Adventure awaits. but first

coffee ...



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# Coffee

Our house coffee is a specialty single origin from Brazil

CAFFE LATTE	3.7
CAPPUCCINO	3.7
FLAT WHITE	3.7
AMERICANO	3.2
МОСНА	4.0
MACCHIATO	3.5
LONG BLACK	3.2
ESPRESSO	2.6
CORTADO	3.2
TURKISH COFFEE	7.5
ALEX'S COFFEE	5.0
Latte 12oz single shot maple syrup & oat milk	

Latte 12oz, single shot, maple syrup & oat milk

# **EL&N** Expressions

<b>VELVET LATTE</b> Our alternative to coffee that makes for a picture perfect Instagram moment. Red espresso, rooibos sweet & condensed milk	7.5
<b>BLACK MAGIC LATTE</b> Stimulate your brain with our activated charcoal latte. It really is magic, with a touch of glitter, made with condensed milk	7.5
# AVOLATTE Green matcha & vanilla syrup, perfection	7.5
LUCKY CHARMS LATTE Sweet, crunchy & full of good fortune	7.5
<b>BLUE SAPPHIRE LATTE</b> Crushed sapphire, blue flower petals, condensed milk & our exclusive matcha creates a royal blue gem of a drink.	15

Brew Bar

We use high quality, specialty limited edition single origin coffee beans for our brew bar from the regions of Central, South America & Africa.

∎ ■	AEROPRESS	7.5
E	CHEMEX FOR TWO	10
	SYPHON	20
8	V 6 0	7.5
Þ	FRENCH PRESS	5.5

# Alternative Lattes

GOLDEN	6.0
Turmeric, cinnamon, pepper & an optional side of honey.	
R U B Y	6.0
Raw beetroot base.	
J A D E	6.0
Japanese matcha tea.	
<b>SPICED CHAI</b> Bombay style tea with spices & an optional side of honey.	6.0
<b>SAFFRON</b> A sweet saffron syrup, with or without coffee.	7.5

### Spanish Lattes

All Spanish lattes have the option to be made with or without coffee & to be served hot or cold.

<b>SPANISH</b> With sweetened condensed milk.	7.5
ROSE SPANISH Rose water, sweetened condensed milk & beetroot juice.	7.5
<b>PISTACHIO SPANISH</b> Pistachio paste , crushed nuts, fresh milk.	8.5
SPANISH ROYAL With a touch of saffron syrup.	8.5

We cannot guarantee any of our dishes are free from allergens and therefore cannot accept any liability in this respect

### Теа

#### EL&N LONDON TEA

3.5

A pot of loose leaf quintessentially British tea

Sylhet Garden / Rooibos Red Berry / Lapsang Souchong / Gunpowder / Fresh Mint / Peppermint / Camomile / Earl Grey / Jasmine

### FLORA TEATM

7.5

A uniquely multi-sensorial journey through flora & fauna from our multi-award winning partners, Flora Tea™. A beautiful bloom in your teapot

# Cold Brew

Sometimes all you need is a little time. We steep our rich and aromatic coffee grounds in filtered water overnight to release a deeper layer of flavour without the acidity. For a clean smooth finish to savour

COLD	BREW	COFFEE	6.0

#### NITRO COLD BREW

6.0

Single origin cold brew coffee infused with pure nitrogen to create a creamy texture, foamy head & natural sweetness.

# Iced Coffee

Cold espresso based drinks in a Greek style

FREDDO	ESPRESSO	4.5
FREDDO	CAPPUCCINO	5.5
FREDDO	LATTE	5.5

# Lemonade

Sweet lemonade with a fresh citrus after taste

Rose / Mojito / Elderflower

4.5

# Hot Chocolate

All the decadence you desire. Our hot chocolates are created in collaboration with cocoa masters

DARK / MILK / WHITE / NUTELLA (N)	5.5
Add mint, hazelnut, cherry, vanilla, caramel or salted caramel	+ 50p
Add marshmallow or whipped cream	+ 50p

# Frappés

Iced, sweet smoothness with milk to cool down your day

VANILLA / CHOCOLATE	6.5
COFFEE / MOCHA	

# Refreshers

Let's chill! Take a moment to reflect and refresh with our cold drinks list

Refreshing summer sweetness, made with delicious flavoured syrups Peach / Jasmine & Lime / Watermelon & Green Tea

JUICES	5.5
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5.5

6.0

Apple / Pineapple / Orange / Carrot

#### SMOOTHIES

Fresh fruit smoothies made with apple juice & ice (VG)

Mango & Passion Fruit / Strawberry & Banana / 7.5 Raspberry & Blackcurrant / Mango & Avocado

SOFT DRINKS	3.5
Coke / Diet Coke / Sprite	
WATER	
Still Small / Sparkling Small	3.5
	7.5
Still Large / Sparking Large	7.5
ICED NUTELLA SHAKE	
Topped with whipped cream & milk	7.5
chocolate sprinkles (N)	

