

STEP 1: Perform the "Initial Fitting & Conditioning" as described below.

STEP 2: When an anxiety trigger is likely or already present (e.g. thunderstorm approaching,) slip the ThunderShirt® onto your cat. Observe the results. Many cats need no further treatment for many types of anxiety. Are you satisfied with the improvement you see? If not, please proceed to Step 3 below.

STEP 3: If you would like additional calming for your cat, we recommend combining ThunderShirt® with other calming solutions like our ThunderEase® calming pheromones or our ThunderWunders® calming chews or paw gel. To learn more, please go to www.thundershirt.com or call 866.892.2078.

## **INITIAL FITTING & CONDITIONING**

ThunderShirt\* is designed to be very easy to put on and take off... no need for pulling anything over the head or threading the legs through leg holes. After you first receive your ThunderShirt\*, we recommend the following steps while your cat is NOT feeling anxious:

- 1. Before putting ThunderShirt® on your cat for the first time, offer a small food treat to your cat using the folded ThunderShirt® as a "plate". Cats typically become more comfortable and trusting of something that "brings" them food or anything that they associate with food. So this is an easy little trick to quickly create a positive association with ThunderShirt® for your cat.
- 2. Next, simply follow the "Fitting Instructions" on the other side of this sheet. Leave ThunderShirt® on for 5-10 minutes. Following these simple instructions allows you to learn exactly how to use ThunderShirt® while the cat is calm. It can also be beneficial to put ThunderShirt® on every 4 to 8 weeks in the absence of anxiety.

To further strengthen positive associations with ThunderShirt\*, provide a treat to your cat each time right after you put it on. Most ThunderShirt\* cat owners report that their cats really enjoy wearing their ThunderShirt\*, and many cats even go on their own to where their ThunderShirt\* is stored when a storm approaches or some other anxiety trigger happens!

## INFORMATION ON RETURNS OR EXCHANGES:

If you purchased your ThunderShirt\* directly from ThunderWorks, please visit thundershirt.com/returns. If you purchased your ThunderShirt\* from another retailer, please contact them directly. ThunderWorks is unable to process returns or exchanges for products purchased from another retailer.



## READ BEFORE USING YOUR THUNDERSHIRT®

**USING FOR EXTENDED PERIODS OF TIME:** ThunderShirt\* is designed to be safe to leave on for extended periods of time when appropriate for the situation or issue. When sized correctly and properly put on with a soothingly snug fit, your cat should be very comfortable. If your cat will be wearing a ThunderShirt\* for more than **one hour** at a time, we recommend removing ThunderShirt\* every one to two hours during the **initial periods** to check for any signs of irritation points. Irritation points are very rare, but it is best to be cautious. After confirming no irritation points during initial uses for extended periods, we recommend that you still **remove the ThunderShirt\* at least twice a day for thirty minutes.** 

NO EXPOSED HOOK FASTENERS: When properly sized and put on your cat, no sections of "hook fasteners" (the side of the fasteners that feels rough to the touch) should be exposed on the outside or against your cat's fur. If you see exposed hook fasteners in either place, please remove the ThunderShirt\* and contact us at service@thundershirt.com or 866.892.2078.

CHEST STRAPS SHOULD BE LOOSE AROUND NECK: Use the "two-finger" collar rule when applying the neck straps (i.e. easily slide two fingers between the neck straps and your cats neck without pressure). The neck straps are only intended to keep the ThunderShirt\* in place.

INHIBITED MOBILITY: If your cat shows signs of inhibited mobility with her ThunderShirt® on after wearing it for one hour and encouraging movement (e.g. unable to jump or walk as usual), we do not recommend using ThunderShirt® for extended periods (e.g. longer than 1-2 hours) for your cat.

**THUNDERPATCH:** Each ThunderShirt® is equipped with a "ThunderPatch", the perfect place to add an extra layer of calm with ThunderEase® Pheromones.



## SEE DIAGRAM TO THE LEFT TO IDENTIFY PARTS MENTIONED BELOW

- Place the ThunderShirt® on your cat's back and wrap the Chest Straps lightly around the front of your cat (the chest straps should not apply pressure to the neck) and secure with fasteners. The calming pressure is applied by the torso flaps, not the chest straps.
- 2 Wrap the **Short Flap** under the torso.
- Wrap the Long Flap under the torso and secure with fasteners onto the Short Flap. Make a comfortable, snug fit.
- Wrap the Top Flap down onto the Long Flap and secure with fasteners. Adjust to improve the snug fit and keep ThunderShirt® securely in place.



Find videos. FAQs and more at www.ThunderShirt.com