

## Tutorial for binding a quilt

Cut binding strips at 2 ¼"

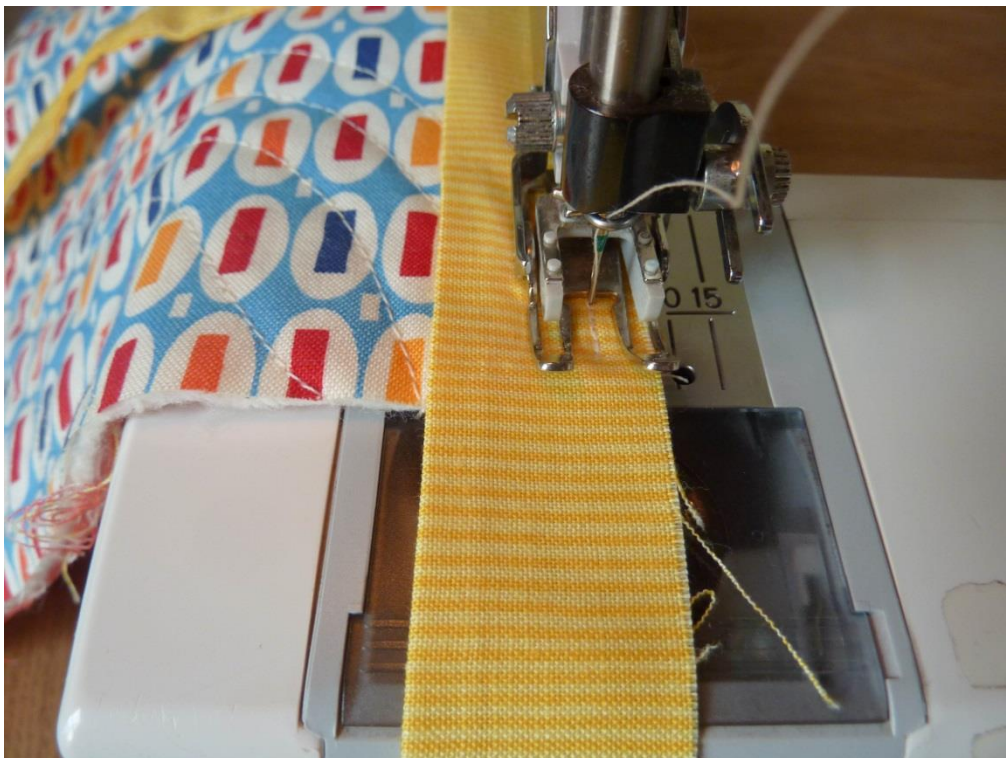
Sew the strips together end to end 'mitring' the seams. This method of sewing at 45 degrees reduces the bulk of the seam and looks neater on the finished quilt.



Fold the strip in half lengthways, wrong sides together, lining up the raw edges



Sew the binding strip to the edge, on the right side of the quilt top, lining up the raw edges. Leave approximately 8" spare at the start to allow you space to join the strips at the end. Use ¼" seam and stop ¼" from the end. Stitch backwards 3 or 4 stitches and cast off.



Fold the binding strip back on itself at a 45 degree angle. Finger press this fold. Fold it back down again in line with the next edge of the quilt and finger press the fold again. Start sewing the next edge  $\frac{1}{4}$ " from the top. This should be directly where you stopped sewing the previous edge.



When you get back to the start, cut the excess binding leaving an exact  $2\frac{1}{4}$ " overlap. Open out the folded strips and joined the ends with a mitred seam in the same way you did at the start.



Fold the binding over to the back of the quilt and stitch in place. When you reach the corners, stitch to  $\frac{1}{4}$ " from the edge, fold over the next edge at a 45 degree angle and continue.