### KOMBUCHA

Strawberry / Ginger

# Breakfast Bowls

### ACAI BOWL

8.5

Homemade granola, fresh banana, passion fruit & mixed summer berries (VE) (N) (S)

#### PINK BIRCHER MUESLI 7.5

Soaked in apple juice, oat milk & coconut yogurt, topped with apple, mixed nuts, blueberry powder & mixed summer berries (VE) (N) (S)

#### TOASTED RASPBERRY & 6.95 COCONUT BREAD

Lemon curd, coconut yogurt, toasted mixed nuts, pomegranate & mixed summer berries (V) (N) (S)

#### PINK PORRIDGE

5.95

Hot bircher made with coconut milk & oat milk with mixed nuts, apple & mixed berries (VE) (N) (S)





# Eggs by EL&N

#### SIGNATURE SMASHED AVO 10

Coriander, fresh chili, beetroot hummus, toasted omega seeds, black sesame seeds, poached free range egg, pomegranate, served on toasted sourdough bread (V) (N) (S)

+ Smoked salmon	+3.95
+ Crumbled feta	+1.5
+ Poached free range egg	+2.75

#### SHAKSHUKA

Baked free range eggs in our signature red pepper tomato sauce with feta, pomegranate & black sesame seeds. Served with grilled dukkha flatbread and hummus (V) (S) (N) +3.25

12.95

+ Grilled courgette & aubergine

#### MEDITERRANEAN 11.50 BREAKFAST MEZZE

Poached free range egg, beetroot humus, red pepper tapenade, tzatziki, spiced chickpeas, sliced avocado, black sesame seeds & dukkah flatbread. (V) (N) (S)

+ Grilled courgette & aubergine	+3.25
+ Smoked salmon	+3.95

#### ENGLISH MUFFINS 7.95

Poached free range eggs with hollandaise sauce, pomegranate seeds & black sesame seeds (V) (S)

+ 2.95 + Smashed avocado +3.95 + Smoked salmon

# Croissants

Small plain with butter & jam (V)	2.0
Large plain with butter & jam (V)	2.5
Chocolate & hazelnut (V) (N) / Pistachio (V) (N)	3.0
Pink rose & raspberry (V)	3.5
Cheese & tomato (V)	4.75
Cheese & za'atar (V) (N) (S)	4.75

# Sandwiches

#### WHITE TRUFFLE CHEESE

White truffle oil, cheddar, mozzarella, harissa paste, spinach, toasted omega seeds served in sourdough bread with honey & mustard dressed salad (V) (N) (S)

#### GRILLED SPICY TUNA SANDWICH

Tuna, mayonnaise, dill, parsley, gherkins, basil pesto, jalapenos, sliced avocado, chilli sauce, toasted omega seeds, served in toasted rye & multi seeded panini with honey & mustard dressed salad (N) (S)

#### CHEESE & ZA'ATAR FLATBREAD

7.50

9.0

Grilled cheddar, mozzarella, tzatziki, parsley & za'atar spice, toasted omega seeds served on dukkah flatbread with honey & mustard dressed salad (V) (N) (S)

#### FALAFEL WRAP 7.95

Sweet potato falafel, beetroot hummus, tzatziki, red peppers, cucumber, spinach, toasted omega seeds & za'atar spice, served with honey & mustard dressed salad (V) (N) (S)

#### SICILIAN CHICKEN SANDWICH

Marinated Sicilian chicken breast, basil pesto, sundried tomatoes, rocket, mozzarella, toasted omega seeds served in sourdough bread with honey & mustard dressed salad (N) (S)

#### HERITAGE TOMATO & 7.5 MOZZARELLA FLATBREAD

Basil pesto, mozzarella, dressed heritage tomatoes, garlic, mustard cress, toasted omega seeds served on toasted flatbread with honey & mustard dressed salad (V) (N) (S)

#### SMOKED SALMON FLATBREAD

9.5

Poached free range egg, smoked salmon, tzatziki, toasted omega seeds. on toasted flatbread with honey & mustard dressed salad (N) (S)

# Large Plates

#### PINK RIBBON PASTA 9.5

Pink linguine pasta, heritage tomatoes, garlic, extra virgin olive oil, parsley, basil & black sesame seeds. Served cold (V) (S)

+ Grilled	chicken	+3.5
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+ Crumbled feta +15

As named by @clairefranklin55 via our Instagram competition

#### MEDITERRANEAN BAKED 12.95 CHICKEN

Grilled aubergine & courgettes, marinated Sicilian chicken, our signature red pepper & tomato sauce, mozzarella, parmesam dressed heritage tomatoes & black sesame seedsserved dukkah flatbread & hummus (N) (S)

#### BEEF LASAGNE

12.95

Aubergine, feta, mozzarella, beef, parmesan, basil pesto, our signature red pepper & tomato sauce with black sesame seeds (N) (S)

