

## ELECTRODE PLACEMENT GUIDE FOR PAIN MANAGEMENT

The placement of electrodes can be one of the most important parameters in achieving success with therapy. This Guide is for illustration purposes only.

– You should **ALWAYS** apply electrodes to the exact site(s) indicated by your physician / healthcare professional and as indicated in the instructions for use of your therapy device.

### ⚠ CAUTIONS:

The skin at the application site must be clean and dry. Press electrodes firmly to the skin, making good contact between the skin and the electrodes.

### ⚠ WARNINGS:

Consult a physician **PRIOR TO** use if you have implanted devices, cancer, epilepsy, thrombosis / thrombophlebitis, osteomyelitis, tuberculosis or are pregnant.

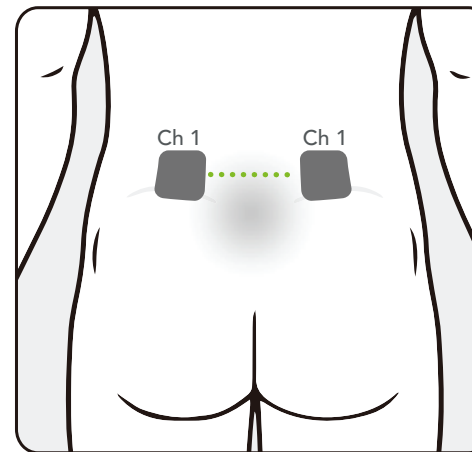
**NEVER** place the pads over:

- The front or sides of your neck
- Any area of your head (including your temples, mouth or eyes)\*
- Directly over your heart
- Your chest and upper back at the same time
- Both legs, feet, arms or hands at the same time
- Reproductive organs\*
- Irritated, infected, scarred or broken skin
- Varicose veins
- Numb areas

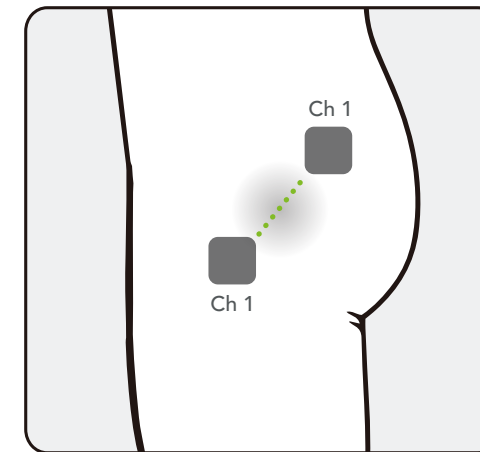
\*Unless your therapy device is specifically designed for such use.

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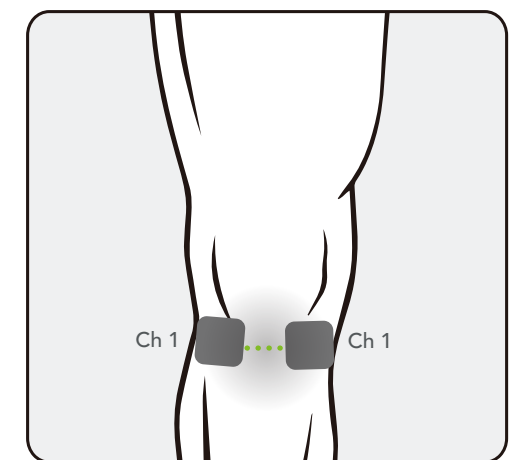
LUMBAR PAIN



