



**ThunderShirt**  
INSANELY CALM™

THE BETTER SOLUTION FOR

## Cat Anxiety

**STEP 1:** Perform the “Initial Fitting & Conditioning” as described below.

**STEP 2:** When an anxiety trigger is likely or already present (e.g. thunderstorm approaching,) slip the ThunderShirt onto your cat. Observe the results. Many cats need no further treatment for many anxiety types. Are you satisfied with the improvement you see? If not, please proceed to Step 3 below.

**STEP 3: (Not Required In Many Cases):** If you would like additional calming for your cat, we recommend combining ThunderShirt with other calming solutions like our ThunderEase calming pheromones or our ThunderWunders calming chews or paw gel. To learn more, please go to [www.thundershirt.com](http://www.thundershirt.com) or call 866.892.2078.

### INITIAL FITTING & CONDITIONING

**ThunderShirt is designed to be very easy to put on and take off... no need for pulling anything over her head or threading her legs through leg holes. After you first receive your ThunderShirt, we recommend the following steps while your cat is NOT feeling anxious:**

1. Before putting ThunderShirt on your cat for the first time, offer a small food treat to your cat using the folded ThunderShirt as a “plate”. Cats typically become more comfortable and trusting of something that “brings” them food or anything that they associate with food. So this is an easy little trick to quickly create a positive association with ThunderShirt for your cat.
2. Next, simply follow the “**Fitting Instructions**” on the other side of this sheet. Leave ThunderShirt on for 5-10 minutes. Following these simple instructions allows you to learn exactly how to use ThunderShirt while the cat is calm and helps to avoid the risk that she might begin to associate ThunderShirt with what bothers her. It can also be beneficial to put ThunderShirt on every 4 to 8 weeks in the absence of anxiety.

To further strengthen positive associations with ThunderShirt, provide a treat to your cat each time right after you put it on. Most ThunderShirt cat owners report that their cats really enjoy wearing their ThunderShirts, and many cats even go on their own to where their ThunderShirts are stored when a storm approaches or some other anxiety trigger happens!

### INFORMATION ON RETURNS OR EXCHANGES:

If you purchased your ThunderShirt directly from ThunderWorks, please visit [thundershirt.com/returns](http://thundershirt.com/returns). If you purchased your ThunderShirt from another retailer, please contact them directly. ThunderWorks is unable to process returns or exchanges for products purchased from another retailer.



# ThunderShirt®

## FITTING INSTRUCTIONS

### READ BEFORE USING YOUR THUNDERSHIRT

**USING FOR EXTENDED PERIODS OF TIME:** ThunderShirt is designed to be safe to leave on for extended periods of time when appropriate for the situation or issue. When sized correctly and properly put on with a soothingly snug fit, your cat should be very comfortable. If your cat will be wearing a ThunderShirt for more than **one hour** at a time, we recommend removing ThunderShirt every one to two hours during the initial periods to check for any signs of irritation points. Irritation points are very rare, but it is best to be cautious. After confirming no irritation points during initial uses for extended periods, we recommend that you still **remove the ThunderShirt at least twice a day for thirty minutes.**

**NO EXPOSED HOOK FASTENERS:** When properly sized and put on your cat, no sections of “hook fasteners” (the side of the fasteners that feels rough to the touch) should be exposed on the outside or against your cat’s fur. If you see exposed hook fasteners in either place, please remove the ThunderShirt and contact us at [service@thundershirt.com](mailto:service@thundershirt.com) or 866.892.2078.

**CHEST STRAPS SHOULD BE LOOSE AROUND NECK:** Use the “two-finger” collar rule when applying the neck straps (i.e. easily slide two fingers between the neck straps and your cats neck without pressure). The neck straps are only intended to keep the ThunderShirt in place.

**INHIBITED MOBILITY:** If your cat shows signs of inhibited mobility with her ThunderShirt on after wearing it for one hour and encouraging movement (e.g. unable to jump or walk as usual), we do not recommend using ThunderShirt for extended periods (e.g. longer than 1-2 hours) for your cat.

**THUNDERPATCH:** Each ThunderShirt is equipped with a “ThunderPatch”, the perfect place to add an extra layer of calm with your favorite pheromone spray.



### SEE DIAGRAM TO THE LEFT TO IDENTIFY PARTS MENTIONED BELOW

- 1 Place the ThunderShirt on your cat's back and wrap the **Short Flap** under the torso.  
Wrap the **Long Flap** under the torso and secure with fasteners onto the **Short Flap**. Make a comfortable, snug fit.
- 2 Wrap the **Top Flap** down onto the **Long Flap** and secure with fasteners. Adjust to improve the snug fit and keep ThunderShirt securely in place.
- 3 Wrap the **Chest Straps Lightly** around the front of your cat (the chest straps should not apply pressure to the neck) and secure with fasteners. The calming pressure is applied by the torso flaps, not the chest straps.



Find videos, FAQs and more at [www.ThunderShirt.com](http://www.ThunderShirt.com)