FEATURES:

The Ascents® starter system comes complete with an Ascents® Gel cartridge for immediate enjoyment of aromatherapy.

Each long-lasting Ascents® Gel delivers up to 30 days of continuous therapeutic scent, enhancing spaces up to 600 square feet.
INSTRUCTIONS:

To use the system, remove the lid of the Ascents® Gel cartridge and insert it into the bottom of the unit, gel side inward.

Twist the cartridge clockwise until it clicks into place. For your convenience, the lid can be stored by snapping it onto the bottom of the cartridge while in use.

With the cartridge in place, insert the power adapter’s connector into the DC jack input on the back of the unit. Plug the power supply into the wall outlet. Or, the a/c adapter can be removed, permitting power from any USB port.
INSTRUCTIONS:

The **left slider** turns the unit on. Slide to the desired position from minimum to maximum to control fragrance intensity.

The **right slider** controls the intervals of operation:
- Min provides 10 minutes run time and 30 minutes off.
- Med provides 10 minutes run time and 20 minutes off.
- Max provides 10 minutes run time and 10 minutes off.
- The far right position of the slide is for permanent or continuous operation.

All of these cycles will repeat indefinitely until the unit is turned off. No harm will be caused to the unit by running in any of these modes for long periods of time.

By using the intermittent settings, the sense of smell is refreshed during the rest period. The fragrance will always feel fresh and strong. Our website has detailed information about what is called “habituation.”

The Ascents® diffuser offers an optional 8-hour automatic shut-off function. To use this feature, depress and hold the 8-hour button until the power light indicator flashes. The unit will then automatically shut off and power down in 8 hours no matter which intermittent or permanent mode you have selected.
SCENT HABITUATION:

Setting your diffuser for optimal use:
The Ascents® diffuser’s unique control system allows users to avoid scent habituation and therefore habituation to the therapeutic effects of Ascents’® clinical formulas.

What is scent habituation? A simple example is “stinky room” syndrome. Many of us have entered a room and noticed a distinct odor, but after a few minutes, it has become unnoticeable. We’ve habituated to the scent. But when we leave the room, get some fresh air and later return, the cycle starts all over again.

The following graph shows the habituation process over 30 minutes, the average cycle we encounter.

As you can see, the decline in signal recognition (notice of scent) drops off significantly after 5 minutes, and it takes approximately 30 minutes for the biochemistry to reset to its equilibrium. This is why the Ascents® diffuser was developed to take into account this cycle in order optimize our essential oil blends for multiple needs and environments.

So get the timing right -- 10 minutes on, 30 off, 20 minutes on, 30 off; and 30 minutes on and 30 minutes off. All of these functions, combined with the intensity control will allow the perfect setting to be found based on both needs, and environment.
SUBSCRIBE AND SAVE:

Subscribe and Save on Ascents® Gel Refills!

Now that you’ve purchased an Ascents® diffuser system, make sure to take advantage of our convenient discount subscription program and receive 15% off Ascents® Gel refills.

Sign up now at ShopAscents.com.

There is no obligation, and you can cancel or update your subscription at any time!
Your Ascents® diffuser is under warranty against manufacturing defects or malfunctions that may occur under normal use.

For repair or service please contact us for a return authorization. For customer service or additional information, please visit www.shopascents.com, email customerservice@shopascents.com, or call 800-671-1890.

Also available from Ascents®:

Essential Oil Inhalers:

Liquid Oils:

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