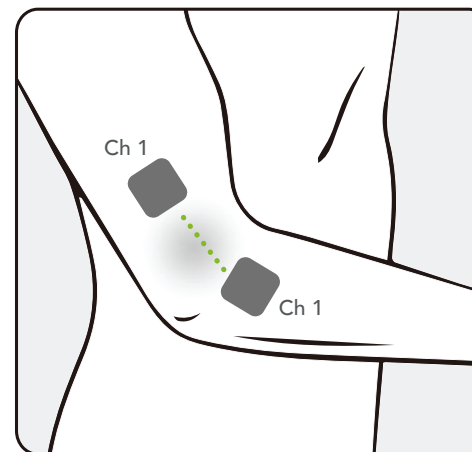
HIP PAIN



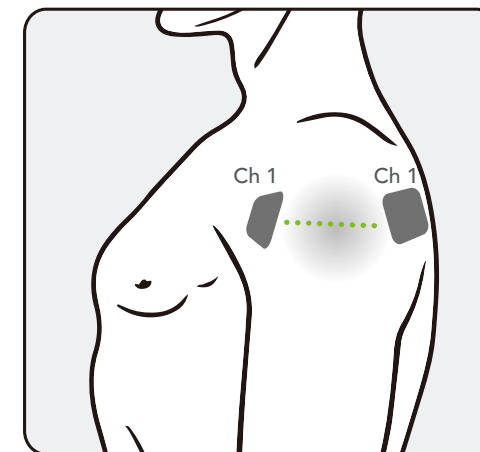
KNEE PAIN



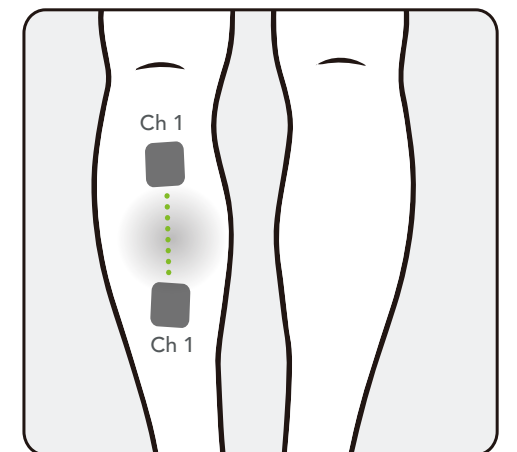
ELBOW PAIN



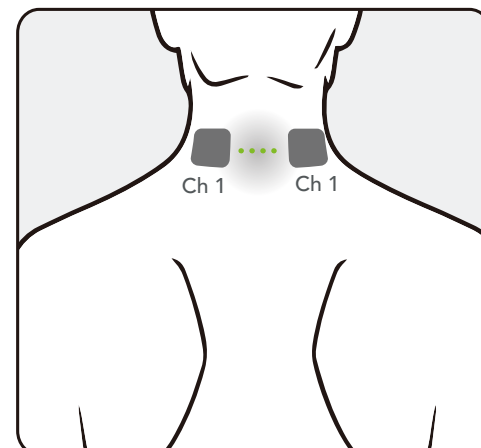
SHOULDER PAIN



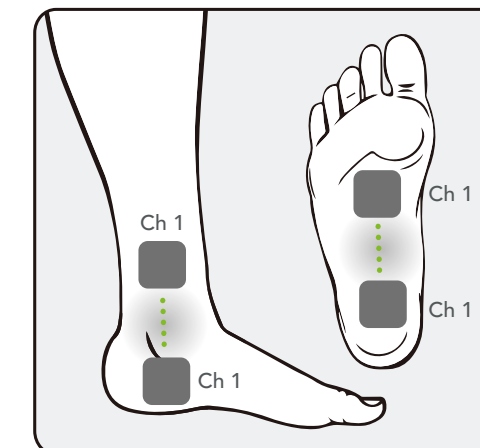
CALF PAIN



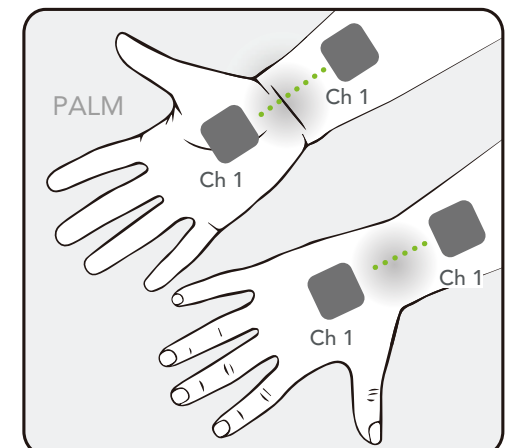
NECK/CERVICAL PAIN



FOOT/ANKLE PAIN



CARPAL TUNNEL / HAND PAIN



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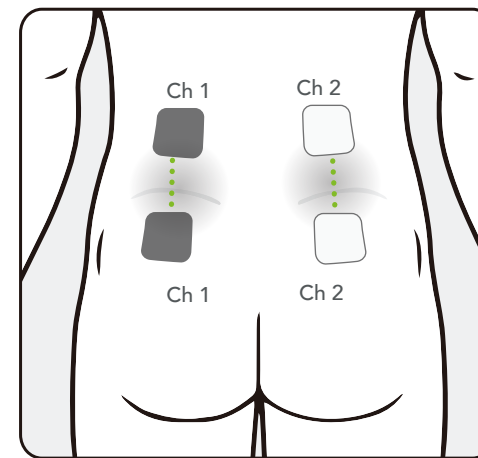
### ⚠️ WARNINGS (continued)

