

Treatment

respiratory distress

	Normal	Mild	Moderate	Severe
Skin	Normal	Normal	Cool, pale, clammy	Cool, pale, clammy, cyanosis
Resp rate	Normal	Slightly increased rate	Increased rate	Marked increase in rate or may also become abnormally slow
Conscious state	Normal	Normal	May appear dazed, confused or in an altered conscious state	Will be in either an altered conscious state or unconscious
Work of breathing	Normal chest movement	Normal chest movement	Increase in chest movement may have sucking in around base of throat, ribs and increase in the effort to breath	Significant increase in movement of chest, marked increase and noticeable use of assessor muscles, noticeable sucking in
Treatment	None	See a doctor	Go to Emergency or call 000	Call 000