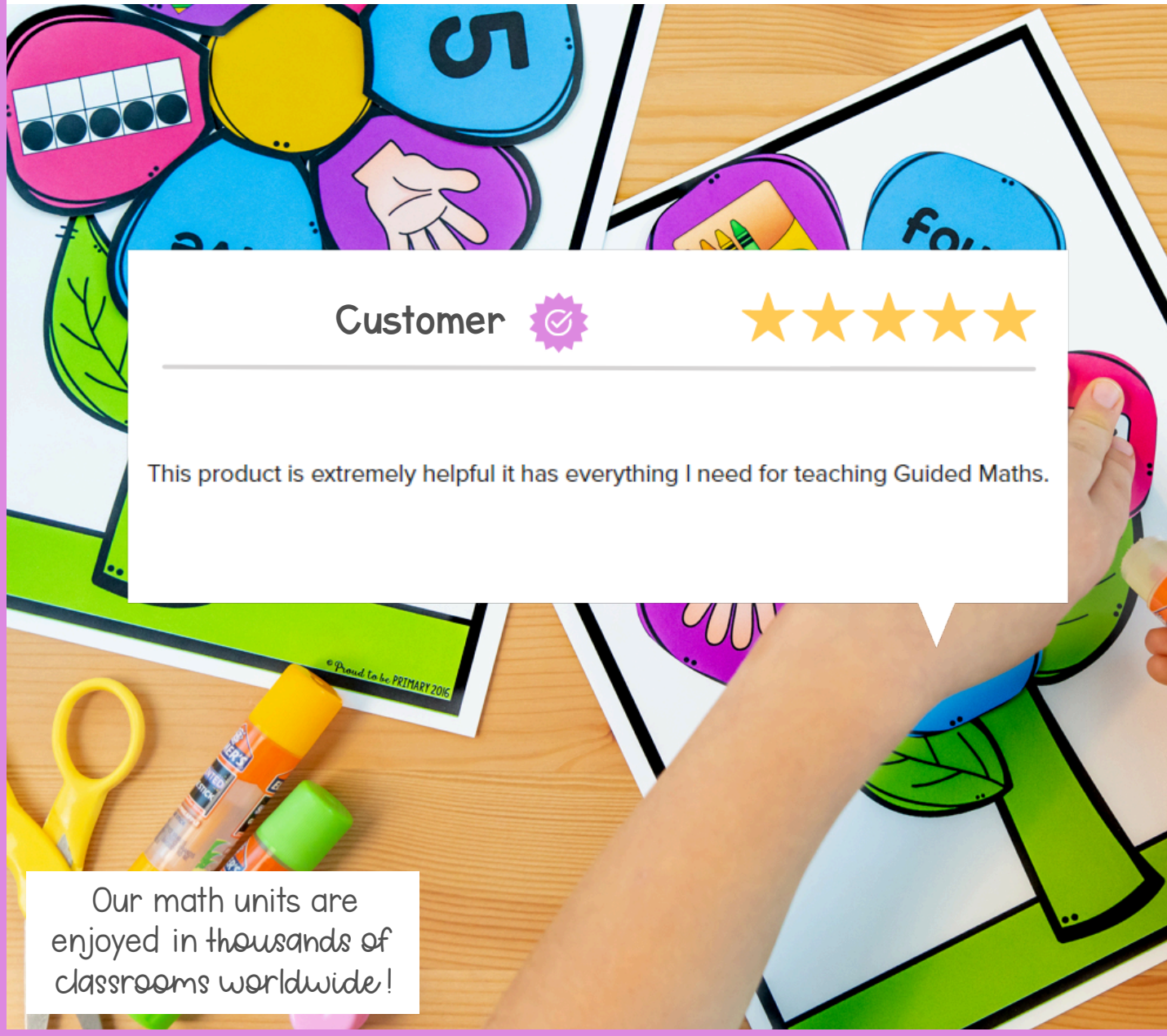
Use Mindful MATH for...