**NEVER** remove the self-adhesive electrodes from the skin while the device is turned on.

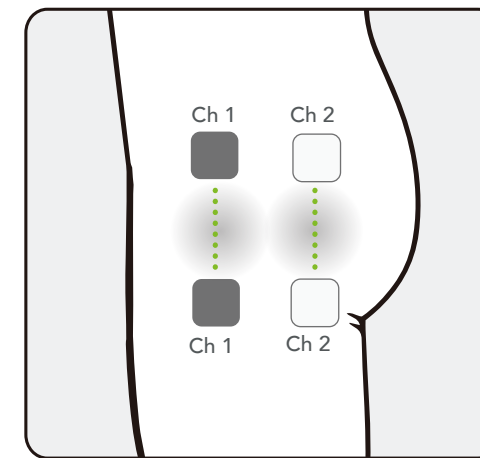
Electrodes **MUST NEVER** be placed closer than 1 inch apart.

Electrodes **MUST NEVER** overlap each other.

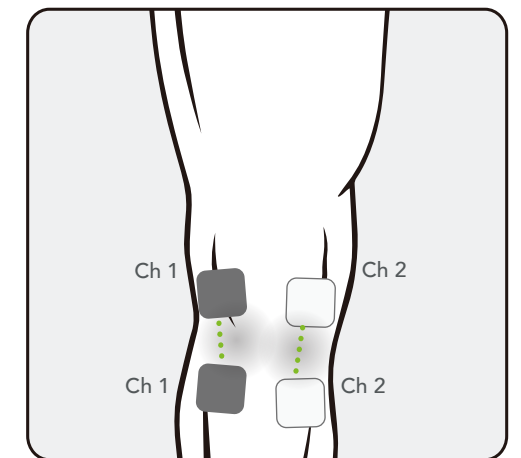
LUMBAR PAIN



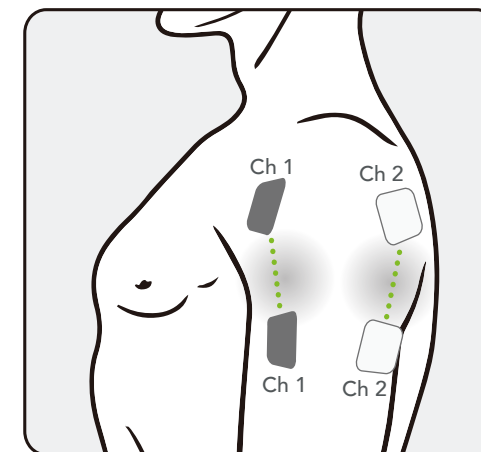
HIP PAIN



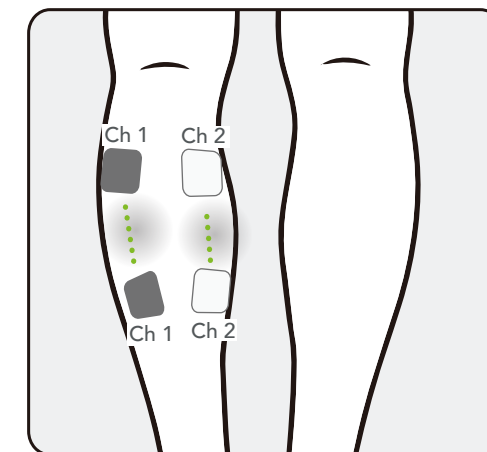
KNEE PAIN



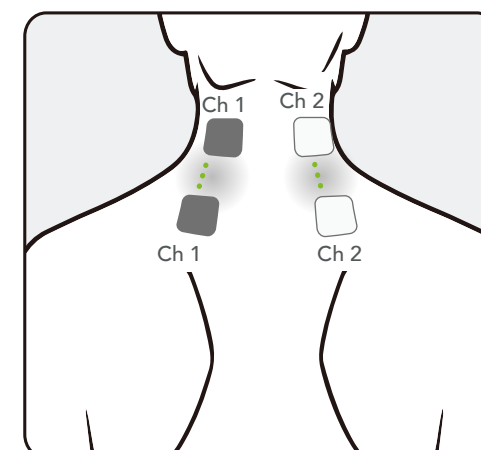
SHOULDER PAIN



CALF PAIN



NECK/CERVICAL PAIN



ELECTRODE PLACEMENT FOR INTERFERENTIAL TREATMENT

