

USA States and Capitals



Learning Goal: Identifying the state names and where they are located in the USA

Directions:

1. Each player gets their own USA Coloring map.
2. Print and individually cut each state name with its capital. There should be 50 pieces of paper.
3. Fold each piece of paper to show the state name on one side and the capital city on the reverse side. Note: the capitals side of the papers are not used in Game 1.
4. Evenly distribute the state labels to each player. For 2 players, each person will receive 25 state names. (if you have two different aged kids playing, try giving the older child more states papers to match to challenge them!)
5. Set a timer for 10 minutes.
6. Each player finds the matching paper with the state name to the state on the map.
7. The person that correctly matched the most states with their papers wins!

Game 2: State and Capital Map Matching Game!

Learning Goal: Identifying where the states and their capitals are located on a USA map. In this challenge, the state names on the papers can be used as a helper.

Directions:

1. Each Player gets a USA Map.
2. Print and individually cut each state name with its capital. You should have 50 pieces of paper.
3. Fold each piece of paper and place them in a hat.
4. Each player picks one piece of paper, on the count of three they try to match the state and capital to the map.
5. The first one to match and pronounce the capital name with the state correctly gets a point! Keep playing until all states and capitals are matched!

Game 3: Capital Map Matching Game!

Learning Goal: Identifying the capitals for each state and where they are located on a USA map. In this challenge, the state name is removed from the a paper. Use only the names of the capital cities.

Directions:

1. Each Player gets a USA Map.
2. Print and individually cut the names of the capitals - do not include the state name.
3. Place the papers in a hat and mix them.
4. Each player picks one piece of paper, on the count of three they try to match the capital to the state on the map while saying the name of the capital and state.
5. Each player gets a point for each correct answer. Keep playing until all states and capitals are matched.
6. The player with the most points wins!

Game 4: Moving Map Matching Game!

Learning Goal: Identifying the capitals for each state and where they are located on a USA map while adding physical activity.

Directions:

1. Each Player gets a USA Map
2. Print and individually cut each state name with its capital. You should have 50 pieces of paper.
3. Place the papers in a hat and mix them.
4. Place the hat at the opposite end of the room from the map.
5. Teacher says, hop, skip or jump and the player has to follow the action before getting to the map, do it wrong and go back!
7. Each player picks one piece of paper, on the count of three they hop skip or jump to the map and try to match the capital to the state.
8. The first one to match correctly gets a point! Keep playing until all states and capitals are matched!

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State	Capital
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Alabama	Montgomery
Alaska	Juneau
Arizona	Phoenix
Arkansas	Little Rock
California	Sacramento
Colorado	Denver
Connecticut	Hartford
Delaware	Dover
Florida	Tallahassee
Georgia	Atlanta
Hawaii	Honolulu
Idaho	Boise
Illinois	Springfield
Indiana	Indianapolis
Iowa	Des Moines
Kansas	Topeka
Kentucky	Frankfort
Louisiana	Baton Rouge
Maine	Augusta
Maryland	Annapolis

Massachusetts	Boston
Michigan	Lansing
Minnesota	Saint Paul
Mississippi	Jackson
Missouri	Jefferson City
Montana	Helena
Nebraska	Lincoln
Nevada	Carson City
New Hampshire	Concord
New Jersey	Trenton
New Mexico	Santa Fe
New York	Albany
North Carolina	Raleigh
North Dakota	Bismarck
Ohio	Columbus
Oklahoma	Oklahoma City
Oregon	Salem
Pennsylvania	Harrisburg
Rhode Island	Providence
South Carolina	Columbia
South Dakota	Pierre

Tennessee	Nashville
Texas	Austin
Utah	Salt Lake City
Vermont	Montpelier
Virginia	Richmond
Washington	Olympia
West Virginia	Charleston
Wisconsin	Madison
Wyoming	Cheyenne

THE UNITED STATES OF AMERICA