- ♥ Your Guided Math routine
- ♥ Whole group mini-lessons
- ♥ Small group instruction
- ♥ Supplement your math program
- ♥ Math warm-ups
- ♥ Math centers
- ♥ Assessments
- ♥ Sub-plans
- ♥ Home review



Teachers Love Mindful **MATH**

Proud to Be Primary



Customer



This product is extremely helpful it has everything I need for teaching Guided Maths.

Our math units are enjoyed in thousands of classrooms worldwide!

Mindful MATH

aligns to the
standards

- K.CCA.2
- K.CCA.3
- K.CCB.4
- K.CCB.5
- K.CCC.6
- K.CCC.7

This unit provides review of kindergarten standards to prepare students for first grade concepts.

Use it to teach the standards in the U.S. and Canada.

Mindful MATH 1st Grade

Numbers to 10 Overview

Correlated to the United States Common Core Standards

Lesson 1	Counting to 10 and matching numerals to quantities	K.CC.A.2 K.CC.B.4
Lesson 2	Ordering numbers to 10	K.CC.A.2
Lesson 3	Writing numerals to 10	K.CC.A.3
Lesson 4	Subitizing	K.CC.B.5
Lesson 5	One-to-one correspondence (more and less)	K.CC.B.4 K.CC.C.6 K.CC.B.4.A K.CC.B.4.C
Lesson 6	Counting to 10 using a chart and a number line	K.CC.A.2 K.CC.B.4
Lesson 7	Counting on to 10 and backwards from 10	K.CC.A.2
Lesson 8	Reading and writing number words to 10	K.CC.A.3
Lesson 9	Comparing numbers to 10	K.CC.B.4 K.CC.C.6 K.CC.C.7
Lesson 10	Composing and decomposing numbers to 10	K.CC.B.4 K.CC.A.3

Mindful MATH 1st Grade

Numbers to 10 Overview

Correlated to British Columbia, Canada's BIG Ideas for K & Grade 1

Lesson 1	Counting to 10 and matching numerals to quantities	Counting & Number Concepts to 20 & Ways to Make 10
Lesson 2	Ordering numbers to 10	Counting & Number Concepts to 20
Lesson 3	Writing numerals to 10	Counting & Number Concepts to 20
Lesson 4	Subitizing	Counting & Number Concepts to 20
Lesson 5	One-to-one correspondence (more and less)	Counting, Number Concepts, & Change in Quantity to 20
Lesson 6	Counting to 10 using a chart and a number line	Counting & Number Concepts to 20
Lesson 7	Counting on to 10 and backwards from 10	Counting & Number Concepts to 20
Lesson 8	Reading and writing number words to 10	Counting & Number Concepts to 20
Lesson 9	Comparing numbers to 10	Counting & Change in Quantity to 20 & Equality
Lesson 10	Composing and decomposing numbers to 10	Ways to Make 10 - Decomposing 10 into its parts

Mindful MATH 1st Grade

Numbers to 10 Overview

Correlated to Ontario, Canada's Grade 1 Math Curriculum

Lesson 1	Counting to 10 and matching numerals to quantities	Bl.1 read and represent whole numbers up to and including 50, and describe various ways they are used in everyday life; B 1.5 count to 50
Lesson 2	Ordering numbers to 10	Bl.3 compare and order whole numbers up to and including 50, in various contexts
Lesson 3	Writing numerals to 10	Bl.1 read and represent whole numbers up to and including 50, and describe various ways they are used in everyday life
Lesson 4	Subitizing	Bl.1 read and represent whole numbers up to and including 50, and describe various ways they are used in everyday life
Lesson 5	One-to-one correspondence (more and less)	Bl.5 count to 50 by 1s, 2s, 5s, and 10s, using a variety of tools and strategies
Lesson 6	Counting to 10 using a chart and a number line	Bl.5 count to 50 by 1s, 2s, 5s, and 10s, using a variety of tools and strategies
Lesson 7	Counting on to 10 and backwards from 10	Bl.5 count to 50 by 1s, 2s, 5s, and 10s, using a variety of tools and strategies
Lesson 8	Reading and writing number words to 10	Bl.1 read and represent whole numbers up to and including 50, and describe various ways they are used in everyday life; B 1.5 count to 50
Lesson 9	Comparing numbers to 10	Bl.2 compose and decompose whole numbers up to and including 50, using a variety of tools and strategies, in various contexts
Lesson 10	Composing and decomposing numbers to 10	Bl.2 compose and decompose whole numbers up to and including 50, using a variety of tools and strategies, in various contexts