# Extras & Sides

HUMMUS & FLATBREAD	4.5
(VE) (N) (S) BEETROOT HUMMUS & FLATBREAD (VE) (N) (S)	5.5
MIXED LEAVES SALAD Dressed with honey & mustard (VE) (S)	3.5
BREAD	3.5



7.50

8.50

You're the

sweetest

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Cakes	
<b>PINK PAVLOVA</b> Pink meringue, vanilla & white chocolate whipp ganache, raspberry compote & fresh fruit (V) (	
<b>STRAWBERRY CHEESECAKE</b> Cream cheese bavarois, strawberry insert & a vanilla short crust base	6.95
MIXED BERRY CHEESECAKE	6.95
Cream cheese bavarois, mix berry insert & a vanilla short crust base	
COCONUT & GUAVA CAKE Almond dacquoise, coconut & pineapple compote, guava whipped ganache & fresh fruit (N)	6.95
<b>BANOFFEE TART</b> Chocolate shortcrust, almond sponge, dulce de leche, caramelised bananas, caramel chocolate ganache & banana mousse (N)	6.95
STRAWBERRY PANNA COTTA	6.95
Strawberry crémeux, vanilla panna cotta & strawberry whipped cream (N)	
CARROT CAKE	6.95
Carrot sponge, cream cheese frosting flavoured with citrus, vanilla & tonka beans (N)	
<b>ROSE MACARON</b> Almond macaron, rose milk chocolate ganache & raspberry compote (V) (N)	6.95
FRESH FRUIT SPONGE CAKE Almond sponge, vanilla & agrums cream with fresh fruit (N)	6.95
<b>STRAWBERRY TART</b> Vanilla shortcrust, almond frangipane, creme patissiere, flavoured tonka beans, fresh fruit & whipped white chocolate ganache (N)	6.95
BLACK FOREST HEART Chocolate sponge, cherry, chocolate mousse & vanilla whipped cream (N)	6.95
BLACKCURRANT CARAMEL TART Chocolate shortcrust, hazelnuts crunchy eclat d'or, blackcurrant caramel, milk chocolate ganache & whipped vanilla ganache (N)	6.95
CARAMEL & MACADAMIA CHEESECAKE Digestive biscuit base, cream cheese mousse, macadamia nuts & caramel (V) (N)	6.95
CHOCOLATE & CARAMEL CAKE Chocolate sponge, chocolate frosting & soft caramel (V) (N)	7.5

RED VELVET CAKE Red velvet sponge & a cream cheese filling (V) (N)	7.5
STRAWBERRY SPONGE CAKE Vanilla sponge, strawberry compote, meringue butter cream frosting (V)	7.5
EL&N JASMINE CAKE Jasmine blossom & vanilla bavarois, almond sponge, strawberry compote (N)	6.95
LYCHEE & VANILLA MOUSSE Lychee & vanilla mousse, rhubarb & strawberry compote & an almond sponge (N	6.95 N)
<b>MILLEFEUILLE</b> Puff pastry, caramel, agrums whipped ganache (N)	6.95
PINK GRAPE & ALMOND SPONGE CAKE Pink grape cabernet mousse, vanilla crémeux & almond sponge (N)	6.95
VEGAN PUMPKIN & COCONUT CAKE With a hint of cinnamon (VE)	5.5
PLAIN BROWNIE (V)	4.5
OREO CHOCOLATE CAKE (V)	8.75
PISTACHIO CAKE (V)(N)	8.75
KISHKISH (V)	8.75
GARSAGEEL SAFFRON & ROSE CAKE(V)(S)	8.75
SAFFRON DULCHE DE LECHE CAKE (V)	8.75

# Ice Cream (N)

Pistachio(V) /	6.0
Salted Caramel(V) / Chai Latte(V)	/
Chai Dark Chocolate Sorbet(VE) /	
Saffron Dulche(V) / Spanish Latte	(V)

We cannot guarantee any of our dishes are free from allergens and therefore cannot accept any liability in this respect

Eat. live and nourigh

Welcome to our world...

Stepping inside any one of EL&N's iconic cafes is more than just an experience, it's a journey.

Breathe in the vast fields of South America through our unique blend of coffee beans.

Discover only the freshest of ingredients from our stunning Mediterranean-inspired menu.

So whether you are looking for London's finest coffee, beautifully handcrafted cakes, or our famous Shakshuka, the promise is simple...

Uncompromising passion for coffee and food.

g ng in your pictures @elan\_cafe

(V) Vegetarian (VE) Vegan (N) Contains Nuts (S) Contains Sesame Seeds

Soy, almond, rice, oat and cashew milk alternatives are available at no extra cost. Please speak with a member of the team about any allergies before ordering, we cannot guarantee any of our dishes are free from allergens and therefore cannot accept any liability in this respect. Desserts may contain traces of gluten and nuts.

Please note that the maximum stay is 45 minutes.

Park Lane • Brompton Road • Market Place • Selfridges • Hans Crescent • Lowndes Street