

Consonant Product Layering Guide

Applying products in the correct order is the key to maximizing the efficacy of the bioactive ingredients. The following list depicts the order in which to apply Consonant products. This list is comprehensive and it should be noted that not all products are necessary in every regimen. One may choose the products from this list that are right for them. Pay special attention to the "*" marked products to prevent ingredient interactions.

Order of Product Application

- 1. Makeup Removing Cleansing Oil/Natural Foaming Face Wash*
- 2. DHE Mask**
- 3. Maximum Glycolic Meta Serum**
- 4. HydrExtreme Sheet Mask
- 5. HydrExtreme
- 6. Vitamin B3 + Zinc Serum***
- 7. Vitamin C + Licorice Serum****
- 8. Firming Eye Cream
- 9. Balancing Face Cream/Ultra Moisturizing Face Cream
- 10. Vitamin E + Oat Oil Serum
- 11. The Perfect Sunscreen

*We recommend only cleansing at night.

**Do not use DHE Mask or Maximum Glycolic Meta Serum on the same day to prevent over-exfoliating.

***Do not apply Maximum Glycolic Meta Serum and Vitamin B3 + Zinc at the same time. If you must, apply B3 + Zinc at least 30 minutes after applying the Glycolic Serum. Alternatively, apply B3 + Zinc in the morning and Maximum Glycolic Meta Serum at Night OR Apply Maximum Glycolic Meta Serum one night and Vitamin B3 + Zinc the next. This will ensure effectiveness of both products.

****We recommend applying Vitamin C in the morning only.