

# Some Signs of Pet Anxiety



Some symptoms and behaviors related to anxiety are obvious: shaking during a storm, hiding during fireworks, destroying the house when left alone. Some are not-at-all obvious and often misunderstood. Did you know that yawning, lip-licking and even tail-wagging are common symptoms of anxiety and fear?

## Some Symptoms Include:

- Shaking
- Hiding
- Drooling
- Vocalization
- Indoor Elimination
- Panting
- Clinging
- Digging
- Scratching
- Destructive Chewing

## Often Misunderstood

Common misunderstood behaviors include:

- Lip Licking
- Yawning
- Tail Wagging
- Repetitive Motions



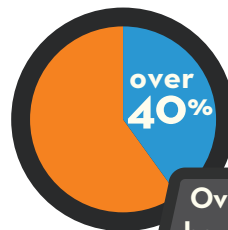
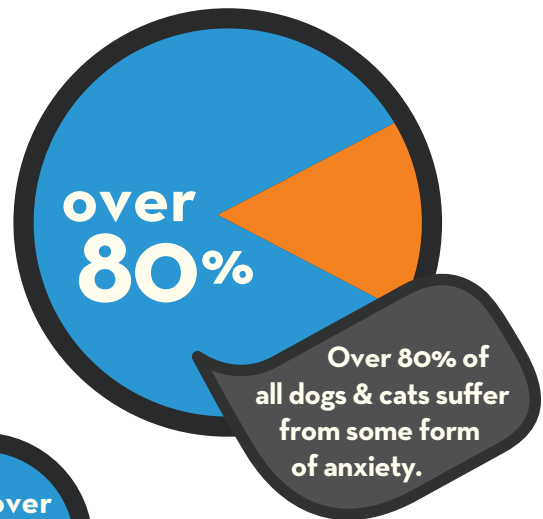
## We can Help!



## Anxiety Facts

Did you know?

- Over 80% of all dogs and cats suffer from some form anxiety.
- Over 40% of all dog or cat owning households have at least one pet with anxiety.
- Pets often develop new anxieties as they get older.
- Pet owners spend over \$1 Billion annually dealing with pet anxiety.



## Common Anxiety Triggers

The most common anxieties are:

- Fear of Noises
- Separation Anxiety
- Reactivity/Aggression
- Thunder & Fireworks
- Fear of the Vet
- Travel Anxiety

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