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Mindful **MATH** Curriculum for K-2

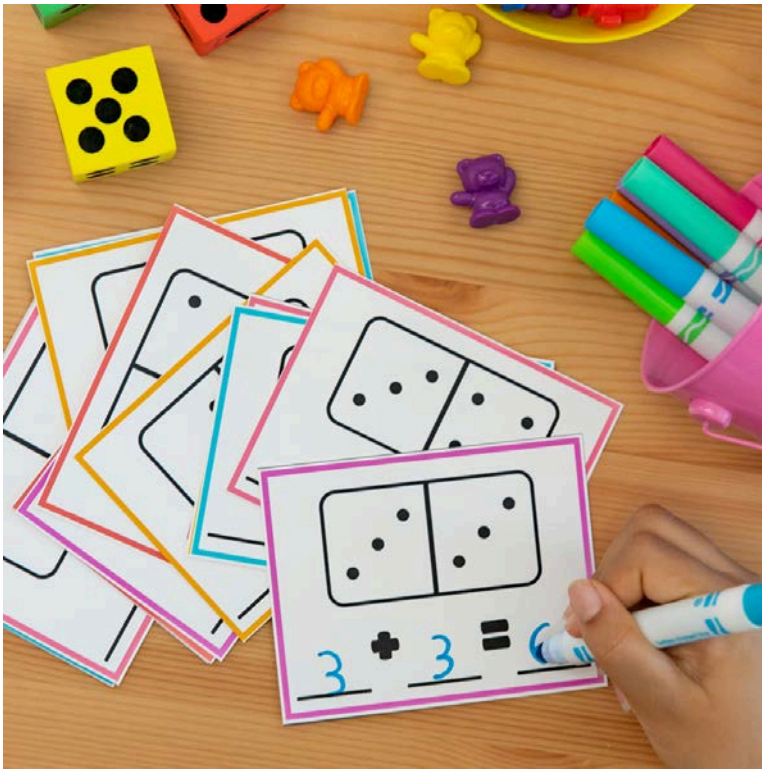


Click the images to see the Mindful Math curriculum
BUNDLES with **EVERYTHING** you need for the whole year!

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SIGN UP TO GET A MINDFUL MATH LESSON & MATERIALS FOR FREE!



I'd love for you to try a sample of Mindful Math with your students to see if it is a perfect fit for you and your students!

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GRAB YOUR
FREE SAMPLE!**](#)

Why

Proud to Be Primary

Mindful MATH

BACKGROUND

The Mindful Math curriculum incorporates focused math learning opportunities and many components within each unit. The activities are hands-on and mind-on, meaning students are actively working on math and engaging their minds. Mindful Math lessons encourage different ways of thinking and representing math concepts.

Mindful Math includes a variety of thoughtful lessons and activities to help meet the needs of learners and their learning styles. Students will have many opportunities to learn, practice, and review new strategies and develop math fluency through whole group warm-ups and lessons, mental math, journals, centers, games, and assessments.

Mindful Math was created to give teachers a comprehensive math curriculum that engages minds and leaves students knowledgeable and fluent in math concepts. The curriculum aligns to the U.S. Common Core standards, the Canadian math curriculums in B.C. and Ontario, as well as many other math curriculums around the world.

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